

SCRABBLEGRAMS

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A1E1O1U1T1L1V4

RACK 1

A1E1E1D2G2H4G2

1st Letter Triple RACK 2

E1I1U1R1V4V4S1

Double Word Score RACK 3

E1O1O1Y4T1K5C3

RACK 4

PAR SCORE 150-160  
BEST SCORE 216

FOUR RACK TOTAL  
TIME LIMIT: 20 MIN

DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE® Players Dictionary 5th Edition.

Answer below

For more information on tournaments and clubs, email NASPA - North American SCRABBLE Players Association info@scrabbleplayers.org. Visit our website - www.scrabbleplayers.org. For puzzle inquiries contact scrgrams@gmail.com.

07-05

NON SEQUITUR by Wiley

SEE?  
I TOLD YOU TRUMP UNIVERSITY ACTUALLY HAD SOME GRADUATES

THE VERY BEST 3-CARD MONTE IN THE CITY!

WILEY INK © 2016 WILEY INK, INC. 7-5

BLONDIE by Dean Young and John Marshall

IS IT HARD BEING YOUR OWN BOSS?  
SOMETIMES! THE TRICK IS TO STAY STEADY AND CONSISTENT!  
WELL, I'M ALL ABOUT CONSISTENT!  
YOU CERTAINLY ARE, DEAR  
ZZZZZ

DENNIS THE MENACE by Hank Ketcham

“I’LL BETCHA THEY CAN FIRE ROCKETS WITH THOSE THINGS!”

7-5

JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

DEWEG

NURDO

CCYATH

GULENJ

Check out the new, free JUST JUMBLE app

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THE SUBMARINE WAS BRAND-NEW AND THE CAPTAIN WAS ANXIOUS TO —

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

(Answers tomorrow)

Yesterday's

Jumbles: ACUTE RIVER BLIGHT ALLIED  
Answer: After gaining independence from Britain, their favorite beverage was — "LIBER-TEA"

THAT SCRAMBLED WORD GAME by David L. Hoyt and Jeff Knurek

I think we're set. Take us down. Sound the diving alarm!

Aye, aye, sir!

7-5

DID YOU EVER WEAR A BIKINI, MOM?

YES, WHEN I WAS YOUNGER.

7-5

BUT AFTER FOUR KIDS, I COULD NEVER PULL THAT OFF...

...OR PUT IT ON.

HandLois.com

HAGAR THE HORRIBLE by Chris Browne

WHAT IF WE TELL THEM WE MEAN THEM NO HARM?

7-5

THE FAMILY CIRCUS by Bil Keane

“No, it doesn’t work on batteries. You hafta do the playin’ yourself.”

7-5

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Bil and Jeff KEANE

Annual physical a hands-on experience

**Dear Dr. Roach:** I am a 75-year-old female in fairly good health. I take statins to keep my cholesterol under control, and am being followed by an endocrinologist for a parathyroid problem, which also is under control.

For the past two years, when I visit my physician for an annual wellness check, I have some blood work done before our visit and fill out a health risk assessment. Other than having my blood pressure taken, the doctor talks to me but does no other physical exam.

My heart is not listened to, and no part of my body is touched. I am told that Medicare will not pay for any kind of physical exam and that is all the doctor will do.

In the past I have had some medical problems found because the doctor has done a more-extensive exam. Is this new type of exam adequate? — *R.D.*

**DR. KEITH ROACH TO YOUR GOOD HEALTH**

No, and this is not what is supposed to happen at an annual wellness exam.

Instead of trying to deal with known problems, the purpose of this special annual visit is to encourage the doctor to take extra time to listen to you, do a full exam and evaluate how to prevent new problems and screen for any you may have but don’t know about yet.

This includes discussing periodic health checks like mammograms or colonoscopies, but the physical exam essentially is a series of screening tests. Some have a higher yield than others; however, the explanation that “Medicare will not pay for a physical exam” is simply not true.

The annual wellness check is the time to do as complete

a history and a physical, as is appropriate.

**Dear Dr. Roach:** I am an active 72-year-old woman. I am a salesperson and need to be able to talk on the phone and network with people.

My voice began to crack and my speech became more difficult to understand when I was 40 years old. Fifteen years ago, I was tested for spasmodic dysphonia, but although I had all the symptoms, they could not find anything wrong. Do you have any suggestions? — *C.J.*

Spasmodic dysphonia is a localized nerve problem, isolated to the nerves of the vocal cords. It causes variable voice changes, sometimes a whispering and breathy voice, but also voice breaks and a strained-sounding voice. The diagnosis is confirmed by looking at how the vocal cords move during speech.

Because your symptoms have lasted so long, and especially because of your profession, I think it is worthwhile to get another evaluation.

Experts in this field include head and neck surgeons (ENT), neurologists, and speech and language pathologists.

If you do get a diagnosis, treatment often includes speech therapy, sometimes medication and occasionally surgery.

You can read more at [www.dysphonia.org](http://www.dysphonia.org).

**READERS:** The booklet on thyroid gland problems explains this and other common thyroid illnesses. Readers can obtain a copy by writing: Dr. Roach Book No. 401, 628 Virginia Dr., Orlando, FL 32803. Enclose a check or money order (no cash) for \$4.75 U.S./\$6 Can. with the recipient’s printed name and address. Please allow four weeks for delivery.

**Bridge**  
by Frank Stewart

“I heard you and Wendy called a truce,” I said to Cy the Cynic. Cy, a chauvinist, and Wendy, my club’s feminist, are always fighting.

“Until a deal in today’s game,” Cy growled.

Cy and Wendy were East-West, defending against 3NT. South won the first club with the jack and led a heart to dummy’s jack.

“You advise letting declarer win his first try at a repeatable finesse,” Cy said, “so I ducked.”

