Scarborough boys, La Salle girls win XC event

BY PETE WARNER **BDN STAFF**

Scarborough High School placed three runners in the top eight en route to the boys team crown, while Osman Doorow claimed the individual title during Saturday's 14th Maine Cross Country Festival of Champions at the Troy Howard Middle School in Belfast.

In the girls race, La Salle Academy of Providence, Rhode Island, the No. 10 team in the country, took home top honors behind individual winner Eliza Rego. The Rams placed four runners in the top five overall.

More than 1,400 athletes finished the races, which included seeded events, unseeded competitions and freshman competitions for both boys and girls.

Doorow was a convincing champion in the boys seeded race, covering the 3.1-mile course in 15 minutes, 50.05 seconds. The effort was a personal record and the fourth best time in meet history.

Paul Casavant of Hampden Academy was second in 16:04.95, followed by Benjamin Drezek of Cumberland, Rhode Island (16:12.25)

Scarborough's effort was spearheaded by Andrew

Scholl (16:18.62) and Connor Doherty (16:20.37), who placed fourth and fifth, respectively. Colin Tardiff was close behind in eighth (16:24.99), while Andrew Goodwin was 41st (17:21.28) and Luke Grover wound up 67th in 17:44.68.

The Red Storm scored 120 points to beat out Cumberland, Rhode Island, which tallied 62 points. It was Scarborough's fifth FOC crown, but the program's first since 2010.

Falmouth (187), Phillips Exeter of New Hampshire (254) and Harwood Union of Vermont (245) completed the top five. Lewiston (255), York (315), Orono (348), Hampden Academy (358) and Westbrook (359) rounded out the top 10.

Also earning positions among the top 10 individuals were Noah Eckstein of Harwood Union (6th, 16:21.14), Joe Murphy of Classical (7th, 16:24.99), John Hassett of George Stevens Academy in Blue Hill (9th, 16:27.28) and Falmouth's Jeremiah Sands (10th, 16:29.90).

In the girls seeded race, La Salle lived up to its reputation as one of the country's best programs. Rego set the pace, crossing the finish line in 18:05.58, more than 23 seconds ahead of runner-up and team-Karina (18:29.27).



Competitors in the boys seeded race take off from the starting line during Saturday's Maine Cross Country Festival of Champions in Belfast. Scarborough won the boys team crown and Osman Doorow of Lewiston High took individual honors.

est time in meet history for Orono High School 30-128. the girls.

La Salle's Grace Connolly (18:36.30) and Emily Kane (18:50.33) sandwiched Tia Tardy of Orono High School, who took fourth with a personal best of 18:39.51. Audrey O'Neill's Tavares 19th-place effort (19:32.58) secured the win for the Rams,

La Salle was a late and unexpected entry in the meet. It had planned to compete in a meet in North Carolina, but the event was canceled because of wet weather related to Hurricane Joaquin.

Cumberland, Rhode Island, was third with 141 points, fol-

Rego's was the third-fast- who outscored runner-up lowed by Harwood Union (154) and Falmouth (267). Three other Maine squads cracked the top 10.

Cape Elizabeth (301) was sixth and Massabesic of Waterboro seventh (323), with Phillips Exeter (324), Colonel Gray (393) and Brunswick (394) taking the Nos. 8-10 positions.

The runners claiming the Nos. 6-10 spots among individuals were Lauren Brown of Waterville (19:00.65), Augusta Stockman of Camden Hills (19:03.57), Kialeigh Marston of Bonny Eagle in Standish (19:03.63), Amy Laverty of Cumberland, Rhode Island (19:04.04) and Orono's Hannah Steelman (19:04.90).

