

SCRABBLEGRAMS

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A1I1O1R1L1D1T1

3rd Letter Double

RACK 1

A1I1Y4L1C3N1N1

RACK 2

A1E1I1I1L1D1B3

Triple Word Score

RACK 3

E1Y4H4G2R1C3P3

RACK 4

PAR SCORE 150-160

FOUR RACK TOTAL

BEST SCORE 217

TIME LIMIT: 20 MIN

DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE® Players Dictionary 5th Edition.

Answer below

For more information on tournaments and clubs, email NASPA - North American SCRABBLE Players Association info@scrabbleplayers.org. Visit our website - www.scrabbleplayers.org. For puzzle inquiries contact scrgrams@gmail.com.

06-01

NON SEQUITUR by Wiley

WAKE-UP CALL MARKETING

WILEY

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BAP

WELCOME LAW SCHOOL GRADS WHO DISCOVERED THERE'S NO MORE FOR NEED FOR LAWYERS

WILEYINK@GARTLINK.NET

HOW DID YOUR BUSINESS TRIP TO HAWAII GO, BOSS?

NOT GOOD!

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THEY THOUGHT I WAS ARROGANT AND OBNOXIOUS!

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THEY EVEN TOOK MY LEI BACK BEFORE I LEFT!

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BLONDIE by Dean Young and John Marshall

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HI & LOIS by Chance Browne

DOT COLORS INSIDE THE LINES.

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DITTO COLORS OUTSIDE THE LINES.

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I LIKE TO COLOR OFF THE BOOKS.

TRIXIE!

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HAGAR THE HORRIBLE by Chris Browne

I TOLD MY WIFE I WAS LEAVING HER!

WAS SHE HURT?

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YES...

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SHE BROKE HER ANKLE DOING A CARTWHEEL

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DENNIS THE MENACE by Hank Ketcham

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THE FAMILY CIRCUS by Bil Keane

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JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

GEFUDU

BOYBH

MOOTTB

MARIDE

“ ”

Check out the new, free JUST JUMBLE app

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Yesterday's Jumbles: BRIAR LOUSY DOCKET CLOUDY Answer: The Rolling Stones have been together so long, because, as a group, they are — ROCK SOLID

Help for uncontrollable eye twitching

Dear Dr. Roach: I have blepharospasm (eye twitching, for those who have never heard of it). It's terrible. I'm 58 and have had it for 10 years, but it has gotten worse as I've gotten older.

Are there ANY treatments other than Botox that you have heard of? I've read all that's on the Internet, but have found no help or remedies. — B.S.

DR. KEITH ROACH TO YOUR GOOD HEALTH

more severe blepharospasm. This bacterial toxin prevents muscles from contracting, and most people have benefit that lasts many years.

Since you specifically ask about other treatments, I have read about the use of deep-brain stimulation, and have read case reports and a small series of six patients who showed a 72 percent improvement in their symptoms.

Oral medications usually are not effective, but there may be benefit from L-dopa-type drugs, from anticholinergic drugs (such as trihexyphenidyl) and from baclofen.

All these have significant potential side effects. In the future, there may be a role for gene therapy or magnetic stimulation. Surgery to remove some of the muscles and nerves has shown benefit

in some people.

The site www.blepharospasm.org is very helpful, with links to support groups and questions answered by clinicians with specific experience in this issue.

Dear Dr. Roach: In a recent column, you mentioned the use of topical steroid medications to treat rhinitis (stuffy nose) symptoms. I have had vasomotor rhinitis since I was very young (I am 84), and my doctor prescribed fluticasone (Flonase).

Sometime after starting to use it, I began having frequent nosebleeds. I did not connect the two until I happened to see the side effects on the National Institutes of Health website. I stopped the fluticasone, and within a week or two the nosebleeds stopped completely.

When I told my primary physician about this, he looked surprised, but after looking it up, confirmed that

nosebleeds are a side effect of fluticasone.

Since this seems not widely known, I thought your readers should be informed of this complication.

My doctor suspects that other steroid nasal sprays likely would have the same effect. — G.D.T.

You are quite right that nosebleeds are a frequent side effect of nasal sprays, and they sometimes lead to discontinuation of the product.

Fluticasone is poorly absorbed and very potent, relative to other steroid sprays. It may be more likely to cause this side effect, but they all can cause this problem.

I see it frequently enough that I warn patients before prescribing it.

Now that Flonase is available in the U.S. without a prescription, I agree that a warning is in order, and I thank you for writing.

Bridge

by Frank Stewart

Louie's bookstore buy

"My wife said I should learn to be more affectionate," Unlucky Louie told me, "so I went to a used bookstore and bought a book titled 'How to Hug.'"

"Did it help?"

"Not much," Louie said. "It was Volume Six of an encyclopedia."

Louie's bridge would benefit if he took time to read some books on dummy play. Too often, his play is flawed. At today's six hearts, Louie took the ace of spades and returned a spade. West won and led a third spade, and when Louie ruffed with dummy's nine of trumps, East overruffed. Nor would it have helped Louie to ruff the third spade with the ace.

rebid two hearts and he tries 2NT. What do you say?

