

# OBITUARIES



**KENNETH M. BARNETT II**  
MILLINOCKET - Kenneth M. Barnett II, 56, of Millinocket, went home to be with his Lord and Savior on Thanksgiving Day, November 26, 2015. He was born October 25, 1959 in Millinocket. Kenny graduated from Stearns High School in 1979 and received a warm reception by his classmates.

Kenny was known throughout the community and had a friendly word for everyone he met. He was kind, polite, had many friends, and love to socialize. He also liked to go to football games. Kenny could be seen most times walking and having coffee from Dunkin Donuts or eating at McDonald's. He also enjoyed attending church regularly at the Baptist Church in Millinocket. Kenny also loved living in St. Petersburg, Florida during the winter months and going to the Calvary Temple Church while there.

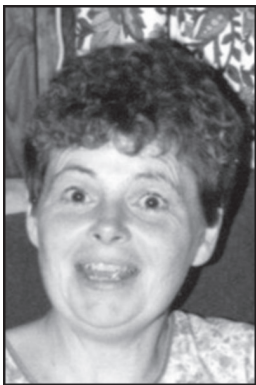
There is a special family, Fred, Emily, Erica and Mary-Kate Lewis of Lowell, Massachusetts who he loved dearly. Lifelong friends of the Barnett's, Fred had a special bond with Kenny. They were like brothers. They dined out, traveled and did countless activities together. Kenny also had special friends from Florida. Frank, Cathy and Frankie Harriman and Bill and Gloria Simms.

Kenny is survived by his special sister, Doreen, and husband John (Jack) Picard of Millinocket. Doreen was raised most of her life with Kenny and nobody could have taken better care of him than her and with her extremely supportive husband, Jack. The two of them loved and provided for him like he was their own son. Kenny was their number one priority.

Kenny is pre-deceased by his father Kenneth M. Barnett and mother Eunice (Currie) Barnett of Millinocket; Grandparents Charles and Winifred Barnett of Millinocket; and Richard and Clare Currie of Millinocket. He also had many aunts, uncles and cousins.

A special thank you to all the doctors who took care of Kenny and the caregivers from Community Health and Counseling and Hospice.

Pastor Tim Bossie will hold Service at the Millinocket Baptist Church on December 2, 2015. Family and friends may visit from 10:00 to 11:30 a.m. with funeral to follow. In lieu of flowers donations may be sent to CHCS, Hospice Program, 313 Enfield Road, Lincoln, Maine 04457. Also Millinocket Baptist Church Memorial Fund, 297 Penobscot Avenue, Millinocket, Maine 04462



**SYDNEY A. PRATT**  
MONSON - Sydney A. Pratt, 84, died November 27, 2015 at Eastern Maine Medical Center. She was born in Lexington, MA, June 13, 1931, the daughter of Lester and Olive (Merrill) Warren. She grew up in Taunton, MA. She moved several times with her mother, spent two years in Raynham School before going back and graduating from Taunton High. She loved to square dance, which is where she met her first husband Bob Clawson, with whom she had four children. After she and Bob separated, she moved to Willimantic, with her four children. It was here that she met and married Richard Pratt and had another child.

It was not too long before she settled into work in Monson at the Coffee Shop. She worked there five years before moving into town around 1975. She bought a home on Main Street and established a boarding home and a hiker hostel. Working with the hikers, she saw they all had a trail name, and when asked what hers was, she made up one on the spot. She liked to make pies and so she said, "call me The Pie Lady." That name stuck and she is well known up and down the trail and all over as "The Pie Lady". She loved cooking and feeding the hikers or whoever was around.

She is survived by her five children, Cindy and Bill Charland, Rick and Jolane Clawson, Scott Clawson, Glen and Brenda Clawson, and Joel and Nina Pratt; as well as her 29 grandchildren and great grandchildren.

A memorial service will be held 12 PM, Saturday, December 5, 2015, at the Monson Community Church, with Pastor David Ray, Jr. officiating. Burial will be in the Riverside Cemetery in Willimantic. A reception will follow at the church.

Arrangements by Crosby & Neal, Guilford. For an online guest register, go to [www.CrosbyNeal.com](http://www.CrosbyNeal.com).

## In Memoriam

In Loving Memory Of  
**AMARYL R. SMITH**  
Jun 26, 1938 - Nov 30, 2008



Another year has come and gone, but our love for you never will. Normie, Jeff and Deb, Doral and John, and grandchildren



**MAYNARD K. PARADIS**  
OLD TOWN - Maynard K. Paradis, 88, passed away peacefully November 29, 2015, surrounded by family after a brief illness. He was born February 21, 1927 in Old Town, the son Edward Paradis and Rose Brissette.

He was a lifelong resident of Old Town. He attended Old Town High school until he enlisted in the Navy at the age of seventeen. The day after Maynard's eighteenth birthday, he was deployed to serve his country in World War II. Upon returning home he was employed by the Old Town paper mill and retired 43 years later.

