DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE Players Dictionary, 5th Edition.

Answer below.

For more information on tournaments and clubs, email NASPA - North American SCRABBLE Players Association info@scrabbleplayers.org. Visit our website - www.scrabbleplayers.org For puzzle inquiries contact scrgrams@gmail.com.

NYDIW

LOAAK

DOSMET

TRYEAR

Ans

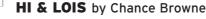
THAT SCRAMBLED WORD GAME

THER NATURE WAS OFTEN

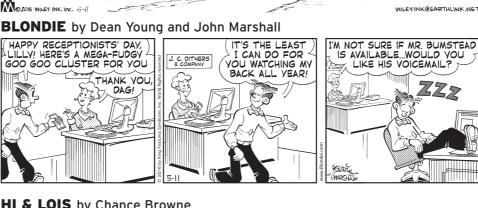
BUSY ON CLEAR, DAMP MORNINGS, BECAUSE

Now arrange the circled letters suggested by the above cartoon

LOFTY LONGER PALLET Sick in bed, Mom wouldn't let him go to prac



NON SEQUITUR by Wiley



EWWW... IT LOOKS DANK AND DINCY, AND I'LL BET IT'S FILLED WITH SPIDERS! CAN WE GO HOME NOW?



HAGAR THE HORRIBLE by Chris Browne







THE PILLAGERS FIRST AND LAST TAKE YOUR DAUGHTER TO WORK" DAY

THE FAMILY CIRCUS by Bil Keane

"DOIN' A CARTWHEEL OVER A MUD

PUDDLE ISN'T AS EASY AS IT SOUNDS !"

DENNIS THE MENACE by Hank Ketcham



"Can someone look and see if it's muddy out today. I wanna wear my new shoes.'

Link between migraines and glaucoma

Dear Dr. Roach: Recently a reader was asking for help with chronic migraine that was little helped by various medications.

ARROW

I also suffer from migraines, and they have really diminished since my diagnosis of normal pressure glaucoma and the use of eyedrops, which have brought that pressure down several points. My pressures were at the high end of the normal range.

I still get migraines, but far less often. Most importantly, I do not wake up with a headache every day, like I used to. What a relief!

Maybe there are others like me. The diagnosis came after irreversible eve damage. Perhaps people with daily migraines, especially when they wake up in the morning, should be referred to an eye specialist for a visual field test. It might be the pressure in the eyeballs that's causing the headaches. — J.G.

DR. KEITH ROACH

TO YOUR GOOD HEALTH

Glaucoma is a common eye condition of damage to the retina, usually but not always associated with elevated pressure inside the eye.

Since damage to the retina can occur at pressures that are within the broad range of "normal," as it did in your case, it's appropriate for adults to be periodically evaluated, even in the absence of symptoms.

Some groups recommend every-other-year screening between ages 40 and 60, and annually after age 60. Other groups, including the influential U.S. Preventive Services Task Force, don't make a specific recommendation. However, in the presence of eye symptoms, a regular exam medicine for me following my is essential, regardless of age.

a link between glaucoma and with it, what medications are

ly glaucoma in people whose measured eye pressures usually are normal.

Others have not found a link. However, I think it very reasonable for a person with migraine to be sure he or she has seen an eye professional for both a pressure measurement and a retinal exam to look for any damage to the

Dear Dr. Roach: I am 82 years old, have advanced COPD and had an aortic valve replacement in August 2015. I also have the expected (but not crippling) arthritis in my hands, knees, feet, back and

A recent article says that valve replacement, and since Many studies have found aspirin, Advil, etc., are no-nos

migraine headache, especial- available to me for relief of arthritis pain? — R.M.

> I disagree that acetaminophen (Tylenol) is useless against arthritis pain. The majority of research on this subject shows that acetaminophen is superior to placebo, and my clinical experience confirms that most people get some relief and a good number of people get near-complete pain relief. I recommend acetaminophen as first-line treatment for mild to modertreatment for mild to moder-ate arthritis pain, along with club, drew East's last trump with the

regular exercise. For those people who can't take anti-inflammatories, I also consider the use of both OTC creams, which contain various ingredients acetaminophen is useless in such as menthol and camtreatment of arthritis pain. phor, and prescription ones Since Plavix is a necessary such as diclofenac (Voltaren). Capsaicin-based creams work for some people, but cause a burning sensation when first

Bridge by Frank Stewart

Hunted down

Cy the Cynic, who tried being married and didn't like it, says that marriage is the only sport where the animal being hunted is the one who has to go buy a license.

Cy was today's West. He picked up a promising hand, opened one spade and watched North-South bid a slam. Cy led the king of hearts, and South took dummy's ace and cashed the A-K of trumps. He took the three queen and discarded his last heart on the good fifth club.