ANSWER: Your hand is super for your minimum rebid, and since partner has game-invitational values, you must make sure of reaching game. A bid of three clubs would be discouraging. A fancy bid of three spades is possible. A jump to four hearts is a practical action. Partner may hold K 6 4, 4, Q 8 4 3, A Q 5 4 2.

North dealer
Both sides vulnerable

NORTH			
♠ 9 3			
♥ A 9			
♦ A K J 10 8 7			
♣ A 10 5			
WEST			
♠ K 10 8 6 4 2			
♥ 2			
♦ 3 2			
♣ J 9 7 4			
EAST			
♠ Q 7			
♥ 10 8 4 3			
♦ Q 6 5 4			
♣ Q 6 2			
SOUTH			
♠ A J 5			
♥ K Q J 7 6 5			
♦ 9			
♣ K 8 3			

North	East	South	West
1 ♦	Pass	1 ♥	Pass
3 ♦	Pass	3 ♥	Pass
4 ♥	Pass	6 ♥	All Pass

Opening lead — ♠ 6

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The Daily Crossword Edited by Wayne Robert Williams

ACROSS

1 Put two and two together

4 Crazes

10 Driver or wedge

14 Bond

15 Blake of "Gunsmoke"

16 Super-duper

17 Start of a quote by Dr. Seuss

19 Ocean's rise and fall

20 Countries

21 Measure of explosive power

23 Gent

24 Go right!

26 Work up

27 German steel city

29 Schooner filler

31 Singer Eydie

34 Tree fluid

36 "Won't you be my neighbor" man

38 Inhuman creatures

41 Part 2 of quote

43 Chip scoop

44 Glandular organ

46 Neil Simon's nickname

48 Seat at the bar

49 Ump's cohort

51 Egypt's Anwar

55 Roosevelt's pooch

57 Ring bearer?

59 Perform a task again

60 Fill up again

63 Trinket

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Visit: ADailyCrossword.com

6/1

A	P	T	J	O	H	N	S	S	O	L	E	S					
B	E	E	A	N	I	T	A	N	A	O	M	I					
O	N	E	T	W	O	T	H	R	E	E	F	O	U	R			
A	N	N	E					A	G	E							
R	E	S	E	M	B	L	E		O	Z	A	R	K	S			
D	R	Y		A	L	O	N	G		E	I	E	I	O			
T	E	N	E		C	L	E	A	V	E	S		D	E	E	R	O
E	R	I	N		D	E	L	T	O	I	D						
T	I	N	T	S		S	O	L	A	R		A	C	E			
S	E	E	S	T	O		P	E	T	E	R	P	A	N			
					A	F	T				B	E	N	Z			
F	O	R	T	Y		F	I	F	T	Y	S		I	X	T	Y	
A	D	I	E	U		M	A	H	A	L		E	L	M			
R	E	M	A	P		E	N	E	M	Y		S	E	E			

65 Stanley Gardner

66 End of quote

68 Tall tale teller

69 With little effort

70 Bauble

71 Source of archery bows

72 Vestiges

73 Sullivan and Asner

DOWN

1 Without delay

2 Washington and Shore

3 River formations

4 BLT spread

5 Mingled in with

6 Queasiness

7 Business abbr.

8 West of "Batman"

9 Even more rational

10 L.L. Bean publication

11 Hung around

12 Help menu option

13 around the block

18 Holy cow!

22 Male escorts

25 Garden shade, perhaps

38 Aircraft engine enclosure

39 Miscalculate

40 CAT scan alternative

41 Letters for Kreskin?

42 Quantity of gold

43 Fishing pole

44 NASA outpost

45 New Year in Hanoi

46 Summons dodger

47 Also not

48 Lions, at times

49 Wedge-shaped mark

50 Textile

51 Great flood

52 Worshipped

53 Tribal emblems

54 So far

55 Biathlon weapon

56 Count (on)

57 Smallest Great Lake

58 Rime

59 Purchases

60 Dos Passos trilogy

Scrabble Solution

PAR SCORE 150-160

BEST SCORE 217

RACK 4 = 16

RACK 3 = 80

RACK 2 = 62

RACK 1 = 59

SOLUTION

BEETLE BAILEY by Mort Walker

HI, I'M MISS BUXLEY'S PERSONAL TRAINER

GREGORY WALKER

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HOW CAN SHE AFFORD A PERSONAL TRAINER?

HE PAYS HER!

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SNUFFY SMITH by Fred Lasswell

JOHN ROSE

www.snuffysmithcomics.com

'STEAD'A SCARIN' TH' CROWS, I DECIDED TO JEST REDIRECT 'EM !!

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Conceptis Sudoku

Difficulty Level ★★★

6/01

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

Yesterday's Puzzle Solved

7	1	5	8	6	3	2	9	4
9	6	4	2	5	1	8	3	7
8	3	2	9	4	7	6	1	5
4	7	3	1	8	2	5	6	9
2	9	1	6	3	5	4	7	8
6	5	8	7	9	4	1	2	3
1	4	9	5	7	6	3	8	2
3	2	7	4	1	8	9	5	6
5	8	6	3	2	9	7	4	1

Difficulty Level ★★

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