HIGH SCHOOL At Belfast, 5K **BOYS**

Seeded Race

Scarborough 120, Cumberland RI 162, Falmouth 187, Phillips Exeter 243, Harwood Union 245, Lewiston 255, York 315, Orono 348, Hampden Academy 358, Westbrook 359. George Stevens Academy 387, Biddeford 432, Caribou 458, Marshwood 507, Brewer 522, Bangor 523, Mt. Blue 526, Water-ville 572, Colonel Gray 613, Brunswick 620, Cheverus 695, Winthrop 755, Cony 762, Belfast 774, Massabesic 813, Gray-New Gloucester 827, Bonny Eagle 847, Boothbay Region 857, South Portland 859, Edward Little 868, Messalonskee 881, Camden Hills 895, Burrillville 898, Oxford Hills 921, Morse 986, Cape Elizabeth 1004, Thornton Academy 1013, Lincoln Academy 1039, Mt. Desert Island 1042, Maranacook 1053, Old Town 1077. Hvde 1131. Gould Academy 1154, Monmouth Academy 1178, Maine Coast Waldorf 1232, Winslow 1241, Maine Central Institute 1297, Ellsworth 1303, Foxcroft Academy 1313, Presque Isle 1320, Leavitt 1332, Lawrence 1386, John Bapst 1430, Saint Dominic 1484, Windham 1498, Hall Dale 1498, Medomak Valley 1563, Greater Houlton Christian 1613, Mattanawcook Academy 1661, Bucksport 1694, Madison 1771, Hermon 1872,

Lake Region 2001, Oceanside 2031 TOP 100: 1. Osman Doorow, LEW, 15 minutes, 50.05 seconds; 2. Paul Casavant, HAM, 16:04.95; 3. Benjamin Drezek, CUMB, 16:12.25; 4. Andrew Sholl, SCAR, 16:18.62; 5. Connor Doherty, SCAR, 16:20.37; 6. Noah Eckstein, HUHS, Joe Murphy CLAS 16:24 99: 8. Colin Tardiff, SCAR, 16:24.99; 9. John Hassett, GSA, 16:27.28; 10. Jeremiah Sands, FAL, 16:29.90; 11. Jacob Gamache, EL, 16:32.21; 12. Zachariah Hoyle, 16:41.93; 13. Sean Soucy, FAL, 95; 14. Jacob Hickey, WIN, 16:47.95; 14. Jacob Hickey, WIN, 16:49.84; 15. Garrett Pitt, PEA, 16:50.56; 16. Zachary Durand, BURR, 16:52.59; 17. William Vance, WIN, 16:55.08; 18. Andrew Levesque, CONY, 16:55,48: 19, Joshua Lombardo, WEST, 16:55.70; 20. Tucker Pierce, MCHS, 16:57,70: 21. Ben Wyman, FAL, 17:04.56; 22. Jordan Cook, BIDD, 17:04.66; 23. Christopher Wallfield, MOR, 17:04.87; 24. Jason Higginbotham, BRUN, 17:05.47; 25. Harry Travers, CUMB, 17:08.54;

26. Will Webb, HAM, 17:09.52; 27. Alex "rex" Brockelman, YORK, 17:09.69; 28. Ben Garcia, GNG, 17:11.26; 29. Josh Veroneau, CHEV, 17:11.49; 30. Wyatt Lord, HAM, 17:12.38; 31. Daniel Bevacqui, HUHS, 17:12.94; 32. Brody Bate, MSWD, 17:14.97; 33. Sam Sewall, YORK, 17:16.47; 34. Tristan Butterfield, ORO, 17:16.65; 35. William Mardo, CUMB, 17:16.81; 36. Carson Bessey, MESS, 17:17.48; 37. Isaiah Brown, HOUL, 17:17.73; 38. Tucker Barber, MTB, 17:17.89; 39. Camden Corso, PEA, 17:18.79; 40. Ryan Mardo, CUMB, 17:19.56; 41. Andrew Goodwin, SCAR, 17:21.28; 42. Maiorino Luke, GRAY, 17:22.66; 43. Sam Russ, LA, 17:24.26; 44. Jarod Farrar, LEAV, 17:26.58; 45. Abbas Muktar, LEW, 17:27.00; 46. Matt Pritchett, MSWD, 17:27.70; 47. Isaac Escobar, LEW, 17:28.53: 48. Ollie Dillon, GSA, 17:29.00: 49. Luke Thombs, MON, 17:29.04; 50.

