

SCRABBLE®

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E1I1O1R1V4T1P3

E1I1Y4H4D2B3R1

A1A1O1T1R1B3C3

A1A1E1T1P3N1G2

Double Word Score

2nd Letter Triple

RACK 1

RACK 2

RACK 3

RACK 4

PAR SCORE 155-165

BEST SCORE 216

FOUR RACK TOTAL

TIME LIMIT: 20 MIN

DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE Players Dictionary, 5th Edition.

Answer below

For more information on tournaments and clubs, email NASPA - North American SCRABBLE Players Association info@scrabbleplayers.org. Visit our website - www.scrabbleplayers.org. For puzzle inquiries contact scrags@gmail.com.

02-18

JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

NORTF

SACEE

LAIHEW

RIPSLA

Check out the new, free JUST JUMBLE app

You've tried it your way. Now, are you ready to try it my way?

This is tough.

TO BECOME A RODEO STAR, THE TEENAGER WOULD NEED TO —

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

(Answers tomorrow)

Yesterday's Jumbles: AVOID OCTET FORBID OBLONG
Answer: Sasquatch was easy to track because he had a — BIG FOOT

NON SEQUITUR by Wiley

SO YOU BELIEVE THE EARTH IS FLAT?

ABSOLUTELY!

WHY?

'CUZ THAT'S WHAT YOU TOLD ME TO DO

WHAT? WHEN... HOW...?

YOU'VE ALWAYS SAID SEEING IS BELIEVING AND TO NOT JUST REPEAT EVERYTHING I HEAR AS FACT

...AND WHAT I SEE OUT THERE IS FLAT, NOT ROUND!

YOU LEFT OUT THE PART ABOUT DOING YOUR OWN RESEARCH AND CRITICAL THINKING

BAH! SCIENCE JUST MUDDIES THE BELIEF SYSTEM WATERS

WHOA!! A MAIL TRUCK!!

YEAH, I KNOW...IT'S TEMPORARY, BUT SOMETHING'S MISSING

LIKE CLOSE PERSONAL CONTACT

CRASH

I KNOW WHAT YOU MEAN

BLONDIE by Dean Young and John Marshall

WHOA!! A MAIL TRUCK!!

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CRASH

I KNOW WHAT YOU MEAN

HI & LOIS by Chance Browne

I TELL YA, CLIMBING THE CORPORATE LADDER IS REALLY WEARING ME OUT!

I THOUGHT DADDY HAD ELEVATORS IN HIS BUILDING.

HAGAR THE HORRIBLE by Chris Browne

HAGAR, YOU SHOULD FIND A WAY TO COMPLIMENT EACH CREW MEMBER... FOR MORALE!

YOU'RE RIGHT!

LUCKY EDDIE, WHAT'S GOOD TODAY?

CARL, YOU ARE AN ETERNAL OPTIMIST!

DENNIS THE MENACE by Hank Ketcham

“I KNOW IT’S A HORSE, BUT WHY DOESN’T IT LOOK LIKE ONE?”

THE FAMILY CIRCUS by Bil Keane

“Wait ... first of all, you can't fit 24 blackbirds in one pie. Then they're s'posed to still be alive? No way.”

Screening guidelines for colon cancer

Dear Dr. Roach: I have been getting regular colonoscopies every five years for the past 20 years. This past time, three years ago, four tubular adenomas were found in the cecum, with the largest being .8 cm.

There also were polyps in 2008, but I don't know how many, other than it was more than one.

My maternal grandmother died of colon cancer, my brother is presently getting chemo for colon cancer, a double cousin had it and my father's double cousin also has had a couple of bouts. My gastroenterologist has recommended a repeat exam in five years (two years from now).

With the number of polyps removed and my family history, should the next exam be due now, rather than in two years? Other than bowel problems caused by IBS, I am healthy. — A.W.

DR. KEITH ROACH
TO YOUR GOOD HEALTH

The U.S. Multi-Society Task Force on Colorectal Cancer released guidelines in 2012 with precise recommendations. For people with four to 10 tubular adenomas, the recommendation for people at otherwise average risk would be a follow-up in three years.

Given your family history, I would be more aggressive in getting further screening.

These guidelines are just guidelines, not rules etched in stone, and perhaps your gastroenterologist has information about you not available to me, which affects your case. I certainly would recommend that you tell him or her if you would prefer an earlier screening.

Finally, given the extensive family history, I would try to find out whether anyone in

your family has been evaluated for Lynch syndrome or other family cancer syndromes.

Dear Dr. Roach: I am a 23-year-old, working professional. I have had tonsillitis and sinus infection trouble for more than a year.

I have been taking homeopathy treatment for the past six months. I often get throat infection, and this increases my fever.

In the past few days, I have had severe throat infection and fever. I took a blood test, and my WBC count was elevated. This happened often in the past year.

Is this because of tonsillitis, or something else? I would like to know if there is a permanent cure for this, as I am losing weight because of this persistent infection. — Anon.

I cannot tell you for sure, but based on your symptoms

and high white blood cell count, I would be quite worried about a chronic hidden bacterial infection. The tonsils and sinuses are the most likely places for this.

Finding the true source of infection can be difficult, but because you have had such severe problems for so long, it certainly is time for a more comprehensive evaluation. If a very careful examination failed to show a problem, I would consider, in a case like yours, a CT scan of the sinuses, and very likely a referral to an ENT specialist.

