Next Week: Super Bowl turns 50

Money **Matters** **Mini Fact:**

Currency, or coins and paper money, has been used for about 3,000 years.

Have you made a New Year's resolution to save money? Perhaps you received money as a gift and want to save it. Now is a great time to learn about money and develop good money habits.

The three \$'s

The things we must have to survive, such as food, shelter and clothing, are called needs.

The extra things that would be nice to have, but that we could do without, are called wants.

Most people try to budget, or plan, what to do with the money they make or receive. That way they can be sure there is enough for spending, saving and sharing.

You can make a plan for money you receive as gifts or for doing chores. These three categories will help you decide how you want to use your money.

\$pending

Spending is using money to buy goods and services. These can be needs or wants.

You may hear your parents talk about "paying the bills." Each month, most households get notices about how much money they owe for different products and services, such as:

- cable television
- Internet
- electricity
- cellphones doctor visits
- lawn services
- natural gas or oil for heating the house
- pet care

\$aving

People save money for different reasons. They may save for short-term and long-term goals.

You might save money to buy a video game. That would be a short-term goal. You might also save to go to college. That would be a long-term goal.

Experts suggest that younger kids save money at home, for instance in a piggy bank. Older kids may want to open a savings account at a bank.

You might try to save at least 10 percent of the money you get. But even if you can save only 1 percent, putting some money



in savings is a great habit to start now.

Money is worth something to people. We say it has value. Governments around the world give certain values to currencies from many countries.

Protecting money

Because money is valuable, we need to keep it safe. We can do this by:

- putting it in a bank or credit union where deposits are insured, or protected, by the government.
- never giving out credit card numbers to people who ask for them by phone or on the Internet.

\$haring

For many people, sharing with others who have less has become an important part of their budget. We call this charitable giving.

If you have ever dropped coins in a red kettle during the holidays or placed money in a collection plate at church, you have shared your money. But you can also plan your sharing.

My Budget

Birthday money \$30 1/3 for savings -\$10 (30 divided by 3) 1/3 for sharing -\$10 Money left to spend \$10

A kid's budget

Some kids do it this way: Whatever money they get, they spend one-third of it, save one-third of it and share one-third of it.

You may already have an idea of a group or cause that you want to help with your money. If not, your family can help you decide how to use your sharing money.

Resources



On the Web:

- minyanland.com 1.usa.gov/1lY19HH

At the library:

- "Lily Learns About Wants and Needs" by Lisa Bullard
- "Managing Money" by Linda Crotta Brennan

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Try 'n' Find

Words that remind us of money are hidden in this puzzle. Some words are hidden backward or diagonally, and some letters are used twice. See if you can find:



SQSMJNYS Т Ε C R Ε T N C E D R E X DΕ Ε BVHTТТ S GNOLAAKNOFU BUINQHLVJRIWS SHARESRUDLPGMNG WJHLKYCNERRUCF

Mini Jokes

Marcia: What are a bank's favorite vowels? Malcolm: I.O.U.!

Mariah: What game do banks enjoy playing?

Mitch: Checkers!

Eco Note

Populations of codfish off the coast of New England are severely down because the Gulf of Maine has been warming 99 percent faster than anywhere else in the world since 2004, researchers say. Scientists say the rapid warming has reduced the number of new cod eggs being laid.

For later:

help

Talk with your family about how you might use your sharing money. Research different ideas and then choose one.

Teachers:

For standards-based activities to accompany this feature, visit: bbs.amuniversal.com/teaching_guides.html

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Cook's Corner

Almond Coffee Cake

You'll need:

- cooking spray
- 2 cups biscuit mix
- 1 (14-ounce) can fat-free sweetened
- condensed milk What to do:
- 1. Preheat oven to 350 degrees. Coat an 11-by-7-inch baking dish with cooking spray.
- 2. In a large bowl, whisk together all ingredients.
- 3. Pour mixture into the dish and bake for 35 to 40 minutes, until a wooden toothpick inserted in the center comes out clean.
- 4. Cool the cake in the pan on a wire rack for 10 minutes before cutting into squares. Serves 8.

1 cup light sour

• 1 teaspoon almond

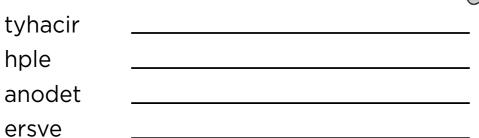
• 2 large eggs

cream

extract

Puzzling

Unscramble the words below that remind us of sharing.



Answers: charity, help, donate, serve.