South came to his king of spades and led another heart. When Wendy showed out, South took the ace, cashed three diamonds and the ace of spades, and exited with a spade. Wendy had to give South his king of clubs. Making three.

**CLOSED MOUTH**

“Wendy told me I was hopeless,” Cy said. “I said she could speak her mind as long as she did it with a closed mouth. So much for a truce.”

Cy’s defense was wrong in practice and in theory. Against notrump, strive to return your partner’s lead as soon as you can.

“Women,” Cy sniffed. “They never forget where they buried that hatchet.”

**NORTH**  
♠ J 8 3  
♥ A Q J 7 4  
♦ K Q 7  
♣ 9 6

**WEST**  
♠ Q 10 7 2  
♥ 2  
♦ 8 5  
♣ A Q 10 5 4 2

**EAST**  
♠ 9 6 5  
♥ K 10 9 6  
♦ J 10 9 3  
♣ 8 3

**SOUTH**  
♠ A K 4  
♥ 8 5 3  
♦ A 6 4 2  
♣ K J 7

East Pass  
South 1 NT  
West Pass  
North 2 ♣

Opening lead — ♣ 5

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The Daily Crossword Edited by Wayne Robert Williams

**ACROSS**

1 Repeat verbatim  
5 Mont in the Alps  
10 Crystal balls, e.g.  
14 Sketched  
15 Rustic  
16 Swain  
17 Get lost!  
19 Persistent pain  
20 Porch raider  
21 On the briny  
22 Bulletin board posting  
24 Copal and amber  
26 Tropical grassland  
29 Put a message in the air  
32 Papa  
33 Buns  
36 Old-time music systems  
37 Wedding words  
38 Sheriff Taylor’s kid  
39 Nickel parts  
40 Get out of bed  
41 Gibson of “Mad Max”  
42 Go after  
43 Howard or Isaac  
44 Be nosy  
45 Red soil  
47 Lumberyard employees  
49 Overturned  
53 Dodge Ram engine  
54 “The Last Song” singer  
56 Rower’s need  
57 Stand in line  
59 Underground buildup

1 2 3 4 5 6 7 8 9 10 11 12 13

14 15 16

17 18 19

20 21 22 23

24 25 26 27 28

29 30 31 32

33 34 35 36 37

38 39 40

41 42 43

44 45 46

47 48 49 50 51 52

53 54 55 56

57 58 59 60 61

62 63 64

65 66 67

Visit: [ADailyCrossword.com](http://ADailyCrossword.com)

7/5

62 Part of ABM  
63 Bouncing off the walls

64 Yard sale caveat  
65 Uses aniline  
66 Game setting  
67 Yearnings

27 How low you can go  
28 Beautify  
30 Cereal grasses  
31 Shampoo step  
33 Cavorts  
34 “La Boheme” or “The Bat”  
35 Pure  
39 Personal magnetism  
40 Rung relative  
42 One of Red’s characters  
43 Gordon Sumner  
46 New York college town  
48 Abominable snowmen  
50 State of balance  
51 Phone for Chinese food, perhaps  
52 Attire  
54 Plain girl?  
55 “Havana” star Lena  
57 Bankroll  
58 At least one  
60 Cigarette negative  
61 Has permission to

**Yesterday’s Puzzle Solved**

SALES L E S MA O R I OCT  
ARIEL E L A C R I D WOE  
FILLIN THE BLANKS  
ESA PATE ESSSES  
RECLOSE ELSE  
OPINE AIM ONE  
PROGRESS REPORTS  
TOW WOK RATES  
SWARMED ABET  
STAIRS RATHOLE  
CALLING THE SHOTS  
APE SHORE TINGES  
TEX ALTAR SPOOL

7-4

**DOWN**

1 Mystery award  
2 Old hag  
3 Judges weight by lifting  
4 Hooter  
5 Presumptuous  
6 Young Skywalker  
7 Song for a diva  
8 Journalist Hentoff  
9 Ornamental climbing plant  
10 21st-century President  
11 Abstruse  
12 Exclamation indicating scorn  
13 Litigate  
18 Sharp jerks  
23 Holiday forerunners  
25 Tiny landmass  
26 Cook’s device

Scrabble Solution

PAR SCORE 150-160  
BEST SCORE 216

15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67

15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67

15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67

BEETLE BAILEY by Mort Walker

WHAT HAPPENED TO YOU, BEETLE?

CAMP SWAMPY

SARGE KICKED ME OUT OF CAMP

7-5

NOW HE’S COMING TO KICK ME BACK IN

GREG+MORT WALKER

SNUFFY SMITH by Fred Lasswell

HOW COME WE SAY “BLESS YOU” WHEN SOMEONE SNEEZES, BUT “NUTHIN’” WHEN THEY COUGH?

OH, WE SAY “SUMPIN’”, JUGHAID !!

COFF, COFF !! HACK !! COFF !! COFF !!

JEST NOT OUT LOUD !!

GEEZ !! KEEP THAT DADBURN KID AWAY FROM ME !!

JOHN ROSE

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www.dailysnuffysmithcomic.com

Conceptis Sudoku

6 5 4 2

9 1

1 6 2 8 9

7 6 3 1

8 3 7 6 1

4 8

2 9 6 5

Difficulty Level ★★

7/05

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

**Yesterday’s Puzzle Solved**

8 2 6 7 3 5 4 1 9  
4 5 1 8 2 9 6 7 3  
9 7 3 6 4 1 2 8 5  
7 1 4 9 5 3 8 6 2  
3 8 2 1 6 4 9 5 7  
6 9 5 2 8 7 1 3 4  
5 6 7 4 9 8 3 2 1  
2 3 9 5 1 6 7 4 8  
1 4 8 3 7 2 5 9 6

Difficulty Level ★

7/04