An infection lasting a year or more sufficient to cause weight problems shouldn't be left alone or treated with ineffective medications. (There is no basis in science for homeopathy; however, some people use the term to include herbal treatments, which sometimes are effective. In your case, what you are taking clearly isn't working.)

Bridge
by Frank Stewart

Binding arbitration

Cy the Cynic says that the only people who listen to both sides of an argument are the next-door neighbors. But players often ask me to settle a dispute.

Today's South had made four hearts. The vulnerability kept East out of the auction. West led a spade, and East took the ace and shifted to the queen of clubs: king, ace. West then ... returned a club, and East's jack won the defenders' last trick.

SPADE RUFF

"My partner must lead a second spade when he takes the ace of clubs," East insisted. "How can he expect to beat the contract unless he can give me a spade ruff?"

"Bah!" West snorted. "For me to cash our second club was reasonable. You might have had a trick in diamonds or trumps."

How would you arbitrate?

West's defense was questionable, but East made a clear error. East should lead the JACK of clubs at Trick Two, ostensibly denying possession of the queen. When West wins, he will see no second club trick and should lead a spade as the defenders' best chance.

NORTH

♠ K 9 3

♥ A 9 4 2

♦ A 8 7 2

♣ 10 2

WEST

♠ Q 8 7 4 2

♥ 7 6

♦ J 4 3

♣ A 5 3

EAST

♠ A

♥ J

♦ Q 10 9 6 5

♣ Q J 8 7 6 4

SOUTH

♠ J 10 6 5

♥ K Q 10 8 5 3

♦ K

♣ K 9

North	East	South	West
Pass	Pass	1 ♡	Pass
3 ♡	Pass	4 ♡	All Pass

Opening lead — ♠ 4

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The Daily Crossword Edited by Wayne Robert Williams

ACROSS

1 Exclamations of wonderment

5 Still places in streams

10 ___ ex machina

14 Memphis god

15 Metropolitan

16 Cosmo competitor

17 Remote votes

20 Charlie Brown's exclamation

21 Hairy coat

22 Sentence snippet

25 Causes suffering

30 Radiosondes

32 Fear of choice

33 Homestead plot

34 Incidentally, in brief

35 Creator of party animals

37 Wife/sister of Osiris

40 Rds.

43 English prep school

45 Veil material

49 Mixed-drinks containers

53 Regarded with respect

54 Makes very happy

55 Some NFL linemen

56 Abel's killer

57 Dance groups

65 Prom transport, perhaps

66 Like a haunted house

67 Aleutian island

68 Coffee containers

DOWN

1 Rationers of WWII

2 Gambling parlor's letters

3 Possesses

4 High-end hotel chain

5 Legging of WWI

6 Cinnabar and galena

7 Eng. honor

8 Scientist's milieu

9 Horse bits

10 Texas border city

11 "Xanadu" grp.

12 Most remote, briefly

13 His: Fr.

18 City on the Merrimack

19 Temporary calm

22 New Deal agcy.

23 One with a nest egg

24 Englishman in India

25 Easy letters?

26 Getting on

27 Pen mate

28 Nobel creation

29 Compass pt.

31 Discompose

36 Tailor

38 Nation of Roma

39 Stephen Foster song, "Oh! ___"

40 Haggard novel

41 Seventh tones

42 One NCO

44 Advanced in age

46 D-Day transportation

47 Bruce of "The Green Hornet"

48 Superman's letter

50 Greetings

51 ___-noire

52 Jumped

56 Letters for 902

57 Color of the Italian sky

58 Part of AFB

59 K-O connection

60 President's financial grp.

61 Poetic planet

62 Figure skater Midori

63 DDE's command

64 Word ext.

Yesterday's Puzzle Solved

G A L A M E S A S P E D
E R I N A R U B A H A V E
S E M I Q U A V E R O P E N
S A O L U I S A D V E N T
O S S I E A S H I E R
T S H I R T C L O D S
E N V Y A C T O N E V E T
M O A C H E E V E R E M U
M E N R A M M E R C R I B
A L C O A A I R D R Y
O R G A N S E C L A T
T R U I S M S T A L E L Y
R O V E U P T H E R I V E R
A M E N C O O E D N E R O
P E R T K I N D S G E T S

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BEETLE BAILEY by Mort Walker

THIS IS THE BEST DAY OF GOOFING OFF I'VE HAD ALL YEAR!

AND I'M GETTING BORED

HEY! WHERE ARE YOU GOING?!

I'M GOOFED OUT!

SNUFFY SMITH by Fred Lasswell

ARE YA WATCHIN' A GAME SHOW, PARSON ?

SORTA, JUGHAID !!

THEM TWO FELLERS ARE RUNNIN' FER PRESIDENT !! TH' WINNER IS TH' TALKER WIF TH' TALLEST TALES !!

Conceptis Sudoku

1 2 3 4 5 6 7 8 9

Difficulty Level ★★

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

Yesterday's Puzzle Solved

9 6 1 3 2 8 4 5 7
5 3 2 4 1 7 8 6 9
4 7 8 6 5 9 3 2 1
8 2 9 5 3 1 6 7 4
1 4 3 7 9 6 5 8 2
7 5 6 8 4 2 9 1 3
2 1 5 9 6 4 7 3 8
3 8 4 2 7 5 1 9 6
6 9 7 1 8 3 2 4 5

Difficulty Level ★