Biruk Moore, MSWD, 17:30.86: 51. Mathieu Ract, BAN, 17:31.49; 52. Nick Dall, WTVL, 17:31.97; 53. Isse Tawane, LEW, 17:32.26; 54. Demeke Geremew, HYDE, 17:33.48; 55. Schaeffer Rees, YORK, 17:35.51; 56. Gabe Coffey, BAN, 17:36.07; 57. Matt Keresey, ORO, 17:36.44; 58. Chathu Karunasiri, CAR, 17:36.75; 59. Jiro Mizuno, PEA, 17:39.12; 60. Xander Keiter, SP, 17:40.02; 61. Caleb Marsh, BRW, 17:41.62; 62. Colin Fennelly, HUHS, 17:41.99; 63. Jason Bartley, PI, 17:42.00; 64. Issay Matsumoto, PEA, 17:43.78; 65. Daniel Collard, CUMB, 17:43.86; 66. Kylie Creamer, CUMB,



GLENDON RAND PHOTO Eliza Rego of La Salle Academy in Providence. Rhode Island, heads toward the finish line to secure her individual title in Saturday's 14th Maine Cross Country Festival of Champions at Trov Howard Middle School in Belfast. Rego led her team, ranked 10th in the country, to the girls championship.

17:44.10; 67. Luke Grover, SCAR, 17:44.68; 68. Billy Chambers, WTVL, 17:44.76; 69. Anthony Palmerio, HUHS, 17:44 97: 70 Amanual Sentavhu WEST 17:46.21; 71. Will Entwisle, GSA, 17:46.58; 72. Nick Menice, MON, 17:48.25; 73. Ryan Simpson, YORK, 17:48.62; 74. John Auer, FAL, 17:48.78; 75. Isaac Fingerson, PEA, 17:49.49;

76. Conner Piers, FAL, 17:49.51; 77. Nicholas Childs, WEST, 17:50.26; 78. Trevor Jordan, BIDD, 17:50.66; 79. Isaac Libby, MASS, 17:51.35: 80, Austin Cross GNG, 17:51.81; 81. Kyle Ames, BBR 17:52.35; 82. Shamus Malia, SCAR 17:53.47; 83. Evan Desmond, CAR 17:54.63; 84. Kyle Dash, HUHS, 17:54.99; 85. William O'Neil, ORO, 17:55.22; 86. Soren Nyhus, WTVL, 17:55.66; 87. Peter McQuaid, GRAY, 17:56.22; 88. Charlie Henning, FAL, 17:57.10; 89. Ruslan Reiter, MAR, 17:57.44; 90. Gavin McDonald, ORO, 17:58.13; 91. Jonathan Steelman ORO, 18:01.35; 92. Mac Huffard, CAPE 18:05.33; 93. Caleb Hunter, CAR, 18:05.58; 94. Noah Knapton, WEST, 18:05.85; 95. Russell Allen, EL, 18:07.33; 96. Patrick Groening, BELF, 18:07.38; 97. Peter Luff, PEA, 18:07.64; 98. Alex Maxsimic. BRW. 18:07.96: 99. Reed Davis BRW, 18:08.59; 100. Ricky Smith, BELF,

GIRLS

Seeded Race La Salle Academy-RI 30, Orono 128, Cumberland-RI 141, Harwood Union 154, Falmouth 267, Cape Elizabeth 301, Massabesic 323, Phillips Exeter 324, Colonel Gray 393, Brunswick 394, George Stevens Academy 409, Scar-borough 452, Cony 479, Bonny Eagle 488, Mt. Blue 502, Westbrook 509, Camden Hills 560, Waterville 580, South Portland 608, Lewiston 623, Hampder Academy 664, Boothbay Region 672, Caribou 673, Maranacook 704, Biddeford 732, Lincoln Academy 741, Kents Hill 741, Old Town 765, Presque Isle 781, Brewer 788, Mt. Desert Island 789, Saint Dominic 822, John Bapst 834, Maine Coast Waldorf 851, Burrillville 895, Morse 933, Monmouth Academy 973, Bangor 995, Mattanawcook Academy 1041, Messalonskee 1066, Marshwood