Maynard was an avid outdoorsman who enjoyed hunting, fishing, snowmobiling and camping. He was especially fond of Brasua Lake and Bar Harbor. He loved spending his summers after he retired in Bar Harbor camping with his family. Maynard also enjoyed woodworking. He would spend many hours in his woodshop making cabinets, picture frames and many other wood craft projects. He was always tinkering to come up with creative ways of fixing things or ways of making things work.

Maynard is survived by his wife of 28 years Juliette Dupuis, his children, Dorothy Graves and her husband Gregory, Deborah Cyr and husband Cary, Daniel Paradis and his wife Karen; his grandchildren, Nicholas Perkins, Christopher Perkins, Kayla Dupont, Morgan Paradis; one great grandchild, Chance Perkins; and several nieces and nephews. In addition to his parents, Maynard was predeceased by his first wife Virginia Blair, his siblings Armond Paradis, Anita Jameson, Noreen Lousier, Antoinette Oak, and Leland Paradis.

A Mass and Christian Burial will take place Wednesday 10am, December 2, 2015, at the Parish of the Resurrection of The Lord Holy Family, 429 Main St. Old Town, ME. A gathering to celebrate Maynard's life will be held at the Holy Family parish hall following the burial.

In lieu of flowers donations can be made to Holy Family Parish 429 Main St. Old Town, ME 04468



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**ELMER M. "PAT" BOWDEN**  
CORINNA - Elmer M. "Pat" Bowden, 87, died November 28, 2015, at Mayo Regional Hospital in Dover-Foxcroft. He was born in Corinna, December 26, 1927, the son of Harry and Luetta (Nichols) Bowden.

He farmed the family farm while going to Corinna Academy, graduating in 1946.

Pat worked at the Eastland Woolen Mill and farmed until about 1960. In 1955 he married Mary (Gowder). He was a member of the First Baptist Church in Dexter until 1997, when he and Mary joined the Cornerstone Baptist Church in Exeter.

Pat sold his cows and drove a milk truck for Ken Grant for 15 years. Pat later worked as a tower watchman for the Maine State Forestry Service at Allagash Lake from 1978-1986, and then Chase Hill Tower in 1987. He and Mary then worked at Caucomgomoc North Maine Woods, retiring in 1997.

He is survived by his wife of 60 years, Mary (Gower) Bowden of Corinna; 5 children, Bruce and Bobbie Bowden of Etna, Barbara and Donald Bryant of Arrowsic, Bill and Susan Bowden of Corinna, Betty and Buck Mackenzie of Newport, and Brian Bowden of Corinna; 23 grandchildren; and 20 great grandchildren, who will lovingly remember their Grampie; 4 siblings, Beulah Walker, Merrill Bowden, Edward Bowden, and Rodney Bowden all of Corinna; many nieces and nephews. He will also be missed by his best friend, Freddie Tyler.

Friends may call from noon until 2 PM, Saturday, December 5, 2015 at the Cornerstone Baptist Church, 1195 Stetson Road, in Exeter. A memorial service will follow at 2 PM, with Pastor Stan Griffin officiating. In lieu of flowers, donations may be sent to the Cornerstone Baptist Church, P.O. Box 131, Levant, ME 04456.

Arrangements by Crosby & Neal, Corinna. Those who wish may leave written condolences at [www.CrosbyNeal.com](http://www.CrosbyNeal.com).

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# Bangor insurance executive Brent Cross dies at 58

## Officials remember businessman as selfless ambassador for city

BY NICK MCCREA  
BDN STAFF



COURTESY PHOTO

Brent Cross

BANGOR — Brent Cross, a well-known businessman and community supporter, died of cancer on Thanksgiving Day in a Boston hospital.

Cross, 58, was executive vice president at Cross Insurance Agency, a Bangor-based firm owned by his family. He started his career there in 1979, working for his father, Woodrow, who founded the company. Cross Insurance now has more than 35 locations across New England and more than 700 employees.

John Baldacci, Maine's former governor, first met Cross in the late 1970s when Baldacci was a member of Bangor City Council. Baldacci said he'll remember Cross as an "ambassador and cheerleader" for Bangor.

Cross, who was just starting his career, was active in Bangor's Police Athletic League boxing and already becoming "very involved in community and civic affairs," Baldacci said.

"He was just a very giving, unselfish individual," Baldacci added. "We'll miss him and miss his contributions."

Current city officials including Councilors Joe Baldacci and Joe Perry, also expressed their condolences and credited Cross for his hard work on behalf of the community.

Perry said in a recent Facebook post that Cross was one of the "finest people [he had] ever known."

"Brent was someone you could count on for anything and spend his life helping and serving others," Perry added.

Cross is a member of the Husson University Business Hall of Fame — the university where he also was an alumnus, adjunct professor and trustee — was founding president of the Bangor Breakfast Rotary, and served on numerous boards in the area.

# Swiss film director Luc Bondy dies at 67

## 'Free spirit' headed the Paris Odeon

REUTERS

VIENNA — Swiss director Luc Bondy, whose work influenced theaters across Europe, has died at the age of 67, the Paris-based Odeon theater, which he had headed since 2012, announced on Saturday.

