

OBITUARIES



ANNE B. CHASSE

GRAND ISLE - Anne B. Chasse, 89, passed away on July 21, 2016 at a Frenchville health care facility. She was born in Grand Isle on September 23, 1926, daughter of Jean and Marie (Martin) Beupre.

Anne was a lover of all sports, but was a die-hard Red Sox fan. She was an avid bowler for over forty years, as well as helping to organize many events for the league. Anne was quite the "card shark" and loved playing with her family and friends as often as she could. She was a great cook, her ployes and whoopee pies being her specialty.

She is survived by one daughter, Sue Bellefleur; two sons, John Chasse and his wife Julie, and Guy Chasse and his wife Guylaine Chasse all of Connecticut; two grandchildren, Edie Bellefleur of Madawaska, and Peter Bellefleur of Connecticut; several nieces, nephews, and sisters-in-law. She was predeceased by her husband Edmond Chasse in June of 1970; all of her siblings, Gilbert, Addis, Bernie, Clarence, Emilien, Roger, Guy, Gertrude, Bertha, Della.

A Mass of Christian Burial will be celebrated 10am on Friday, July 29, 2016 at St. Gerard Church in Grand Isle. Family and friends may call at Lajoie Funeral Home from 6pm-8pm on Thursday, July 28. Interment will follow immediately after the service at the Parish Cemetery. There will be no visiting hours the morning of the funeral service. Arrangements have been entrusted to Lajoie Funeral Home. For online condolences, please visit <http://www.lajoiefuneralhome.com/>



YVONNE B. DOWNES

BUCKSPORT - Yvonne B. Downes, 88, passed away peacefully July 19, 2016 at Westgate Nursing Home in Bangor. She was born on February 25, 1928 the daughter of Raymond and Edith Atwood.

She was married to her beloved husband Charles Downes for 69 years. Yvonne was a loving caring wife and mother who cared for special needs children for 61 years. She loved to dance, snowmobile and spend time at camp in the summer with her family.

She is survived by her sons Richard and wife Sally, Robert and wife Kathy, 9 grandchildren, 15 Great-Grandchildren, brothers; Raymond and Thirty Atwood, Ernest and Maxine Atwood, William and Martha Atwood and Frederick and Betsy Atwood, sisters Barbara Thomas and Joanne Bridges. She was predeceased by her son Raymond and husband Charles, sisters; Shirley Grisby, Ruth Hutchings, Edith Arnold and brother; Herbert Atwood.

A graveside service will be held at 2:00pm Tuesday July 26, 2016 at Riverview Cemetery with Pastor Peter Remick officiating. Arrangements are under the care and direction of Mitchell-Tweedie Funeral Home and Cremation Services Bucksport. (mitchelltweedie-young.com)

GARDNER "BUDDY" SALISBURY

RIPLEY - Gardner H. Salisbury, 94, died July 21, 2016 at a Skowhegan nursing facility. He was born April 8, 1922 in Dexter, a son of William "Marvin" and Jessie (Hall) Salisbury.

He graduated from N. H. Fay High School, Class of 1940 and attended trade school in Illinois. Gardner served in the U. S. Army during World War II and served at Normandy and in the Battle of Bulge. Gardner worked at Fay-Scott Machine Shop and later was a self-employed Mason for many years.

He was a member of Penobscot Lodge #39, Free Masons, the Anah Temple Shrine, the Shirley B. Carter Post #4298 Veterans of Foreign Wars, and the Poulliot-Sevey Post American Legion. Gardner played clarinet in the Shrine band. He also had his own band, The Four Rogues. He was a past member of the First Universalist Church of Dexter.

He is survived by his children, Diane Salisbury and her partner Brian Chadbourne of Harmony; and Richard and wife Karen Salisbury of Westbrook and Largo, FL; 2 grandchildren; 4 great grandchildren.

He was predeceased by his wife, Marguerite (Vigue), a son David in 2004, and a sister Rebecca.

There will be no visiting hours. A military graveside funeral and committal service will be held at 11 A. M. Saturday, July 30th, at Mt. Pleasant Cemetery, Dexter, with the Rev. Scott Jones officiating. Those who wish may donate in his memory to the Shirley B. Carter Post VFW, P. O. Box 441, Dexter, ME 04930.

Arrangements are by Crosby & Neal, Dexter. Those who wish may leave written tributes at www.CrosbyNeal.com

Former Vikings, Cardinals coach Dennis Green dies

THE SPORTS XCHANGE

Former Minnesota Vikings and Arizona Cardinals head coach Dennis Green died Thursday night after suffering a heart attack. He was 67.

"Dennis passed away last night from complications of cardiac arrest," Green's family said in a statement Friday morning. "His family was by his side, and he fought hard."