Osman Doorow of Lewiston High School strides toward the finish line in front of a large crowd on his way to victory in the boys seeded race at the 14th annual Maine Cross Country Festival of Champions held Saturday at the Troy Howard Middle School in Belfast.

1219, Lake Region 1260, Oxford Hills 1262, Hall Dale 1266, Gray-New Gloucester 1272, Edward Little 1282, 1412, Winthrop 1436, Catherine McAu ley 1444, Hermon 1463, Windham 16

TOP 100: 1. Eliza Rego, 18:05.58; 2. Karina Tavares, 18:29.27; 3. Grace Connolly, LASAL, 18:36.60; 4. Tia Tardy, ORO, 18:39.51; 5. Emily Kane, LASAL, 18:50.33; 6. Lauren Brown, WTVL, 19:00.65; 7. Augusta Stockman, CAM, 19:03.57; 8. Kialeigh Marston BE, 19:03.63; 9. Amy Laverty, CUMB, 19:04.04; 10. Hannah Steelman, ORO, 19:04.90; 11. Erin Magill, HUHS, 19:09.56; 12. Anne Guadalupi, CONY, 19:14.12; 13. Anneka Williams, HUHS, 19:16.02; 14. Kassidy Dill, ORO, 19:21.83; 15. Amanda Boyd, JB, 19:25.95; 16. Tessa Cassidy, BRUN, 19:26.37; 17. Julia Dempsey, CUMB, 19:27.71; 18. Liv Palma, CAPE, 19:27.81; 19. Audrey O'Neill, LASAL 19:32.58; 20. Yoshiko Lynch, PEA, 19:33.86; 21. Cecilia Morin, WTVL, 19:34.30; 22. Elise Papazian, LASAL, 19:35.43; 23. Faith Blethen, BBR, 19:39.02; 24. Michelle Renzi, LASAL, 19:40.66; 25. Serena McKenzie, SP, 19:42.05;

26. Ana O'Callaghan, CUMB, 19:42.75; 27. Mira Wyman, FAL, 19:50.85; 28. Tori Fitzpatrick, GRAY, 19:54.99; 29. Anne McKee, KTHL, 19:57.31; 30. Phoebe Sweet, HUHS, 19:58.04; 31. Kayla Raymond, BE, 19:58.91; 32. Laura Volan, SCAR, 20:04.29; 33. Cianna Lynch, LASAL, 20:06.67; 34. Emma Shedd, CAPE, 20:07.64; 35. Samantha Saraceno, SCAR, 20:10.14; 36. Talia Jorgensen, CONY, 20:10.51; 37. Eliza Broughton, GSA, 20:11.33; 38. Sam Feenstra, CAPE, 20:13.02; 39. Maggie Hickey, MTB, 20:14.75; 40. Alyson Walsh, LASAL 20:16.16: 41. Colleen Enestvedt, CUMB 20:16.67; 42. Jordan Kulis, HUHS, 20:17.41 43. Emily Wasina, MASS, 20:21.35: 44. Ami Beaumier, BE, 20:24.17; 45. Avery Brennan, MESS, 20:25.04: 46. Sarah Brown, PEA 20:26.71; 47. Zeya Lorio, GSA, 20:27.71; 48. Sydney Sirois, SDM, 20:27.94; 49. Camille Kohtala, ORO, 20:28.14; 50. Marisa Car-

bone, SCAR, 20:28.60 51. Mandy Graham, Pl, 20:31.71; 52 Grace Henson, CUMB, 20:35.75; 53. Kylie Johnson, MASS, 20:36.40; 54. Mckenzie Doyle, LASAL, 20:37.18; 55. Gina Pardi, FAL, 20:38.01; 56. Olivia Fandel, ORO, 20:38.06; 57. Emily Wilson, LASAL, 20:38.64; 58. Kayla Allen, LEW, 20:40.44; 59. Tiffany Tanner, BRUN,

