

EVENTS

How Ryan Lochte can win ‘Dancing With the Stars’

BY EMILY YAHR
THE WASHINGTON POST

Ryan Lochte is really competing this season on “Dancing With the Stars.” The show made the news official Tuesday morning on “Good Morning America” during the cast unveiling — and Lochte was the only contestant to sit for a special interview, given that he recently caused an international incident when he fabricated details about an alleged robbery during the Olympics in Rio. “You initially said that you exaggerated about what happened that evening. Why did you lie?” “GMA” co-anchor Amy Robach asked him. “It was still hours after the incident. I’m not one to make excuses, but I mean, I was still intoxicated,” Lochte explained. “I was still going through the emotions of, you know, having a gun pulled on me. I mean, I just — I’m human. I made a mistake and that’s something that I’m going to have to live with.”

Lochte said he still isn’t sure whether to characterize what happened at that gas station (when security reportedly demanded money from the swimmers) as robbery, extortion, or paying for a poster being ripped — he still says the swimmers never damaged the bathroom, as Brazil police claimed. “The story about me vandalizing the bathroom is absurd. It never happened,” Lochte said.

He admitted that he lied when he said there was “a gun pointed at my forehead.” Ultimately,



LOU ROCCO | ABC

Olympic athletes Laurie Hernandez and Ryan Lochte appear on “Good Morning America” with Tom Bergeron on Monday. Both will appear on the new season of “Dancing With the Stars,” which starts its new season on Sept. 12.

mately, Lochte said, he wants to move on. “We’re just trying to get this over with. It’s been dragged out way too long,” he said. “And the media’s taken this to a whole new level. I just want to put this behind me and move on, move forward.” Although Lochte told Robach he was in talks to star on ABC television’s hit reality show before this infamous incident, the timing is suspiciously perfect.

Four sponsors recently dropped Lochte, and “Dancing With the Stars” is an ideal tour stop for scandal-plagued celebrities: It’s a safe, cheesy, family-friendly place to earn some goodwill and display humility as you learn to dance and wear unbelievably sparkly costumes. There’s no telling whether the American public is ready to forgive (or at least stop

mocking) Lochte. But a win on this show — currently seen by about 13 million people per week — could have a huge impact on his image. Here’s how he can possibly win, based on the five factors you need to dominate in this competition:

1) Name recognition. Easy. Lochte’s scandal briefly took over the Olympics coverage and he’s currently a

worldwide punch line, as he’s been eviscerated by sports columnists and the MTV Video Music Awards. For better or worse, everyone knows him.

2) Have an inspirational story.

Well, Lochte, 32, has the whole “road to redemption” thing going for him. While not the most sympathetic figure after his drunken behavior in Rio, he needs to work the “re-

demption” angle as much as possible during the on-camera interviews, emphasizing how grateful he is to have a second chance after embarrassing the entire country.

3) Likability. OK, this one is tough. While Lochte possesses that indescribable bro-charisma and ab-tastic physique that has earned him plenty of fans over the years (or at least landed him a cameo as a “sex idiot” on NBC’s “30 Rock”), it’s hard to tell whether America can still be won over by the guy who earnestly tried to coin the phrase “Jeah!” Lochte needs to turn up the charm to 100 to his partner, Cheryl Burke, along with the judges and viewing audience.

4) Nostalgia. Can’t have everything. Maureen McCormick of “The Brady Bunch” has this category pretty well covered. Maybe Lochte can remind viewers of when he was just a gold medal-winning Olympic swimmer with a short-lived E! reality show?

5) Dancing ability. This one matters more than you might expect, given that the judges’ points count toward your total score. The audience, whose votes also count, will only give pity votes to bad dancers for so long. But Lochte’s in luck, because professional athletes (naturally agile, easily coached) always do well in the physical part of the show. So if Lochte dedicates the same effort to the fox trot that he devotes to the pool, he’s in excellent shape to go far in the competition.

Things to Do

AUGUSTA — Rockhounds Gem and Mineral Show, sponsored by Kennebec Rocks and Mineral Club, 10 a.m.-5 p.m. Saturday, Sept. 3; 10 a.m.-4 p.m. Sunday, Sept. 4, National Guard Armory, Western Avenue. Door prizes, demonstrations in cabbing and lapidary, mineral displays, dealers in minerals, jewelry, gems, fossils, geode slicing, mineral mine and other games for children. 873-6270.

