

# OBITUARIES



**THOMAS H. FLANAGAN, JR.**

**BREWER** - Thomas H. Flanagan, Jr. husband of Anne (Pet-tengill) Flanagan, died at the Maine Veterans Home on June 24, 2016. Thomas was born in Bangor on Nov. 26, 1926, the son of Thomas H. Flanagan, Sr. and Clara M. (Veno) Flanagan.

Thomas was a 1944 graduate of Bangor High School. He served with the US Army during WWII in the European Theatre at the Allied Supreme Command Headquarters. He later went on to graduate from Husson College. He went forward to begin his career in banking by working for the Merrill Trust Company in Bangor before beginning his 30 year career with Great Northern Paper Company. These two careers saw Thomas living in Bangor, Millinocket and Stamford, Ct. Although Thomas and his wife Anne brought up their family largely in Millinocket, the last few years of his career were spent in Stamford as the Corporate Manager of Insurance. After his retirement in 1987 Thomas and Anne resettled in Brewer and began to travel the United States in their RV. Thomas belonged to many civic and business organizations throughout his life. He was a member of the Old Town Rotary Club, Millinocket Elks Club, he also served on the Board of Directors of the Maine Self Insurance Guarantee Association. Thomas was on the American Paper Institute Risk Management Sub Committee and he was also a member of the Risk and Insurance Management Association. Thomas was a member of the Pine State Amateur Radio Club and the Maine Troop Greeters. Thomas was also a member of St. Joseph Catholic Church in Brewer.

In addition to his wife of 65 years, and, of Brewer, Thomas is survived by his three children, Susan F. Stout and her husband James of Glenburn, Michael P. Flanagan and Toni Oldham of Hollis Center, and Kevin P. Flanagan and his wife Sylvia of Brunswick. He leaves behind 6 grandchildren, Karen Clark and husband Shawn of Hermon, Jeanne Bartlett and husband Roman of Harvard, Ma., Andrea Cutler and husband Ben of Veazie, Ashley Nye and husband Sean USMC, Thomas Flanagan and wife Danielle of Clinton, and Ryan Flanagan and wife Hannah of Topsham, along with 9 great grandchildren; Keeley, Savanna, Landen, Emerson, Cami, Olyvia, Kylie, Jack and Raegan. He also leaves one sister, Joan E. Corbett of Bangor along with niece Jean and nephews Thomas and David. Thomas was predeceased by his parents and two sisters, Pauline Flanagan and Sharon Flanagan, and nephew James Corbett, all of Bangor. He was also predeceased by two grandsons, Aaron J. Marquis, USN and Matthew Flanagan.

Family and friends are invited to a graveside committal and burial service with military honors being held 11:00 AM Friday, July 15, 2016 at Mt. Pleasant Cemetery, Ohio St., Bangor. In memory of Thomas, donations may be made to the Activities Department of the Maine Veterans Home, 44 Hogan Road in Bangor, Maine 04401. Arrangements by Kiley & Foley Funeral Service, 299 Union St., Bangor. Messages and memories may be shared with his family at [kileyandfoley.com](http://kileyandfoley.com).



**BARRY WILLIAM GREENE**

**NEWBURGH** - Barry William Greene, 63, passed away at home, June 26, 2016, with his loving wife and son by his side. He was born in Castine, June 8, 1953, the son of William Greene and Hilda Sparrow. Barry served in the US Army in Germany from 1972-75 during the Vietnam War. Barry worked for Logan Painting for 35 years and was a 12 year member of the Elks Lodge, B.P.O.E. #244, Bangor, where he was an avid pool player and loved all his lady friends. Barry and his wife Brenda had recently celebrated 25 years together in February.

In addition to his wife, Brenda (Mulldune) Greene; Barry is survived by his mother, Hilda Sparrow; son, John R. Hawes and his companion, Erica Cyr; grandchildren, Jonathan, Jade, and Christian Hawes; step-grandchildren, Mackenzie Cyr, Dezarae and Chantal Ackley; brothers, Charlie Sparrow and wife, Nancy, Bernard Sparrow and his wife, Sarah; sister, Linda Hubbard and her companion, Wendell; mother-in-law, Mary Mulldune and her companion, Mike Tammady; sister-in-law, Linda Meachum and husband, David; as well as many nieces and nephews.

The family would like to extend a special thank you to Hospice of Eastern Maine, as well as to Tonia Bastey for being with us through the last 15 months. We love you Tonia.