Cross Country Festival of Champions

20:42.01; 60. Kaileigh Wimert, FAL, 20:42.89; 61. Hannah Berzinis, FAL 20:44.10; 62. Erin Johnston, LASAL, 20:44.40; 63. Mary Richardson, GSA 20:46.79; 64. Gabriella Pabst, WEST, 20:49.02; 65. Isabel Jamieson, HUHS, 20:49.10; 66. Lily Clark, HUHS, 20:49.31; Anna Victor, GRAY, 20:53.74: 69, Meghan Charles, MTB, 20:54.32; 70. Maquila Dimastrantonio, MASS, 20:54.47; 71. Simone Withers, HAM, 20:54.72; 72. Claudia Fox, BURR, 20:56.87; 73. Hannah Morley, BBR, 21:01.84; 74. Brookeyn Forcier, LASAL, 21:02.68; 75. Emma Strong, MDI, 21:02.79;

76. Jaden Gray, LAWR, 21:04.24; 77 Audree O'Meara, OT, 21:05.20: 78. Delphi Bourassa, SP, 21:06.46; 79. Roshelle Morrison, MASS, 21:08.45; 80. Maddie Taylor MAR, 21:08.51; 81. Kate McKee, KTHL, 21:10.56; 82. Gabby Farrell, FAL, 21:10.90; 83. Emily Jolliffe, BELF, 21:11.06; 84. Hannah Griffin, SCAR, 21:13.21; 85. Riley McNeil, BIDD, 21:13.27; 86. Olivia Skillings, MCHS, 21:13.47; 87. Laura Parent, MAR. 21:14.56: 88. Linnaea Miller. WEST. 21:16.14; 89. Rosie Train, CHEV, 21:17.25 90. Lindsay Watts, CONY, 21:20.17; 91. Ella Brown, SDM, 21:20.53; 92. Emma Allen, LA, 21:20.69; 93. Sydney McCarren, MOR, 21:20.73; 94. Jen Clawson, FOX, 21:22.29: 95. Hanna Pak, PEA, 21:24.40:

96. Grace Gray, PEA, 21:25.21; 97. Antoinette Lambert, FAL, 21:25.93; 98. Maeve Hickey, MTB, 21:27.90; 99. Sydnee Goyer, PEA, 21:28.86; 100. Anna C Clark, PEA 21:30.06

BOYS

Unseeded Race TOP 25: 1 Tristan Touchette, Harwood Union-VT, 18:33.11; 2 Cam Alberghini, Harwood Union-VT, 18:39.48; 3 Powell, Harwood Union-VT, 18:50.41: 4 Christian Tomison, Bonny Eagle, 18:53.29; 5 Christopher Cahalan, Harwood Union-VT, 18:54.69; 6 Nick Gurney, Winslow, 19:06.04; 7 Jared Hooper, Massabesic, 19:08.43; 8 Liam Conlin, Boothbay, 19:14.67; 9 Cooper Duncan, Massabesic 19:17.70; 10 Alex Winn, Camden Hills, 19:23.81; 11 Ben Morrissey, Colonel Gray-PEI, 19:33.55; 12 Graham Bernier, Fal-Cumberland-RI, 19:39,22: 14 Walker Caffry Randall, Harwood Union-VT, 19:39.49; 15 Ethan Daigneault, Massabesic, 19:42.08; 16 Antoine Montgomery, Hyde, 19:42.19; 17 Zane Dustin, Oxford Hills, 19:43.47; 18 Christopher Watrous, MCI, 19:44.11; 19 Girish Tiwari, Falmouth, 19:44.80; 20 Jaron Preston, Windham,

