

Fishing

Continued from Page C1

typically fronts the pond. On Wednesday, crews were putting the finishing touches on that work.

"This is just a great pond for kids," Ashe said. "If we get a good turnout, and I hope we will, I would say 90 percent of those fish could be harvested on [Sunday]."

During the stocking, 100 fall fingerlings averaging around 8 inches long and 50 fall yearlings, 12 to 16 inches long, were introduced into the pond, which is about 12 feet deep at its deepest.

Ashe said anglers who bring along some worms — a bobber could also help — would likely have good luck, although he said lures would work fine, too.

The biologist will be on hand with DIF&W stickers to give away.

And Enman said young

anglers (and their parents) need not worry about getting hit by errant golf balls: A "cross country" tournament is scheduled for Sunday, but the route of play won't take golfers near the pond.

Enman said he's looking forward to the event, both personally and professionally.

"I know my grandkids are coming out. I would think that the kids and adults would have a ball," Enman said.

And he encourages anglers to keep a fish or two.

"That [pond] freezes up pretty solid during the winter, so we want [the trout] out of there and on somebody's dinner table," Enman said.

Got breakfast?

It's that time of year again: The mornings are getting crisp, the leaves are falling, and for many of us, deer season is just around the corner.



ASHLEY L. CONTI | BDN

Department of Inland Fisheries and Wildlife fish culturist Zachary Glidden (left) loads trout into buckets to be released by volunteer Ethan Roderick into the Bangor Municipal Golf Course pond Wednesday in Bangor. Around 150 trout were released in the pond ahead of a youth fishing event set for Sunday.

Whether you fill your tag this year (or not), there's no reason to head into the

woods on Saturday mornings without a belly-full. For the past several days,

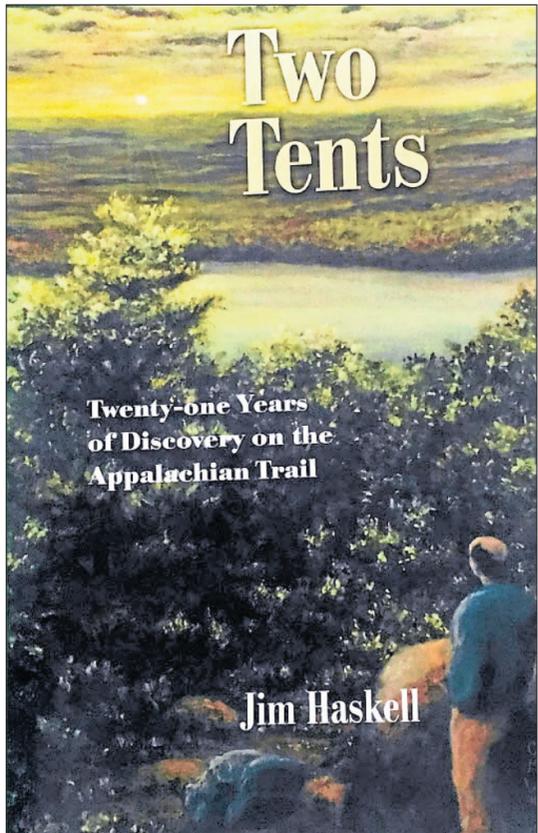
clubs and civic organizations have been sending us their hunter's breakfast

announcements in advance of two notable opening days: This Saturday is Youth Deer Day, during which only youth hunters will be allowed to carry guns and hunt (with adult supervision), and the following Saturday, Oct. 31, is the residents-only opening day.

If you're looking to fill up on grub before you head afield, you can check the list in the Outdoor calendar on these pages. And if your club's hunter's breakfast (or supper, for that matter) isn't included, drop me a line and I'll rectify that.

And if you're not a hunter, but still want to help out a local group in its fundraising effort, feel free to drop by at one of the breakfasts in your area.

John Holyoke can be reached at jholyoke@bangordailynews.com or 990-8214. Follow him on Twitter: @JohnHolyoke



ASHLEY L. CONTI | BDN

Tents

Continued from Page C1

Haskell, who grew up in Levant but now lives in Ipswich, Massachusetts, says he didn't set out to write a book about his adventures. One episode on the trail — meeting a father and his four young children and convincing them that the hike they'd planned on taking wasn't their best decision — changed all of that.

