arah Walker Caron is the senior features editor for the Bangor Daily News and coauthor of "Grains as Mains: Modern Recipes Using Ancient Grains." She writes the popular food blog Maine Course (mainecourse.bangordailynews.com) where she shares seasonal recipes, cooking tips and stories from life and the kitchen. Her personal food blog, Sarah's Cucina Bella (sarahscucinabella.com), is celebrating its 10th year in 2015.



Neff Jay Demers, CHE, FMP, is the Department Chair of Culinary Arts at Eastern Maine Community College. A Maine native, Chef Demers started in the restaurant business 30 years ago working in fine restaurants, resorts, and catering from Maine to South Florida throughout his career. Never one to stop learning, Chef Demers has degrees in Business Administration, Accounting, and Applied Technical Education in addition to his culinary training from Johnson & Wales and L'Acadamie de Cuisine. The highlight of his summer was butchering a hog from snout to tail and learning how to make Pastrami via Sous Vide while training at the Niagara Falls Culinary Institute in June. Jay resides in Bangor with his wife Sandra, their son Alex and their two Golden Retrievers.



ur final judge could be you! We'll be auctioning off the final judge's seat before tonight's event. If you're the top bidder you could have a seat at the judge's table, taste each course and help determine tonight's winner! See the back cover for details.

Portion of proceeds to benefit

EMCC FOUNDATION

all proceeds from the Silent Auction and Judge's Seat auction go directly to Eastern Maine Community College Foundation.

Eastern Maine
Community College Foundation

ABOUT EASTERN MAINE COMMUNITY COLLEGE FOUNDATION

Eastern Maine Community College Foundation supports students and academics provided at Eastern Maine Community College – ranked as one of the fastest growing community colleges in the country.

The mission is to mobilize, engage and nurture broad investment from our diverse

community to enhance the programs, equipment and facilities of Eastern Maine Community College.

Through our generous and forward thinking donors, the Foundation is able to invest in the latest technology, equipment and improvements leading to student success and ultimately the economic stability of this region. We are governed by an energetic volunteer

board of directors who guide our activities and offer their expert advice. Each project that we embark upon always has volunteer input and guidance.

Our Board and staff members are working hard to ensure the viability of our current programs, as well as developing new and innovative ways to raise funds, awareness and investment for our college – for today and the future.