19:47.42; 21 Mark Greenwald, Monmouth

19:49.31; 22 Liam Walp, Hall Dale

19:49.66; 23 Nick Robertson, Colonel

Gray-PEI, 19:50.63; 24 Thomas Reiskin, Harwood Union-VT, 19:51.49; 25 Jake Boissonault, Biddeford, 19:52.50

GIRLS

Unseeded Race TOP 25: 1 Katie Ferguson, Harwood Union-VT, 22:11.76; 2 Carla Boyle-Wight, Telstar, 22:17.12; 3 Aenea Mead, Har wood Union-VT. 22:22.65: 4 Nicole Cuter, Harwood Union-VT, 22:34.00; 5 Alice Little. Phillips Exeter. 22:34.65: 6 Sarae Greenier, Caribou, 22:39.95; 7 Madison Gaffney, Cumberland-RI, 22:47.76; 8 Lincoln Hamblet, Boothbay, 22:49.41; 9 Kaitlyn True, Lewiston, 22:51.84; 10 Rocio Vance, Winthrop, 22:52.47; 11 Anya O'Meara, Caribou, 22:55.41; 12 Olivia Winokurzew, Richmond, 23:02.71; 13 Kate Ginder, Cape Elizabeth, 23:12.82; 14 Lucia Smitherman, Orono, 23:16.49; 15 Sierra Goodridge, Hall Dale, 23:21.22: 16 Khadiia Tawane, Lewiston 23:24.00; 17 Angela Rideout, Hampden 23:25.37; 18 Gloria Richter, Harwood Union-VT, 23:26.71; 19 Sara Kopunova, Phillips Exeter, 23:28.13; 20 Katelynn Bagley, Ellsworth, 23:28.76; 21 Elise Mullen, Cape Elizabeth, 23:29.06; 22 Abby Griffin, Medomak, 23:30.30; 23 Mariah Knight, Westbrook, 23:37.84; 24 Emma Sommers, Mt. Valley, 23:38.05; 25 Erin Childs, Oxford Hills, 23:42.05

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Coast Guard beats MMA

CASTINE — Senior quarterback Derek Victory tossed a seven-yard touchdown pass to Jordan Groff with 11:55 left and the U.S. Coast Guard Academy made three fourthquarter interceptions, including two by Mark Behne, to rally past Maine Maritime Academy 21-14 in a New England Football Conference game Saturday afternoon.

Maine Maritime (1-3, 0-2 NEFC) built a 14-0 lead on quarterback Michael Fahey's touchdown runs of one and nine yards. Michael Burgess' fumble recovery set up Fahey's second TD.

Mike Clancy cut the lead in half by capping a 10-play 67yard drive with a three-yard play from the Coast Guard 34- (41:50 to 18:10).

run with 7:06 remaining in the first half.

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The Bears (3-2, 2-0 NEFC) got the ball right back on the ensuing kickoff as the wind knocked the ball down and Joe Rizzardi pounced on it at the Mariner 27-yard line.

The Bears then capitalized to tie it on Victory's 37-yard TD pass to Kyle Jackson and Tyler Henning's school-record 88th extra-point kick.

Rizzardi blocked a 22-yard field-goal attempt in the third

Will Daniels' first career interception and 30-yard return set up the game-winning touchdown pass from Victory

Behne made his first interception on a fourth-and-seven

yard line with 7:44 remaining and he made his game-clinching interception in the end zone with 40 seconds left.

Victory completed 11 of 23 passes for 165 yards and set the school career passing yards record with 4,686 yards.

Groff had four catches for 27 yards and Carter Provost made three receptions for 51 yards. Clancy's 40 rushing yards led the Bears. Fahey ran for a game-high 159 yards on 31 carries and Joe DiBiase netted 121 more on 19 carries.

Maine Maritime Academy outgained Coast Guard 428-245 and had 403 rushing yards out of its triple option. Coast

Guard rushed for 80 yards. MMA also had a heavy edge in time of possession