12TH TRICK

South next led a spade from dummy and played his ten. The Cynic won with the jack and was trapped. If he led the ace next, South would ruff in dummy, and his king would be good for the 12th trick.

"I haven't felt this way since the day I got married," Cy groaned. He decided to take his fixing the other way and led the queen of hearts. South ruffed, ruffed a spade in Scrabble Solution dummy and discarded his last spade on the jack of hearts.

Poor Cy. The slam was unbeatable.

DAILY QUESTION

♡ AJ2 You hold: • 5 ♦ KQ53 ♣ AKQ65. You open one club, and your partner bids one heart. What do you say?

ANSWER: You can show strength without jumping and crowding the auction. Bid two diamonds, a "reverse" that promises a strong hand. If partner returns to three clubs or bids 2NT, you'll bid three hearts, forcing. If he rebids two hearts, you'll bid four hearts or try three spades as a fit-showing "splinter"

West dealer N-S vulnerable

NORTH ♦ 5 ♡ A J 2 ♦ K Q 5 3 WEST

AQJ97 ♡ K Q 10 8 3 - 10 9 2 **49874 SOUTH**

♠ K 10 4 ♥ 974 **♦ AJ764 4** 10 2

South 1 ♠ 2 ♡ Dbl Pass 1 NT 3 🌲 **Pass** Pass 5 🗘 All Pass

Opening lead — ♥ K

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The Daily Crossword Edited by Wayne Robert Williams

- 1 Lupino of Hollywood
- Delights 11 A/C meas 14 Bk. after Ezra
- 15 Aviator Amelia Poetic dusk
- MDX divided by X
- African-American poet Maya 19 . June celebrant
- 20 Start of a quote by
- Rita Mae Brown Store as fodder
- 24 Pour forth 26 Close up
- List of figs. 27 30 Toy with a string
- 31 Spruces up 36 Saul's uncle
- 37 Word with pack or pick
- 40 Splash and spot 41 B'way posting
- Go-ahead sign 42 43 Weasel free
- Solid blood 45 47 Psvchic's power Isaac's eldest son 48
- 52 Troian hero 55 Roberta or Bernadette
- End of quote Baba
- 62 Steamed Mexican dish
- Assist
- Guy's partner

- Heighten 66 High explosive
- 67 Night hooter
 - subscription
 - Yesterday's Puzzle Solved E B B E D
- HOPI LORRE WHITEDWARF |о|т|т|о I|C|E|N|E|S|SEL SCENTS ■H|A|C|||E|N|D|A TC A | T | T | H E R O SAVOR I R A N MAYAS ВС E G G SPA SHED A G A M A IRRI SCREECHOWL TAG A U G E R ORAL

WEEKS

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T E R I

Y|A|K|S

Visit: ADailyCrossword.com

|S|I|R|S

68 Continuation of a

Jainist doctrine Gem of an oyster

DOWN

"Clair

Medieval weapon 6 It follows that Interrupter's utterance

69 Self-importance

Small distances

Mark-down event 9 Irregular as if eaten awav

Perform taxidermy Nomadic tribe of Arabs Unionized driver

Sturm __ Drang 13 Monet's medium 6/6/68 assassination victim

25 Eliel Saarinen's son Packing case Von Bismarck and

Slacken 32 NYC arena 33 Imitate

Trawler's equipment Box-office warning Machu Picchu

5/11

resident Cabbage salad "Married...with 39

Children" star Festive celebration Part of AT&T

Legislative body Moving in a curved path Comfortable with

At some later time Solfeggio 55

One of the Fords Sign of the future 58 59

Michelangelo masterpiece

Central area of a church Blemish In the past

	of Hasbro in the Unit	regiesb anti Jogol behaicioesse anti, 3,188A/672, Jogol s'ili bre ordashi shlemaberil ans angleab alli rettel avitoritato anti bre (bracod amag 5) anudrit yd batudintalO bevoasan strighillik, ordashi 31/05 © abana.O						
237	JATOT	PAR SCORE 155-165						
96	EACK 4 =	C3 A1 T1 F4 I1 S1 H4						
19	BACK 3 =	A RI II D II TI YA						
81	KACK 2 =	Kª N⁴ E¹ L¹ C3 H⁴						
63	EACK 1 =	D I RITIB A G						
NOIT	nos sorn	SCKABBLE GRAN						





SNUFFY SMITH by Fred Lasswell



Conceptis Sudoku

Difficulty Level ★★★

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

Yesterday's Puzzle Solved

5	6	9	3	4	2	1	7	8
4	8	2	9	1	7	6	5	3
1	7	3	5	8	6	2	4	9
7	2	8	4	5	1	3	9	6
3	9	4	6	7	8	5	2	1
6	5	1	2	3	9	4	8	7
8	3	5	1	9	4	7	6	2
2	4	7	8	6	3	9	1	5
9	1	6	7	2	5	8	3	4