

SCRABBLE®

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A1I1N1W1R1N1D2

E1I1T1R1G2F4T1

I1O1Y4L1J8L1K5

I1O1U1T1L1B3N1

Double Word Score

1st Letter Triple

RACK 1

RACK 2

RACK 3

RACK 4

PAR SCORE 150-160

BEST SCORE 222

FOUR RACK TOTAL

TIME LIMIT: 20 MIN

DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE® Players Dictionary, 5th Edition.

Answer below

For more information on tournaments and clubs, email NASPA - North American SCRABBLE® Players Association info@scrabbleplayers.org. Visit our website - www.scrabbleplayers.org. For puzzle inquiries contact scrags@gmail.com.

02-09

NON SEQUITUR by Wiley

HEY, IT WORKS FOR ME, BUT MAYBE YOU NEED TO SPELL IT OUT SOME MORE FOR ALL THE JERKS DOWN HERE

THE ONE COMMANDMENT DON'T BE A JERK

DUMBING-UP

YOU SAY YOU'RE GOOD...BUT YOU DON'T SEEM GOOD!

I TOLD YOU... I'M GOOD!!

WELL IT DOESN'T SEEM LIKE YOU'RE GOOD!!

I JUST TOLD YOU! I'M GOOD!!

THIS ISN'T GOOD

2-9

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BLONDIE by Dean Young and John Marshall

YOU SAY YOU'RE GOOD...BUT YOU DON'T SEEM GOOD!

I TOLD YOU... I'M GOOD!!

WELL IT DOESN'T SEEM LIKE YOU'RE GOOD!!

I JUST TOLD YOU! I'M GOOD!!

THIS ISN'T GOOD

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HI & LOIS by Chance Browne

I DON'T KNOW IF I HAVE ENOUGH MONEY SAVED TO PAY FOR CHIP'S COLLEGE.

WHY DOESN'T HE LIVE AT HOME AND GO TO COMMUNITY COLLEGE?

LOIS WAS HOPING TO TURN HIS ROOM INTO A HOME OFFICE.

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HAGAR THE HORRIBLE by Chris Browne

WE NEED A BATTLE CRY!

WHAT'S THAT?

MY LOST-BATTLE CRY!

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DENNIS THE MENACE by Hank Ketcham

“‘SHUCKS’ ISN'T A NAUGHTY WORD, BUT IT LETS YOU THINK OF ONE WHEN YOU'RE SAYING IT.”

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THE FAMILY CIRCUS by Bil Keane

“Tomorrow is my favorite day of soccer. Coach is gonna hand out our costumes.”

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JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

THEYF

KAHIK

LUWSAR

TINKET

Ans. “ ”

here: “ ”

(Answers tomorrow)

Check out the new, free JUST JUMBLE app

It's from his Mongolian barbecue period. Do you think I'm a fool? He didn't paint this.

HE SAID THE PAINTING OF THE MONGOLIAN LEADER WAS A PICASSO, BUT IT WAS MADE BY A ———

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Yesterday's Jumbles: MOUND SNIFF GALLEY SWAMPY

Answer: The waterfowl's final performance was her — SWAN SONG

Statin recommendations have support

Dear Dr. Roach: You have made several claims about statins in your column. Could you please clarify the studies or data on which you are basing these statements?

The idea that statins are the first line of heart health seems to be universally accepted among medical practitioners, to the point of being a mantra. However, I have had several direct requests for documentation go unanswered in spite of promises to provide them, by a couple of GPs, a cardiologist, a physician assistant and a nurse practitioner who were trying to convince me that either I or a relative should use statins, or were making statements of their general effectiveness and safety.

As you also seem strongly convinced of their benefits, and publicly promote that opinion, I suspect many of your readers would appreciate a few actual citations that health care professionals are

DR. KEITH ROACH TO YOUR GOOD HEALTH

relying on to endorse this drug class. — J.N.

The evidence that statins help people with existing coronary disease is overwhelming. In people without known coronary heart disease, the first study showing benefit for statins was the West of Scotland study, published in 1995 in the New England Journal of Medicine. This study looked at men with high risk for heart disease due to very high total and LDL cholesterol levels, randomized to pravastatin versus placebo. A follow-up paper was published in 2007, confirming a benefit of 30 percent reduction in heart attacks and fatal cardiac events, which in the high-risk group studied translates to about 44 people treated for five years to prevent one event.

A second study, the AFCAPS/TEXCAPS study, published in JAMA in 1998, studied men and women who had normal total but low HDL cholesterol levels, and were randomized to lovastatin versus placebo. This study showed about a 24 percent reduction in coronary events, which in this group meant about 63 people needed to be treated for five years to prevent one event. All study participants were recommended a healthy diet.

The statins have a place in the prevention of heart disease, but they are not right for everybody, and they have the potential for harm. Statin drugs are clearly indicated for anyone with a history of heart attack or stroke, if they can tolerate the drugs, which most people can. For prevention in people who have no history of heart disease, I recommend them only when the benefit clearly outweighs the risk,

which is usually in people at high risk from a combination of risk factors, including age, sex, family history, smoking history, blood pressure and others.

Many people can lower their risk for heart disease by managing these risk factors, and good control of these risk factors through lifestyle can have a much bigger reduction in heart disease risk than that afforded by a statin.

Dr. Roach regrets that he is unable to answer individual letters, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu or request an order form of available health newsletters at 628 Virginia Dr., Orlando, FL 32803. Health newsletters may be ordered from www.rbmamail.com.