Green made eight playoff appearances in 10 seasons with the Vikings and reached the NFC Championship Game in 1998 and 2000. He led the Vikings to a 15-1 regular season in 1998.

"Denny made his mark in ways far beyond being an outstanding football coach," the Vikings said in a statement. "He mentored countless players and served as a father figure for the men he coached. Denny founded the Vikings Community Tuesday Program, a critical initiative that is now implemented across the entire NFL. He took great pride in helping assistant coaches advance their careers. His tenure as one of the first African-American head coaches in both college and the NFL was also transformative."

Green finished his career



Dennis Green

in 2006 with a 113-94 overall record in 13 seasons as a head coach and a 4-8 mark in the postseason.

Green spent 17 years as a coach in the NFL. He was a special teams coordinator with the San Francisco 49ers for a year and later their wide receivers coach for three seasons in the 1980s under head coach Bill Walsh.

After a stint as the head coach of Stanford University (1989-1991), Green returned to the NFL and led the Vikings from 1992 through 2001. He returned three years later as the head coach of the Cardinals from 2004 through 2006.

The passionate Green is fondly remembered for his

2006 postgame meltdown as coach of the Cardinals, ranting after Arizona blew a 20-0 halftime lead to lose to the Chicago Bears on "Monday Night Football" in 2006: "They are who we thought they were, and we let 'em off the hook!"

"All of us at the Cardinals are incredibly saddened by the news of Dennis Green's passing. Coach Green will rightly be remembered as a true innovator, leader and pioneer among football coaches," Cardinals president Michael Bidwill said in a statement. "We express our deepest sympathy to his family and his many friends."

Green also served as a head coach at Northwestern (1981-1985). He was named the Big Ten Coach of the Year in 1982.

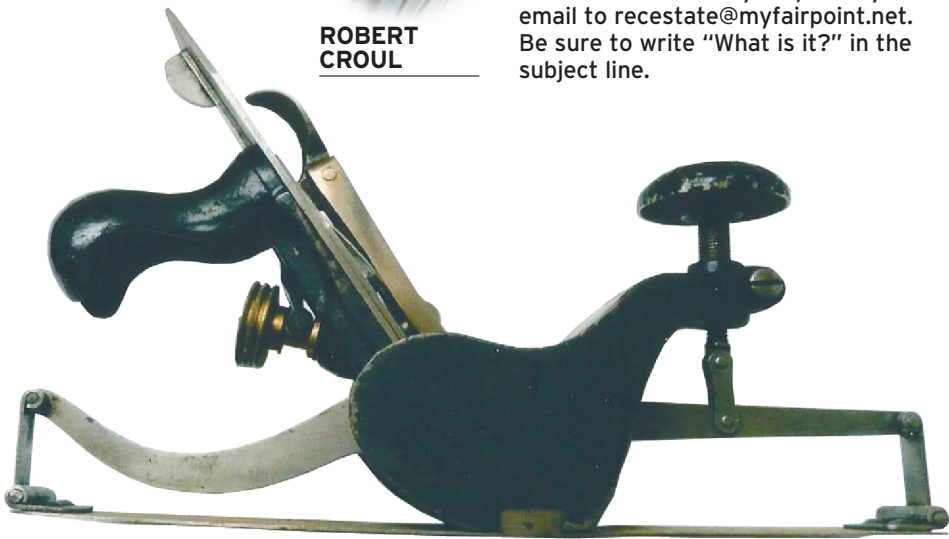
Troy Vincent, the NFL executive vice president of football operations, said in a statement: "We are saddened to hear the news of Dennis Green's passing. Denny was a terrific head coach and inspired his players on and off the field. He helped pave the way for minority coaches and recently served as a key advisor on the NFL's Career Development Advisory Panel. On behalf of the NFL, our thoughts and prayers go out to the entire Green family."

WHAT IS IT?

Send your answers for this week's What Is It (below) to: Robert Croul, 1095 North Road, Newburgh, Maine 04444. Readers may respond by email to recestate@myfairpoint.net. Be sure to write "What is it?" in the subject line.