BANGOR — Bangor Parks and Recreation Department 54th annual Labor Day Road Race, 9 a.m. Monday, Sept. 5, 647 Main St. Race day registration, 7:45-8:45 a.m. \$20. Advance registration, to print registration form or information, BangorParksandRec.com or 992-4490.

BANGOR — September book talk series at Bangor Public Library: Debra Spark, “Unknown Caller, 6 p.m. Tuesday, Sept. 6; Douglas Rooks, “Statesman: George Mitchell and the Art of the Possible,” 6 p.m. Tuesday, Sept. 13; Lyn Mikel Brown, “Powered by Girl: A Field Guide for Supporting Youth Activists,” 5:30 p.m. Wednesday, Sept. 21; Hale Bradt, “Wilber’s War, An American Family’s Journey through WWII,” 6 p.m. Thursday, Sept. 22. Free. bangorpubliclibrary.org or 947-8336.

BANGOR — September workshops at Bangor Public Library: Ann Joles, “The Truth About College: Sink or Swim,” 5:30 p.m. Wednesday, Sept. 14; “Understanding the Role Essays, SATs, Interviews, Extracurricular Activities, Sports and Other Factors Play in Admissions Decisions Colleges Make,” Wendy Thompson, 6 p.m. Monday, Sept. 19, Cartooning Workshop with George Danby, Friday, Sept. 23, paper and pencils provided, walk away with your very own cartoon. bangorpubliclibrary.org or 947-8336.

BREWER — Bangor Singles Club dances, 8 p.m.-midnight Fridays, Brewer Eagles Club, 22 Atlantic Ave.: Steve and the Good Old Boys, Sept. 2; Wild Horse, Sept. 9; Frye Mountain, Sept. 16; Buffalo Creek, Sept. 23; New Society,

Sept. 30. Marilyn, 827-5751.

CAMDEN — West Bay Rotary Club’s annual Chowder Challenge as part of Camden Windjammer Festival, 11:30 a.m.-2 p.m. Saturday, Sept. 3, Camden Town Landing. Admission \$9 adults, \$5 children. Meal includes nearly a quart of chowder, oyster crackers, a drink and a chance to vote for your favorite chowder. Proceeds to support local civic charitable and non-profit activities and the Windjammer Festival. Sandy Cox, 691-9204; or Mark Masterson, 236-7997 or 975-1177.

CAMDEN — The Camden Windjammer Festival Nautical Dog Show, 10 a.m. Saturday, Sept. 3, Camden Harbor Park, presented by P.A.W.S. Animal Adoption Center. pawsadoption.org to register.

DEER ISLE — Studio walk-through and end-of-season auction, 7 p.m. Friday, Sept. 2, Haystack Mountain School of Crafts, 89 Haystack Drive. Free and open to all. Item preview and silent auctions, 7:30 p.m. Live auction, 8 p.m. Benefit school’s scholarship program and studio improvements. Haystack-mtn.org.

EASTPORT — The Eastport Moonlight Movies, 8 p.m. Fridays, Sutherland Amphitheater, 80 Water St.: Sept. 3, “All About Eve.” 214-0040 or lolly@sweetiesdowneast.com.

EASTPORT — Eastport Salmon and Seafood Festival, 9 a.m.-4 p.m. Saturday and Sunday, Sept. 3-4, downtown and other venues. Food, arts, film, tours, children’s activities. eastport-salmonfest.com or Jeanne, 214-1855.

ELLSWORTH — Flash in the Pans street dance, 7:30-9 p.m. Monday, Sept. 5, Jordan’s Snack Bar, Route 1. Benefits Everybody Eats! Flashin-the-pans.org.

ELLSWORTH — Tea Time Tours, 3 p.m. Wednesday, Aug. 31, Woodlawn Museum. Staff-led tour followed by tea and cookies. \$12 Woodlawn members, \$15 others. Space is limited. Reservations, woodlawnmuseum.org.

GORHAM — Rinde Eck-

ert’s “My Fools: A Life in Song,” with Rinde Eckert, 8 p.m. Saturday, Sept. 3, Corthell Concert Hall, University of Southern Maine Gorham. Free.

