THIS WEEKEND

Saluting the sweet science

New bakery opens in Bangor

BY EMILY BURNHAM

Although her work life now deals in flour, sugar, butter and eggs, Basant G. Paradis hasn't forgotten her roots as a chemist. In

the baking she does at her new Bangor business, Cake Concoctions on Water Street downtown Bangor, is its



own kind of sweet science. "You need just the right amount of dry and wet, of certain things, to make a really, really good muffin or

a great whoopie pie," Paradis said. "There's absolutely a science to it." Cake Concoctions opened in late August in one of the newly renovated spaces on the ground floor of the Freese's building on Main

Street. Paradis will be offering a variety of goods baked

fresh daily along with hot and iced coffee and cold drinks. She also takes orders for custom cakes and cupcakes for parties and

special occasions.

Before striking out on her own as a professional baker, Paradis, who re-ceived her master's degree in chemical engineering from the University of Maine in Orono, worked as an engineer and a teacher of chemistry for more than a decade, first at the Old Town mill and later teaching at Eastern Maine Community College in Bangor and at Unity College. Baking didn't enter into the picture in a serious way until she had children — older son Andre and younger daughter Olivia — and her youngest asked for an ambi-

tious second birthday cake.
"We were looking at cakes, and she pointed to this castle cake. She wanted that one. She's very headstrong," Paradis said. "I looked at it and thought 'this is way beyond my decorating skills.' So I ended up taking a cake decorating class, and found that I was kind of good at it and I've been doing it as a hobby

ever since. What was a hobby has become a career, as Paradis decided earlier this year to leave engineering and teaching behind and take up baking full time.

"It's always been my dream to have a bakery," she said. "It's been my dream since I was a kid. And last year I finally decided to go full time, after baking for friends and family for years.'

After searching for a proper spot for a bakery in her hometown of Old Town, landed on 1,000-square-foot space located next door to The Juice Cellar but with a front door that opens at the corner of Water and Main Streets.

Paradis not only creates elegant wedding, birthday and other special occasion cakes but also crafts her own special recipes for everything from whoopie pies and muffins to cake pops, baklava and glutenfree French macarons. Additionally, Cake Concoctions manager Brynna Simon adds her own flair to the bakery and soon will be offering flaky crois-

Paradis also is offering semi-regular Bake 'n' Sips, in which for \$25 participants can bring their alcoholic beverage of choice and decorate and take home a dozen cupcakes decorated with the variety of cake decorating materials available at the bakery. Check the Cake Concoctions Facebook page for upcoming Bake 'n' Sip events.

Hours at Cake Concoctions are 8:30 a.m. to 5:30 p.m. Tuesday through Friday and 9 a.m. to 3 p.m. Saturdays. To consult with Paradis about custom cakes and cupcakes, call 941-6450.

Fiber arts show coming to Eastport Salmon & Seafood Festival



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Manuela Brice of Lunamuse Fiber Arts spins on her wheel near a display of yarns at a past Eastport Salmon & Seafood Festival. Brice will be spinning outside the Frontier Bank building on Sept 6.

BY JOHANNA S. BILLINGS

this weekend, it will include several new attractions, including a fiber arts show.

"The salmon festival has always been known for having fun crafts," said Meg Keay, executive director of the Eastport Area Chamber of Commerce and one of the organizers of the event. "[The show will] exhibit an array of all the different fiber artists in Washington County.'

The salmon festival, set for Sunday, Sept. 6, kicks off at 7:30 a.m. with registration for a 5K run and one-mile fun run. A salmon dinner, exhibits, beer on tap and live music by Washington County musicians New Brunswick. continue through 4 p.m.

run 11 a.m.-5 p.m. Saturday, Sept. will still be available, she said. 5, and 11 a.m.-4 p.m. Sunday, Sept. Frontier Bank building on Water Street, Keay said.

"I thought it would be really she said. nice to showcase local fiber artists

in an exhibit of their own with demonstrators," she said.

The fiber arts includes spinning, hen the Eastport Salmon & carding, weaving, dyeing, knitting, Seafood Festival returns quilting, needle stitching and wall arts such as tapestry. The show will feature 25 different artists who also will demonstrate their skills.

"It's fun to see people do their craft," Keay said. "These people are so excited."

Also new this year is "Tales of Quoddy Bay," a professional pup-pet show that debuted at Bay Day on Aug. 1. It returns to Eastport for a 2 p.m. performance at the salmon festival on Sunday.

A new sauce for the salmon dinner also debuts. It is a blueberry and white chocolate sauce by Ganong Chocolates of St. Stephen,

Keay described the sauce as While the salmon festival is only "sweet and savory." Of course, the on Sunday, the fiber arts show will traditional Raye's Mustard sauce

At 10 a.m. Sunday, participants 6. It's being held at the historic can tour Lighthouse Lobster & Bait LLC, which is the largest lobster pound on the Atlantic coast,

Keay said the festival also will for Saturday include the 17th an-



Fibers and yarns like these by fiber artist Gail McGlammery of Eastport will be on display Sept. 6 at the Eastport Salmon & Seafood

Matt Damon in "The Martian."

ing tour 9-11 a.m.

include a Trees of Eastport walk- nual Paint Eastport Day, a farmers market, a flea market and a In addition to the fiber arts silent auction and reception at show, other activities scheduled which the works from Paint Eastport Day will be sold.