A memorial service will be held 12 pm, Saturday, July 9, 2016 at Brookings-Smith, 133 Center Street, Bangor, with Rev. Grace Bartlett of First Congregational Church of Brewer, officiating. Relatives and friends are invited to call 11am until time of service. Interment with Military Honors will be at Pine Grove Cemetery, immediately following the service. Relatives and friends are invited to share in conversation and refreshments at the Bangor Elks Lodge #244, 108 Odlin Road, following the interment. Those who wish to remember Barry in a special way may make gifts in his memory to Brenda Greene, C/O Tonia Bastey, 3 Johnson Mill Road, Orrington, ME 04474. Condolences to the family may be expressed at [www.BrookingsSmith.com](http://www.BrookingsSmith.com).

**WILLIAM P. BURKE, JR.**

**MILLINOCKET** - A Mass of Christian Burial for William P. Burke, Jr., who died June 26, 2016, will be celebrated 11 A.M. Thursday, July 7 at Christ the Divine Mercy Parish, St. Martin of Tours Catholic Church, 19 Colby Street, Millinocket with the Rev. Bruce Siket, pastor, presider. Interment, with military honors, will be at the Millinocket Cemetery.

**PAULINE L. "POLLY" BAILEY**

**LUBEC** - Pauline L. "Polly" Bailey, 91, of Lubec, died at Machias July 1, 2016. A full obituary with service arrangements will be announced by McClure Family Funeral Services, Lubec.



**RICHARD D. MCDONOUGH**

**GREENWICH, CONN.** - Richard D. McDonough died on June 27 surrounded by his beloved wife and extended family.

Born in St. Stephen, Canada in 1931, Dick was graduated from Dartmouth College in 1952 and embarked upon a successful career in accounting and finance, retiring in 1994 as Vice Chairman and Chief Financial Officer of newsprint manufacturer Bowater, Inc. In his earlier positions with General Electric and the Singer Company, Dick and Caroline travelled the world. On their honeymoon in 1956 they drove to Mexico where their three children were born. During the 1960s and 1970s Dick with his family enjoyed many happy years working in Europe, traveling across the Atlantic six times as he took up positions in Scotland, Germany and England. Eventually, the family settled in Greenwich, CT in 1979.

Dick made many life-long friends during his years in Hanover, New Hampshire and remained a devoted supporter of Dartmouth College. He served as his class president for eight years and was the recipient of multiple Alumni Awards for his contributions to the college and his Class of 1952, including the 2000 Dartmouth Alumni Award.

Larger than life in stature, heart, generosity and humor, Dick was loved by his family, his friends, and the many who had the pleasure of working with him. Dick is survived by his wife Caroline; daughter Lisa O'Neill (Sean); sons David (Katrina) and Philip (Kristina); grandsons Richard, Spencer and Jack; sister Nancy and brother Michael; and many nieces and nephews.

A service will be held 11:30AM, Tuesday, July 26 at Christ Church Greenwich, Connecticut.

A Celebration of Dick's Life will be held at his longtime home at Harbour Ridge, Florida in early autumn.

In lieu of flowers contributions may be made to the Dartmouth College Alumni Fund, Hanover, NH 03755.



**ARLINE S. JOY**

**CARMEL** - Arline S. Joy, 57, passed away in Carmel, June 27, 2016. She was born in Hartford, CT, December 9, 1958, the daughter of Roger and Lucy Martin.

Arline was a lovely person who enjoyed doing puzzles, going out for dinner, playing pool and shopping for clothes.

Arline was predeceased by her parents. She is survived by her husband of 24 years, Raymond Joy; and a brother, Wayne Martin of West Hartford, CT.

A graveside service will be held, 10 am, Tuesday, July 5, 2016 at Pine Grove Cemetery, Bangor. A service of Brookings-Smith, 133 Center Street, Bangor.

**ELIZABETH M. TRYON**

**BANGOR** - A graveside service and burial for Elizabeth M. Tryon, who died Mar. 12, 2014 will be held 2 PM Friday, July 8, 2016 at Mt. Hope Cemetery, Bangor. Those attending are asked to meet at the cemetery office, State St. entrance at 1:45 PM. Arrangements by Kiley & Foley Funeral Service, Bangor and Brewer.