HOWLAND — Howland High School/Penobscot Valley High School reunion for classes 1960-1970, 4 p.m. Sunday, Sept. 4, at the home of Cheryl and Millard Hatch in Sebobeis. Potluck appetizer and dinner at 5 p.m. Bring your own beverages. A DJ providing music. Bring a chair, \$5 per person and food to share. The Class of 1966 to hold private gathering, 4:30 p.m. Saturday, Sept. 3, upstairs at Trapiers in West Enfield. 732-3636 or 794-3290.

LUBEC — Mary Potterton Memorial Concert series finale, 7:30 p.m. Wednesday, Aug. 31, Congregational Christian Church. Cellist Peter Lewy and pianist Richard McIntyre performing works by Beethoven, Schumann, Bach and Lewy. Free. Piano tuning donations gratefully accepted. 733-2316, sks-mail@summerkeys.com or summerkeys.com.

NEWPORT — 17th annual North Country Inter-Tribal PowWow, 10 a.m.-5 p.m. Saturday-Monday, Sept. 3-5, 934 Elm St. Adults \$5; children free with paid adult. Animals on leash welcome. Emcee James Augustine. Host drum Grandmother’s Tears; other drums Sacred Wolf Singers, Black Hawk Singers, Fish River Singers. Vendors and traders. Ed Littlefield at 368-4944 or Ellie Luce at 443-771-6207; ncountrypowwow1@yahoo.com; North Country Inter-Tribal Pow-Wow.

PORTLAND — Third annual Down East Art of Giving Gala, presented by Northbridge and in celebration of Maine arts community and in support of four charities, 6-9 p.m. Thursday, Sept. 1, The Landing at Pine Point, One Union Wharf. Tickets available at artforgiving2016.brownpapertickets.com.

PORTLAND — Opening reception for “Exhalation,” solo show by Dietlind Vander Schaaf, 5-8 p.m. Friday, Sept. 2, Vestibule 594 gallery, 594 Congress St. Runs through Saturday, Oct. 29.

SPRINGFIELD — 166th Springfield Fair, 8 a.m.-10 p.m. Friday-Monday, Sept. 2-5, Springfield Fair grounds, 94 Park St. 4-H exhibits and activities, demolition derby, livestock competitions and agricultural exhibits, horse pulls, children’s activities and contests, midway rides, baking contests, mutton bustin’, eel racing, power wheel derby and more. Admission \$5 ages 3-18; \$10 ages 19 and up. Ride

bracelets \$10. Military Night Friday with free admission to active duty and veteran military; Police Recognition Sunday with free admission to law enforcement who show badge.

STONINGTON — “Mr. Burns,” 7 p.m. through Wednesday, Aug. 31; Thursday through Saturday, Sept. 1-3; 2 p.m. Sunday, Sept. 4, Stonington Opera House. \$20 to \$50. Suitable for ages

13 and up. operahouse-arts.org or 367-2788.

SURRY — Anatoly Wieck, viola; Riu Mitsuhashi, violin; Liz Downing, flute, performing classical selections 7 p.m. Monday, Sept. 5, Surry Arts at the Barn, 8 Cross Road. \$15. 667-1308 or surryartsatthebarn.com.

For a complete listing of calendar items or to submit your event, visit www.bangordailynews.com.