"That was the 'book moment,'" Haskell said. "I didn't start it with the idea that I was going to write a book, and in truth, I didn't keep good journals."

Haskell said that after talking with his brother, veteran newsman Bob Haskell, a former Bangor Daily News editor, he decided to barge forward and see what developed.

"[Bob] said, 'Just sit down and start writing notes from memory ... don't worry about how good it is. Just start writing,'" Jim Haskell said.

After Haskell learned that there was a book hiding in his 21-year journey, he and his brother brainstormed a way to tell the tale.

A key decision: Haskell decided to scrap a straightforward, chronological approach he'd been battling to perfect, and instead invented fictional character Rex, who plays the role of hiking partner and confidant.

While he did base Rex on a man he met, none of the conversations the two share actually took place, Haskell said.

The author is up-front about Rex, explaining the situation in an author's note at the beginning of the book.

And though the device is unconventional in what is, for the most part, a nonfiction book, the play works: The author is able to frame

the real tales he shares with readers through trailside "conversations" with Rex. Ever scared by a bear? Sure, the author tells Rex. Then he steps into his nonfiction voice and tells the entire story.

"By adding [Rex], it allowed us to really make the story flow and work," Haskell said. "And then it's just this ongoing conversation between two people. That conversation can meander from topic to topic without feeling forced."

Haskell said his book is available through Amazon, and at his website, twotents.net. Bookstores can order copies through Maine Authors Publishing.

Coyotes

Continued from Page C1

al website CoyoteLivesin-Maine.com, which includes general information about coyotes, as well as resources to help people co-exist with them.

"The little wolf — nobody knows anything about them," Vistein said. "They've lived on the American continent for millennia. They survived an ice age. They're very amazing species in that way."

In recent years, Vistein has given numerous presentations about coyotes at libraries, schools and farms throughout the state, as well as the popular Common Ground Fair in Unity. Lately, she's been focusing on helping people farm with carnivores, teaching them how to protect their livestock with guard dogs, llamas and coyote-proof fences.

"The coyote's role in keeping the rodent population down is huge," Vistein said. "There's a farmer in central Maine that has a very stable coyote family on his property. They hear the tractor turn on and come out of the forest, and they mouse [hunt for mice] for him. That, to me, is really cool."

Vistein usually starts her presentations by going over the history of coyotes and wolves in Maine and elsewhere in the country, starting with the native people's relationship to the animal. Coyotes were prominent figures in Native American folklore, in which they were often depicted as respected guides and teachers, Vistein said.

In the 1500s, when Europeans arrived and began clearing forests for farmland in North America, coyotes and wolves were hunted nearly to extinction throughout the northeast. In Maine, the government en-

acted wolf bounties from 1832 to 1903, and before long, they were extirpated from the state.

But the forests regrew, and the coyote population bounced back.

This history, in greater detail, is weaved into the story of "I Am Coyote." As the main character travels 500 miles from Canada to Maine in search of a mate and a territory to call home, she dreams about her heritage, as well as her past experiences. Vistein's use of the coyote's dreams as a vehicle to write about the larger picture gives the story a spiritual aspect.

"Why hate the coyote? Why hate the wolf?" Vistein said. "Both are wild canines that play different roles in nature."

State biologists estimate that about 12,000 coyotes currently live in Maine. And to date, there have been no documented attacks on humans in Maine, according to the Maine Department of Inland Fisheries and Wildlife.

Nevertheless, many people are afraid of coyotes, Vistein said. Some of this fear may stem from scary depictions of coyotes and wolves in old children's tales, such

as "The Three Little Pigs" and "Little Red Riding Hood."

"Way back when, we befriended wolves," Vistein pointed out. "Now they're our dogs."

In "I Am Coyote," Vistein includes a particularly distressing and gruesome scene in which a coyote is caught in a foothold trap. By writing from the coyote's perspective, she asks the reader to empathize with the animal.