**DONNA LEE HIGGINS**

**NEW PORT RICHEY, Fla.** -

Donna Lee Higgins, 64, died June 23, 2016. She was born Jan. 28, 1952, in Bangor. She was predeceased by her husband, Elwyn 'Red' Higgins.

Donna moved from Maine to Florida with daughter, Shannon and husband, Billy Higgins. They were by her side until her passing. She loved to ride and work on her Harley. Donna was an amazing cook. She will be dearly missed by family and friends.

Donna is survived by her son, Melvin Thomas Jr.; eight siblings, Annie and Kevin Fitzpatrick, Rick and Lisa Curtis, Reggie and Judy Curtis, Shirley and Dan Hus-tus, Penny and Brian Laser, Betty and Jim McCarty, and Ronnie Curtis; two step-daughters, Ann Marie and Roger Lanham and Kimmy and Tony Phillips; and two grandchildren, Stephanie and Gilbert; and two great-grandchildren. Donna would say to all, "It is what it is."

Friends may come for her life celebration Saturday, July 9, at Moosehead State Park, Route 1, Searsport, at 1 p.m. Feel free to bring a snack and memories to share.

**DOROTHY A. NELLIGAN**

**HOLDEN** - Dorothy A. Nelligan, 84, passed away peacefully at her home with family by her side on June 30, 2016. She was born July 15, 1931, in Brewer to George and Mary (Coleman) Adams.

Dorothy graduated from Brewer High School in 1948. She was a devoted wife, mother, grandmother, great-grandmother, and homemaker. She is fondly remembered by all for her delicious food, generosity, strong faith, warm hospitality, and loving ways.

She is survived by her three daughters, Christina Nelligan of Augusta, Susan and her husband, Ronald Scott, of Holden, and Margaret "Peggy" and her husband, Brian Bush, also of Holden. "Granny" leaves behind her adoring grandchildren, Andrew Scott and his wife, Jessica, of Hampden, Matthew Bush and his girlfriend, Dalaylun Demmons, of Orono, and Caroline Bush and her boyfriend, Zachary Stanwood, of Holden; and two great-granddaughters, Alexis and Abigail Scott of Hampden. Dorothy is also survived by her two sisters, Nellie Hamm and Louise Bissell, both of Holden; three brothers, George Adams of Dedham, Joseph Adams of Corinth, and Frederick Adams of Quartz Hill, California. Additionally, she is survived by many special nieces and nephews.

Dorothy was predeceased by her parents; her loving husband of 63 years, Donald Nelligan, Sr.; a son, Donald "Donnie" W. Nelligan, Jr.; four brothers, John, William, Robert, and David Adams; four sisters, Mary Patterson, Pauline Mercier, Alice Sherman, and Joyce "Peggy" Loper.

The family wishes to express their sincere thanks and deepest gratitude to Tricia, Leyna, Connie, and Melissa of Hospice of Eastern Maine and Jane, Suzanne, Darlene, and Jackie of Aging Excellence.

Visiting hours will be 5 - 7 p.m. on Thursday, July 7, at Greenlawn Funeral Home, 300 State Street, Bangor. A Mass of Christian burial will be celebrated at 11 a.m., on Friday, July 8, at St. Paul the Apostle Parish (St. John's Church), 217 York Street, Bangor. Interment will follow at the family plot at Mt. Pleasant Cemetery, Bangor. The family invites you to join them for a reception immediately following burial.

## Understand options when choosing advance directives

REUTERS

If you have an advance directive that cherry-picks the interventions you want to receive if your heart suddenly stops, you might want to rethink your choices, according to physicians writing in JAMA Internal Medicine.

As patients and families increasingly recognize the value of specifying their wishes regarding medical treatment in case they become unable to communicate, they need to better understand the implications of their decisions, the doctors say.

People who prepare for the possibility of cardiopulmonary resuscitation by specifying selected options — "everything but intubation" or "everything but defibrillation" — don't realize what that can mean, they warn.

Dr. Paul Rousseau of the Wake Forest School of Medicine in Winston-Salem, North Carolina describes a 77-year-old man with advanced cancer whose "code status" — that is, the orders in his chart for how he was to be managed if his heart stopped — called for a "partial" code, with "no intubation."

So while doctors were able to restart his heart, they couldn't place a breathing tube in his lungs per his written wish. Without the breathing tube, he didn't get enough oxygen, and as a result, he suffered severe brain damage. He remained comatose in the intensive care unit for another two weeks before he died.