Wednesday prime time

	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM
BROADCAST	2 NBC 207 Inside Ed.	America's Got Talent (N)	America's Got Talent (N)	The Night Shift (N)	News				
	4 CBC Dragons' Den	The Romeo Section	The National (N)	CBC News	Coronation	Coronation			
	5 CBS Big Bang	Broke Girl	Big Brother (N) (HD)	Criminal Minds (HD)	American Gothic (N)	News			
	52 CW Family Guy	Family Guy	Whose Line / Whose Line	News	Seinfeld	Cougar			
	6 NBC 207 Inside Ed.	America's Got Talent (N)	America's Got Talent (N)	The Night Shift (N)	News				
	7 ABC Wheel	Jeopardy!	Goldbergs	Goldbergs	Mod Fam	The Middle	News		
	WAGM FOX The Insider	Ent. Tonight	MasterChef Mystery box challenge. (N) (HD)	News	Big Bang	Big Bang			
	8 ABC Wheel	Jeopardy!	Goldbergs	Goldbergs	Mod Fam	Blackish	Mod Fam	The Middle	News
	MPBN PBS PBS NewsHour (N) (HD)	Nature	NOVA (HD)	Uranium - Twisting	C. Rose				
	9 IND Saving Hope	MasterChef Mystery box challenge. (N) (HD)	The Closer (HD)	News-Lisa	CTV News	Daily Show			
KIDS	13 CBS Ent. Tonight	The Insider	Big Brother (N) (HD)	Criminal Minds (HD)	American Gothic (N)	News			
	22 FOX Mod Fam	Mod Fam	MasterChef Mystery box challenge. (N) (HD)	FOX 22 News at 10 (N)	The Closer				
	33 IND M*A*S*H	M*A*S*H	Andy Griffith	Happy Days	Gilligan Isle	Hogan Hero	Hogan Hero	C. Burnett	
LEARN	38 IND Big Bang	Big Bang	WBZ News (N) (HD)	The Closer (HD)	The Closer (HD)	Seinfeld			
	NICK Thunder	Thunder	Nicky, Ricky	Nicky, Ricky	Full House	Full House	Full House	Friends	
	DISN Girl Meets	Stuck	Bunk'd	Bunk'd	Girl Meets	Best Fr.	K.C. Under.	Liv-Mad.	Bunk'd
SPORTS	FREE Bring It On: All or Nothing		** Bring It On (2000) (ESP)	Kirsten Dunst. (PG-13)			Cher Squad (N)	700 Club	
	HIST American Pickers	American Pickers	American Pickers	Pawn Stars	Pawn Stars	Pawn Stars			
	DISC Naked and Afraid Pop-Up	Dual Survival: Untamed	Dual Survival (N)	(:02) Naked and Afraid XL	Survival				
NEWS	TLC Toddlers & Tiaras	Toddlers & Tiaras	Toddlers & Tiaras	(:01) Love at First Kiss (N)	The Closer				
	A&E Duck D.	Duck D.	Duck D.	Duck D.	Duck D.	Duck D.			
	ANPL Wild Deep	Wild Deep	Wild Hawaii	(:01) Wild Brazil					
SPORTS	CSNE SportsNet	Early	Quick	Hall of Fame: Kevin Faulk	Felger	Sports	SportsNet	Sports	
	ESPN Baseball Tonight (N) (1)	MLB Baseball	Pittsburgh Pirates at Chicago Cubs.	From Wrigley Field in Chicago.	SportCtr				
	ESPN2 2016 U.S. Open Tennis Second Round.	From the USTA National Tennis Center in Flushing, N.Y. (N) (1)	NFL Live						
NEWS	NBCSP Premier League Transfer	NASCAR America (N)	NASCAR Southern	Nitro Circus Crazy Train	Crazy Train				
	NESN Equestrian	MLB Baseball	Tampa Bay Rays at Boston Red Sox.	Paid Prog.	Paid Prog.	Paid Prog.			
NEWS	CNBC Cleveland Hustles	Shark Tank	Shark Tank	Cleveland Hustles (N)	Shark Tank				
	CNN Erin Burnett OutFront (N)	Anderson Cooper 360	CNN Special Report (N)	CNN Tonight	Tonight				
	FNC Greta Van Susteren	The O'Reilly Factor (N)	The Kelly File (N)	Hannity (N)	O'Reilly				
NEWS	MSNBC Hardball Chris Matthews	All In With Chris Hayes	Rachel Maddow Show	The Last Word	Politics				
VARIETY	AMC Sherlock Holmes-Game	*** Men in Black (1997) (ESP)	Tommy Lee Jones.	** Walking Tall (2004)	The Rock.				
	BRV Housewives/NYC	Housewives/NYC	Housewives/NYC	Real Housewives of	Happens				
	CMT Last Man	Last Man	Last Man	*** 9 to 5 (1980, Comedy)	Jane Fonda, Lily Tomlin. (PG)				