In Maine, it's currently legal to hunt and trap coyotes year round; and from mid-December through the end of August, coyotes can be hunted at night.

Vistein doesn't agree with this practice.

"We need the predator to keep the balance," she said. "Whatever a coyote kills to survive, whether it's a mouse or deer, helps that species stay healthy."

Vistein also believes that the coyote can help Maine with its growing problem of Lyme disease and other tick-borne illnesses, which are carried by two animals the coyote regularly preys upon: mice and deer.

"No one can take the place of the predator," Vistein said. "Not even the hunter."

"I Am Coyote" is currently available at the online bookstore of Tilbury House Publishers at tilburyhouse.com, as well as many Maine bookstores and large online book sellers such as Amazon.com.

A book signing event for "I Am Coyote" will be held from 5:30 to 8 p.m. on Nov. 5 at Skyline Farm, 95 The Lane in North Yarmouth. During the event, Vistein will talk with attendees about her book and her work with Maine's native carnivores. The book signing will also include refreshments of wine and cheese and live music by midcoast-area musicians, including original songs about coyotes written by Maine composer Elizabeth Starr.

In addition, Maine watercolor and pastel artist Evelyn Dunphy will showcase a number of her coyote watercolor paintings at the event. These paintings were inspired by specific events in Vistein's book. Guests will be invited to participate in a silent auction for Dunphy's portrait of "Coyote" to support the work of Vistein's Coyote Lives in Maine.

All ages are welcome at the event. For more information, call 829-9203.

Our new line up is designed to bring you closer to the topics that matter. Every day.



Whether farming for livelihood or simply wanting to improve your healthy lifestyle, Homestead brings you closer to living deliberately, lessening your carbon footprint and to how others across the state are staying better in tune with the land.



We stay focused on Maine's business scene to keep you up-to-date and on the cutting edge. Columnist Deb Neuman looks at Maine businesses and entrepreneurs, alongside features that will help you navigate financial issues and make sound decisions.



Want to stay on top of what's new and trendy on the Food scene? Join Senior Features Editor Sarah Walker Caron and find out the latest and the greatest the state has to offer. From farm-to-table to the fun of wine making, our staff is dedicated to keeping you full of great ideas, recipes and where to find delicious food!



We're ready to help you plan your weekend! Each Thursday, you'll see all the "can't-miss" events planned across the state to help you maximize your weekend and stay tuned in!



From planning your weekend, a day hike or getting ready to go on the hunt, writers John Holyoke and Aislinn Samacki, along with spectacular photography from the BDN visuals team, show you the best of what Maine's wilderness and great outdoors has to offer.



Tune in as award-winning journalist Meg Haskell rejoins the Bangor Daily News to chronicle the experiences, challenges and issues facing the "Baby Boom" generation — a generation poised to shape Maine's future. Every weekend, Meg gives you a look at what's NEXT.

The Graduate Program in Community Mental Health & Mental Health Counseling has a new name! We are now the

Graduate Program in Clinical Mental Health Counseling

Classes meet one weekend a month in Brunswick, Maine. Preparation for licensure as a clinical professional counselor and certification as a substance abuse counselor. Accepting applications for January 2016

Specializations offered in Integrated Mental Health and Addictions Treatment for Children, Youth and Families or Adults

Southern New Hampshire University

800.730.5542 | pcmhadmissions@snhu.edu | snhu.edu/pcmh

— NOVEMBER SHOWS —

2015-2016

The GRACIE SEASON FOUNDRING SPONSOR Bangor Savings Bank

REMEMBER WHEN ROCK WAS YOUNG AN ELTON JOHN TRIBUTE

Craig A. Meyer as Almost Elton John and The Rocket Band

SATURDAY | NOVEMBER 14 | 7:30 PM

TICKETS: \$35/\$25

Singer, Songwriter and star of glee

NOAH Guthrie

FRIDAY | NOVEMBER 6 | 7:30 PM

TICKETS: \$18/\$15

gracietheatre.com | 941.7888 | @gracietheatre | gracietheatre

GET CREATIVE

Order gifts and reprints of BDN photos.

store.bangordailynews.com