Bridge

by Frank Stewart

Venice Cup final

Look at today's West cards and auction. You're playing for the United States against France in the Women's Teams final at the 2015 World Championships. The match is tight. North's two hearts showed a good hand with diamond support. What do you lead against 3NT?

The U.S. player who faced this problem was unwilling to lead a heart and let South's king score. She chose the nine of spades, hoping East could win a trick and lead a heart through.

The French declarer cashed four spades, then finessed in diamonds through East; declarer couldn't afford to let East get in. Declarer won 12 (!) tricks, plus 690. (If West had held the doubleton queen, she might have had no safe exit.)

passes. What do you say?

ANSWER: This problem makes me long for the old natural and forcing raise, but losing the natural 2NT response is a steep price to pay. If 2NT would be conventional in your system, respond two clubs, leaving room for partner to bid two diamonds if he has diamonds.

South dealer
N-S vulnerable

NORTH
♠ A Q 6
♥ 9 8
♦ K 10 7 6
♣ A 8 5 4

WEST
♠ 9 8 2
♥ A Q J 4 2
♦ 3
♣ K J 9 6

EAST
♠ J 10 4
♥ 10 7 6 5
♦ Q 5 4 2
♣ 10 2

SOUTH
♠ K 7 5 3
♥ K 3
♦ A J 9 8
♣ Q 7 3

South 1 ♦
3 NT

West 1 ♥
All Pass

North 2 ♥
All Pass

East 3 ♥
All Pass

Opening lead — Choose it

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The Daily Crossword Edited by Wayne Robert Williams

ACROSS

- End of a fib?
- Greek letter
- Rubbed out
- Resinous secretion
- Cacophonous
- With ___ breath
- Southern ring?
- Tide type
- Popular ISP
- Ate starter?
- Howard of "Happy Days"
- Hebrew letter
- Nice friends?
- Animal with enormous flapping ears
- French soldier of WWI
- Italian political party
- Highland negative
- Gist
- Test facility
- Male child
- Sale-tag abbr.
- "Xanadu" grp.
- Math subj.
- Dome-shaped building
- Sydney commuter's speed?
- Gush
- God of pleasure
- Tempe sch.
- NFL-er Manning
- Invoice abbr.
- Carlton of baseball
- Bison
- Black Sea feeder

1 2 3 4 5 6 7 8 9 10 11 12 13

14 15 16

17 18 19

20 21 22

23 24 25 26 27 28 29 30

31 32 33 34 35

36 37 38

39 40 41 42 43

44 45 46 47 48

49 50 51

52 53 54

55 56 57 58 59 60 61 62

63 64 65 66 67

68 69 70

71 72 73

Visit: ADailyCrossword.com

2/9

Yesterday's Puzzle Solved

BLANC UPTO T BAR

AILEY TASK OOPS

ROOM CLERKS NOA A

ANTELOPES STM

SEM PHOEBE

RAZES PAOLIRON

EGOS SAMBARALT

TAO DR SPOCK NER

ISM ATTLEE AGRA

ESL VASES ALSOP

DIESES AFL

NAY PRIMROSES

ZASU DOOMSAYERS

EYED SOLI MERIT

DESI CHET EDENS

2-8

DOWN

- Ude, Russia
- Bowling alley
- Recorded proceedings
- Elongated fish
- Deep secrets
- Marquand's sleuth
- Letter carriers
- Trajectory
- NYC theater award
- Actress Fawcett
- Fair competition watchdog agcy.
- Slender swimmer
- Ike
- The cruelest month
- Regained consciousness
- Of the eye
- Inventor Gray
- Philippines city
- Lined up
- Waxy insoluble substance
- Mess
- Pentose sugar in RNA
- Ripe for marriage
- Major financial scares
- Language of Lebanon
- Herbal drinks
- Surly
- Nebbishes
- Basic character
- Old Milano moola
- Business degs.
- McKellen and McShane
- Skirt cut
- Hyogo prefecture capital
- Military asst.
- #6 on the dial
- Always, poetically
- Org. for GPs
- Notes of scales

Scrabble Solution

PAR SCORE 150-160

TOTAL 222

RACK 4 = 69

RACK 3 = 81

RACK 2 = 10

RACK 1 = 72

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BEETLE BAILEY by Mort Walker

WHERE ARE YOU GOING, ZERO?

WOW! OTTO TALKS?! UNBELIEVABLE!

ZERO IS REALLY GOOFY!

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SNUFFY SMITH by Fred Lasswell

IT TAKES FEWER MUSCLES TO SMILE THAN IT DOES TO FROWN !!

AN' EVEN FEWER TO PUT ON A GOOD POKER FACE !!

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Conceptis Sudoku

9 6 2 4 3

4 8 9

2 3 5

8 1 5 2 6

6 7 9

7 6 3

2 1 7 4 9

Difficulty Level ★★

2/09

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

Yesterday's Puzzle Solved

9 3 4 6 2 5 8 1 7

7 2 8 4 3 1 6 5 9

6 1 5 8 9 7 3 2 4

5 8 3 7 1 2 9 4 6

2 4 6 9 8 3 1 7 5

1 9 7 5 4 6 2 3 8

3 5 9 2 6 4 7 8 1

4 6 2 1 7 8 5 9 3

8 7 1 3 5 9 4 6 2

Difficulty Level ★

2-08