VARIETY	COM South Park	South Park	South Park	South Park	South Park	South Park			
	EI E! News (N)	Hollywood Medium	Chrisley	Chrisley	Hollywood Kitchen	E! News			
	FOOD Chopped	Chopped	Chopped	Cutthroat Kitchen (N)	Cook Con				
VARIETY	FX ** The Wolverine (2013, Action)	Hugh Jackman, Hiroyuki Sanada. (PG-13)	Tyrant (N)	(:14) Tyrant					
	GAC Going RV	Going RV	Going RV	Going RV	Going RV	Going RV			
	HALL Last Man	Last Man	Last Man	The Middle	The Middle	The Middle			
VARIETY	HGTV Property Brothers	Property Brothers	Property Brothers	Property Brothers: Buying	Hunters	Hunters Int'l	Property		
	LIFE Little Women: LA	Little Women: LA (N)	Little Women: LA (N)	Little Women: Atlanta (N)	Little				
	MTV Catfish: The TV Show	Catfish: The TV Show	Catfish: The TV Show	Catfish: The TV Show	Unlock				
VARIETY	OXY (5:50) *** Something's Gotta Give (2003) (PG-13)	*** Something's Gotta Give (2003) (PG-13)	*** Something's Gotta Give (2003) (PG-13)	*** Now You See Me (2013) (PG-13)					
	SPIKE Gladiator (R)	** Now You See Me (2013) (PG-13)	Jesse Eisenberg. (PG-13)	*** Now You See Me (2013) (PG-13)					
	SYFY (6:30) ** The Chronicles of Riddick (2004) (PG-13)	Ghost Hunters (N)	Prince	S. Furtick	Living Proof	Blessed Life	John Gray		
VARIETY	TBN Be Light	Potters	John Gray	Turning	Prince	S. Furtick	Blessed Life	John Gray	
	TBS Seinfeld	Seinfeld	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Conan (N)	
	TCM Who Was That Lady? (NR)	*** Bells Are Ringing (1960) Judy Holliday. (NR)	*** Freedom Writers (2007) (ESP)	Hilary Swank.	(:15) *** Ocean's Eleven (1960) (NR)	(:05) ** Alfie (2004) Jude Law. (R)			
VARIETY	TMC (6:00) Revolutionary Road	Castle	Castle	Major Crimes	Crimes				
	TNT Castle	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition				
	TRAVEL Expedition Unknown	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Knockout		
VARIETY	TRU Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Knockout		
	TVL Andy Griffith	Andy Griffith	Andy Griffith	Raymond	Raymond	Raymond	Raymond	King	
	USA Law & Order: SVU	Law & Order: SVU	Suits (N)	(:01) Mr. Robot (N)	Law-SVU				
VARIETY	VH1 (5:00) *** Selena (PG)	Dating Naked	Dating Naked (N)	RuPaul's All Stars Drag Race					
	WGN-A * The Happening (2008) Mark Wahlberg. (R)	Person of Interest	Person of Interest	Person of Interest					
PREMIUM	HBO Hard Knocks (:40) *** Frier's 7 (2015, Action) (ESP)	Vin Diesel, Paul Walker. A dead man's brother seeks revenge on the Toretto gang. (PG-13)	Any Given Wednesday (ESP)	Ballers (ESP)	REAL Sports				
	MAX (6:25) ** The Divergent Series: Insurgent (2015) Shailene Woodley. (PG-13)	(:25) ** The Visit (2015, Suspense) (ESP)	Olivia DeJonge. (PG-13)	*** Screem (1996, Horror) (ESP)	Neve Campbell, David Arquette. (R)				
	SHOW (6:15) ** Sleeping With Other People (2015) (R)	** Shooter (2007) Mark Wahlberg. A wounded sniper plots revenge against those who betrayed him. (R)	Survivor's Remorse	Power Ghost and Tommy re-enter the game. (ESP)	Survivor's Remorse	Samuel L. Jackson, Jeffrey Wright. (R)			
PREMIUM	STARZ (6:05) *** Avengers: Age of Ultron (2015) Robert Downey Jr. (PG-13)	Survivor's Remorse	Power Ghost and Tommy re-enter the game. (ESP)	Survivor's Remorse	Samuel L. Jackson, Jeffrey Wright. (R)				
	STZENC (6:05) ** Sweet Home Alabama (2002) (PG-13)	*** Thunderball (1965) Sean Connery. Agent 007 tries to thwart SPECTRE's atomic ransom plot. (PG)							