2015 fall movie preview

BY RENE RODRIGUEZ THE MIAMI HERALD

The fall movie season used to be the time when you could count on comic-book movies, sequels and remakes to be chased out of the multiplex by more ambitious, adultoriented fare. But in Hollywood, where it always seems to be summer, the blockbuster has become a year-round fixture.

Even though the first crop of Oscar contenders will start popping up at a theater near you over the next three months, they will still have to compete for your attention against sure-fire box-office juggernauts, such as the final chapter in the "Hunger Games" saga and the latest 007 adventure. There's even a new "Rocky" movie (sort of).

Here is a list of movies slated to open between Sept. 11 and Thanksgiving. Titles marked "limited" will open in New York and Los Angeles first, then expand gradually around the country.

"Goodnight Mommy": In this German-language horror film, 9-year-old twin brothers start to suspect the woman who has returned home after surgery with her face hidden under bandages is

not really their mother. "The Perfect Guy": After breaking up with her commitment-phobic boyfriend (Morris Chestnut), a lobbyist (Sanaa Latham) meets a charming, all-around-nice guy (Michael Ealy) who may not be who he appears. Because when things seem too good to be true, they usually aren't.

"The Visit": Writer-director M. Night Shyamalan ("The Last Airbender," "Lady in the Water") returns to his small-scale thriller roots with this story about a brother and sister who spend a week at the farm of their exceedingly odd grandparents.

"Time Out of Mind" (limited): Richard Gere is a homeless man trying to survive on the unforgiving streets of New York City in the new drama from director Oren Moverman ("The Messenger," "Rampart")

a woman scrambling to help her granddaughter (Julia Garner) raise \$600 before the end of the day.

SEPT. 18

"Maze Runner: The Scorch Tri-

als": After escaping the maze in SEPT. 25 the first film, Thomas (Dylan O'Brien) and his fellow Gladers must negotiate a dangerous barren landscape in this second installment of the series based on James Dashner's young adult nov-

"About Ray" (limited): A teenager (Elle Fanning) announces she wants to transition from female to male, forcing her parents (Naomi Watts and Tate Donovan) and grandmother (Susan Sarandon) to deal with her decision.

"Captive": A recovering drug addict (Kate Mara) is held prisoner in her own apartment by a fugitive convict (David Oyelowo).

"Everest": Jason Clarke, Josh Brolin, John Hawkes and Jake Gyllenhaal are among the mountain climbers whose attempt to get to the top of Mount Everest in 1996 ended in disaster.

"Black Mass": An unrecognizable Johnny Depp stars as Whitey Bulger, the violent South Boston gangster who became an FBI informant to bring down a rival Mafia

"Breathe": The second directo-"Grandma": Lily Tomlin stars as rial effort by actress Melanie Laurent ("Inglorious Basterds") about the relationship of two high school girlfriends plays like a cross between a chaste "Blue is the Warmest Color" and "Single White Fe-

"Sicario": Director Denis Villeneuve's ("Prisoners") thrilling, provocative look at the moral consequences of the war on drugs centers on an FBI agent (Emily Blunt) assigned to assist a CIA operative (Josh Brolin) and his lawyer consultant (Benicio Del Toro) in a raid against a powerful crime

lord based in Juarez, Mexico. "Pawn Sacrifice": Tobey Maguire stars as the chess prodigy Bobby Fischer, who squared off against the Soviet Union champion (Liev Schreiber) at the height of

the Cold War. "The New Girlfriend": The always unpredictable Francois Ozon ("Swimming Pool," "Potiche," "8 Women") returns with this thriller about a woman who learns the husband of her best friend, who recently passed away, is harbor-

ing a big secret. 'Hotel Transylvania 2": Adam Sandler, Andy Samberg, Selena Gomez and Kevin James return as the voices of the creatures and humans at the monsters-only re-

sort.
"Stonewall": Roland Emmerich
"Anony-("Independence Day," "Anonymous") directs this fact-based drama about the 1969 riots at the Greenwich Village bar in New York City that started the modern gay rights movement.

"The Intern": Robert De Niro



20TH CENTURY FOX

stars as a bored 70-year-old retiree who decides to get back in the game by interning at an online fashion site run by Anne Hatha-

"Drunk, Stoned, Brilliant, Dead: The Story of the National Lampoon" (limited): A documentary look at the history of the comedy publication and institution, featuring rare vintage footage and interviews with Judd Apatow, Chevy Chase, Bill Murray and Kevin Bacon.

"The Green Inferno": Director Eli Roth's ("Hostel") long-delayed gorefest, about a group of student activists who run afoul of cannibals deep inside the Amazon's rainforests, is an homage to grossout cult favorites, such as 1980's controversial "Cannibal Holo-

"How Strange to be Named Federico": A loving portrait of Federico Fellini, made in the style of the late Italian master.

"The Second Mother": In Brazil, a live-in housekeeper must deal with the sudden reappearance of her estranged daughter.

SEPT. 30

"Labyrinth of Lies" (limited): The directorial debut of Italian filmmaker Giulio Ricciarelli explores the widespread conspiracies by German institutions and

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