Born in Zurich and raised in France, Bondy was a towering figure at theaters including Berlin's Schaubuehne, the Salzburg Festival and Vienna's Wiener Festwochen, which he led until 2013. He also directed operas and films in a career that spanned more than four decades.

"Although ill from his early years, he gave up nothing, working tirelessly, suffering but still tirelessly at work. He exemplified by his personal story and his outstanding work the culture of Europe," French President Francois Hollande's office said.

Austrian Culture Minister Josef Ostermayer called him "a special citizen of the world who worked at all the major stages...The theater world has lost a member of the avant-garde and an artistic free spirit."

Bondy's work ranged across the classic and the modern.

"I hate directing people who have to prove their imagination every second," he once told a magazine interviewer.

# Aroostook County man dies in head-on crash

BY JULIA BAYLY  
BDN STAFF

BLAINE — An Aroostook County man was killed early Saturday evening after the car he was driving crossed the centerline and struck a pickup truck head on, according to the Maine State Police.

Trooper Nick Casavant said Nathan Smith, 64, of Blaine was killed as he was traveling east in his 1998 Toyota Corolla on the Robinson Road in Blaine just after 6:30 p.m.

Smith crossed into the

As Cross Insurance grew by acquiring smaller firms throughout New England and opening regional offices, so did its regional influence. The company eventually built business ties with the area's major sports franchises.

After learning of Cross' death, leaders of New England teams sent along their condolences, which were printed in an obituary published in the Bangor Daily News and The Boston Globe.

Among those were Robert Kraft, owner of the New England Patriots, who called Cross one of New England's "truly exceptional business people and marketers."

Jeremy Jacobs, owner of the Boston Bruins, said Cross "became a friendly face and a fixture at many games and events." Jacobs called Cross "a great colleague, business partner and friend."

Boston Red Sox President Sam Kennedy said Cross had a love for his team and Fenway Park, "and that love was mutual."

A funeral service will be held at 11 a.m., Wednesday, Dec. 2, at Bangor Baptist Church on Broadway. Family and friends are invited to a reception immediately after the service. Cross will be buried in Mount Hope Cemetery in Bangor.

He is survived by his wife, five children, four siblings, and his father.

westbound lane and struck a 2013 Chevrolet Silverado driven by Spencer Garrison, 19, also of Blaine, who was traveling west, Casavant said Sunday morning.

Smith died at the scene and Garrison was treated and released at the scene, the trooper reported.

Both vehicles sustained substantial damage and the Robinson Road was closed for about four hours.

The accident remained under investigation Sunday morning, according to Casavant.

# Second language linked to better stroke survival

REUTERS

People who speak two languages are twice as likely as those who only speak one to regain normal cognitive function after a stroke, according to a new study.

In recent years it has become clear that life experiences modify the way disease expresses itself in the brain, according to lead author Dr. Suvarna Alladi, a neurology professor at Nizam's Institute of Medical Sciences in Hyderabad, India.

"One study in Toronto demonstrated that people who could speak two languages had later onset dementia," Alladi told Reuters Health.

Using multiple languages challenges the brain, as it can be harder to find a particular word switching between languages, and this challenge promotes neuroplasticity or "cognitive reserve," which prepares the brain to deal with new challenges, like disease, she said.

Researchers reviewed the medical records of 608 patients in the stroke registry at Alladi's institution between 2006 and 2013. In Hyderabad, Telugu, Urdu, Hindi and English are all common languages and children learn three languages in school, Alladi said.

More than half the stroke patients spoke at least two languages.

After accounting for other lifestyle factors such as smoking, high blood pressure, diabetes, age and education, the researchers found that about 40 percent of those who were bilingual had normal cognitive function after a stroke, compared to 20 percent of those who spoke only one language.

Bilingual people also performed better on tests of attention after a stroke, but there was no difference in the likelihood of experiencing aphasia, or loss of ability to understand or express speech, according to the results in Stroke.

"They develop stroke at the same age but outcomes appear to be better for bilinguals," Alladi said.

Using a second or third language regularly, or speaking it fluently even if you do not use it regularly, seems to provide the benefit to the brain, she said.

"The most important factor would be long-term language use," she said. Learning a second language in school and then never using it may not confer the same benefit, she said.

"The take-home message would be that cognitively stimulating activities are something you can do in midlife to protect yourself. One is speaking two languages, but it could also be playing a musical instrument," or other challenging activities, she said.

"This is heartening because you know that you can do something to protect yourself," Alladi said.

Three languages may be better than two languages, though that is still unclear,

"but I suspect the additional positive effects of further languages falls off quickly as more languages are learned," said Fergus Craik of the Rotman Research Institute at Baycrest in Toronto, who was not part of the new study.

He and his colleagues previously found that bilingualism delays the onset of Alzheimer's disease by four to five years.

"People should learn a second language to communicate in a second living situation or to absorb a different culture — or out of interest and enjoyment," Craik told Reuters Health by email. "The neurological benefits are a bonus, not a primary goal."

In many parts of the world, like India, Africa and Europe, speaking multiple languages is already common practice, Alladi said.

"In places where two languages are existing, it's a good idea to encourage that," she said.