ROBERT CROUL



The "What Is It" in the July 9 edition of the Bangor Daily News was correctly identified as a canning jar lifter by Sharon Melia, Andrea Pelletier, Larry Merrill, Andy Brennan, Ella Walker, Sue Dowler, Vicki Stanley, Brenda Harrington, O.K. Blackstone, Ed McGrath, Roslyn Reid, Norma Philbrook, Barbara Mauzy, Mary Carol Rumsey, Fred Otto, Raymond Fournier, Walter Pyrzyk, Jackie Young, Dick DeGraff, Charlene White, Naomi Lauze, Erwin Flewelling, Larry Smyth, John Youney, Dick Babcock, Dianna Weigel, Douglas Tibbetts, Marguerite Haskell, Janet and Alfred Spencer, Eric Doak, Larry Michaud, Sue Norris, Les Newsom, Bobbie White, Sally Philbrick, Mary and Ed Vanidestine, Bruce Fernald, Dwayne Dow, Beverlee Beers, Richardson, Mike and Della Gleason, Jill Gardner, Virgil Fowles, Jeff Orchard, Chris Cox, Minnie McCormick, Ginger Weston, Kermit McGary, Pete Lammert and John L. Stewart.



Vicarage

Continued from Page C1

care and love and getting their needs met," Wigg said. "Our emphasis here is on how to make each day and night in each person's life as meaningful as possible."

Wigg said many residents and their families are attracted to the natural surroundings at The Vicarage. So why would the doors be locked?

"We are very purposefully not locked," Wigg said. "It was part of our philosophy from Day One not to trap people. If you go to any memory care facility where the doors are locked, you'll see people gathered at the keypads, feeling trapped." The resultant anxiety and stress typically amplifies until a resident is medicated, often to the point of sedation, she said, which in turn can lead to further disorientation and increase the risk of falls and accidents.

Instead of this scenario, the staff at The Vicarage wear small pagers that vibrate when an outside door opens. If a resident is setting out for a stroll, a staff member will simply keep the resident company and make sure he or she comes back safely.

Often, the outing includes a walk along the "freedom trail," a smooth, wheelchair-accessible pathway that winds through the trees to a comfortable deck with built-in benches that overlooks the water.

"A good walk, outside in fresh air with one person to chat with — that can make all the difference," Wigg said during a conversation on the deck. "When they come back, they can sit and relax." That doesn't mean The Vicarage never makes use of prescribed drugs to lower anxiety, she said, "but our use of medications is far less than in the big facilities because we can normalize their days."

In addition to not locking residents inside to



MEG HASKELL | BDN

A small sign points the way to The Vicarage by the Sea, a home in South Harpswell for people with dementia.

keep them safe, the Vicarage cultivates their individuality while fostering a sense of community. Most residents have a roommate and share a bathroom in this cozy house, but personal possessions and even pets are encouraged. Meals are served family-style. Personal schedules, including naps, time spent alone and periods of activity are respected. Activities are scheduled to meet the needs and convenience of the residents, not the staff.

No more transitions

Wigg, a native of Wisconsin and a specialist in social gerontology, said this normalization of the frightening dementia experience is good for residents and families, calming their uncertainty about day-to-day interactions and their fear of the unknown future. And because The Vicarage provides care through the end of life, residents and families are spared the trauma of hospitalization or transition to another nursing facility.

Wigg founded The Vicarage by the Sea in 1998 with co-founder Cheryl Golek of Brunswick, who develops an individualized care plan for each resident and is in charge of meal preparation. The two women live on site, along with Wigg's 2-year-old daughter, Estella, and interact daily with the other residents and their

families. On average, the ratio of staff to residents is 1 to 4, providing a level of individual attention Wigg says is unusual in any facility. Depending on the level of care a resident needs, the cost of living here ranges from \$5,000 to \$8,000 per month, compared to an average private-pay charge of about \$8,200 per month in a nursing home. The Vicarage does not accept Medicaid, but long-term care insurance, veterans' benefits and other assets can be applied.

During a recent mid-afternoon visit to the Vicarage by the Sea by the Bangor Daily News, residents had returned from lunch at the Fat Boy Drive-In in nearby Brunswick. The mood was relaxed. One man was dozing in the sun on the porch while two women chatted about a missing dog. Inside, some people were watching a movie on the television set in the living room. In a nearby bedroom, someone was just waking up from a nap. Staff activity in the small kitchen promised a simple supper of leftovers after the heavy noontime meal up town.

A tall, lean man stood at the kitchen table folding a pile of clean dishtowels. It was Pam Siewer's husband, Dr. Ralph Siewers of Sedgewick. He snapped the towels and matched their corners neatly, stacking them in a tidy pile. When he was through, a staff member offered a jigsaw puzzle, and he sat down to it with interest.

Later, Ralph Siewers sat by the door listening to classical choral music on a tabletop radio. "Handel?" a visitor asked. "Oh, no," he responded with a friendly smile. "I don't think so. Not Handel."

Pam Siewers said her upbeat husband is "finding new ways of being who he is" at the Vicarage. "It's a great relief to know he's safe and happy," she said, leaving her time to tend to her own health and well-being. "It's also a little lonely," she added. "But it's been lonely for the last eight years. He really hasn't been here for a long time."

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