Delivery of selected options during CPR attempts is a troublesome and increasingly frequent preference that often stems from good intentions among families balancing desires to save a life and limit suffering, Rousseau wrote in his paper.

Many staff, Rousseau recounts, felt that despite honoring this patient's advance directive, they had actually harmed him. Others worried that the patient had not understood the likely outcomes.

"You do everything you can to return functioning, or you don't," Rousseau told Reuters Health. "If you are a baker and not using the main ingredient, the food will not come out okay."

Rousseau would like to see partial codes banned. "When patients survive, it can often portend messy and emotional futures for families as well as physicians, not to mention financial repercussions for hos-

pitals," he said.

In a separate paper, Dr. Josue Zapata and Dr. Eric Widera, both from the University of California, San Francisco, say "partial codes" are symptomatic of communication failures.

"A partial code likely represents a partial understanding by a patient or a partial assessment of their priorities by a provider," they write.

Zapata and Widera advise doctors to ask patients what they hope their treatments will achieve.

"Providing a list of choices may in itself be misleading in that a patient may falsely believe that if a given intervention is offered as an option by a presumably expert and well-intentioned physician, there must be at least some sort of benefit," they say.

Outcomes after partial codes in hospitals are hard to study; scant research exists. Large-scale studies show that after a full-out resuscitation effort, including intubation, 17 percent of patients live long enough to be discharged from the hospital, according to Zapata and Widera. For patients with advanced cancer, that rate is probably no higher than 5 percent.

Bioethicist Craig Klugman from DePaul University in Chicago agrees that partial codes should not be offered.

"There are many times in medicine when one thing requires a second thing, and to separate them undermines the chance of benefit," Klugman told Reuters Health. "To offer a 'choose your own adventure' procedure violates the oath to do no harm."

But Dr. Patrick Cullinan, former medical director of an intensive care unit in San Antonio, Texas, disagrees.

Cullinan told Reuters Health that when patients request a partial code without intubation, he often uses either bag masks or BiPAP (bi-level positive airway pressure), which are noninvasive breathing therapies, instead of intubation.

"Partial DNRs [Do Not Resuscitate orders] are helpful in allowing families to feel empowered and have some input," Cullinan said. "Those staunchly 'all' or 'nothing' don't understand subtleties in providing the most compassionate and appropriate care. By placing an unwanted tube, you steal their last opportunity to talk to their family, to tell them 'I love you.'"

## Emergency savings needed in retirement

BY RODNEY BROOKS  
WASHINGTON POST

Often overlooked in our retirement plans — and our work lives, for that matter — is what I like to call a "slush fund" for emergencies.

Most people don't have one. That can be a problem for many Gen Xers and millennials, but it can have some major consequences for baby boomers.

How bad is the problem? According to a recent Associated Press-NORC Center for Public Affairs Research poll, two-thirds of Americans would have trouble coming up with the money to cover an emergency of \$1,000.

What that means is people would have serious trouble paying for an unexpected roof repair, a major car repair or even fixing or replacing a home's heating or air conditioning system.

Perhaps more importantly, especially in this day and age, if you lose your job, you'll have no cushion.

It's especially significant for retirees, because without that "emergency slush fund" they would be forced to take money out of their retirement accounts — IRA, 401k or 403b. That could trigger taxes and penalties, not to mention the problems of withdrawing your money in a down market.

John Piershale, at Piershale Financial group in Crystal Lake, Illinois, recommends clients save six to 12 months in

expenses. That fund would be for true emergencies, not things like such as vacation, a wedding or an insurance payment, he says.

It may be more difficult for retirees on a fixed income to build an emergency savings fund, but there are things they can do to build a fund quickly, said Michael Foguth, founder of Foguth Financial in Brighton, Michigan.

They should first look at how much they are paying in taxes, he says.

"Many retirees don't even realize they're paying extra in 401k, IRA or Social Security taxes," Foguth says. "If you are a retiree aged 70½ or older, you have to take the required minimum distributions (RMDs), so consider taking this money and putting it into a non-taxable, emergency fund account."

Also, consider dropping land lines and using a pay-as-you-go phone and cutting cable and using video services such as Hulu or Netflix. That could mean a savings of \$100 or more per month that can go into an emergency fund.

"Saving can be difficult, especially when you are on a fixed income," he said, "but once you've hit your emergency fund savings goal, you can go back to living life the way you were. However, if you don't mind the temporary lifestyle change, make it permanent and continue saving money for the many years ahead."

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