

SCRABBLEGRAMS

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A₁

E₁

T₁

N₁

N₁

N₁

P₃

RACK 1

E₁

U₁

D₂

D₂

N₁

L₁

B₃

3rd Letter Triple

RACK 2

E₁

I₁

U₁

D₂

N₁

D₂

H₄

RACK 3

E₁

I₁

O₁

U₁

N₁

H₄

S₁

Double Word Score

RACK 4

PAR SCORE 145-155

BEST SCORE 203

FOUR RACK TOTAL

TIME LIMIT: 20 MIN

DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE® Players Dictionary, 5th Edition.

Answer below

For more information on tournaments and clubs, email NASPA - North American SCRABBLE Players Association info@scrabbleplayers.org. Visit our website - www.scrabbleplayers.org. For puzzle inquiries contact scrgrams@gmail.com.

07-26

NON SEQUITUR by Wiley

OK, BUT JUST BECAUSE ART REFLECTS LIFE DOESN'T MEAN I HAVE TO LIKE IT

SO, IF YOUR BUDDY WAS AT THE MALL, HOW DID YOU COMMUNICATE WITHOUT A CELL PHONE?

WE HAD TO USE OUR HOME PHONES

AND IN THE MALL, YOU HAD TO USE A PAYPHONE

A PAYPHONE?!

Really?!

I have renewed respect for Mom and Dad!

I DIDN'T MEAN TO SHOCK THEM, BUT IT'S TIME THEY KNEW

HEY, THESE KIDS TODAY NEED TO KNOW HOW TOUGH WE HAD IT!

7-26

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BLONDIE by Dean Young and John Marshall

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HI & LOIS by Chance Browne

LET'S GO OUT FOR LUNCH!

SURE!

I'll HAVE "THE THURSTON."

THIS PLACE NAMED A SANDWICH AFTER YOU?

NOT A SANDWICH.

7-26

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HAGAR THE HORRIBLE by Chris Browne

WHEN MY WIFE IS ANGRY SHE IS A WOMAN OF SMALL WORDS!

DON'T YOU MEAN "FEW" WORDS?

NO, SMALL WORDS... WITH ONLY FOUR LETTERS!

7-26

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DENNIS THE MENACE by Hank Ketcham

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THE FAMILY CIRCUS by Bil Keane

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JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

IMERG

OTaub

THIGST

CERNdH

Check out the new, free JUST JUMBLE app

I have another one.

I can't take it anymore.

This has got to stop!

7-26

WHEN THEY FOUND LISTENING DEVICES IN THEIR OFFICE. —

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

(Answers tomorrow)

Yesterday's Jumbles: CURVE MOOSE DEFACE GLASSY
Answer: Crime was on the rise and some people were becoming — ALARMED

Cluster headaches, oxygen treatment

Dear Dr. Roach: I was diagnosed with cluster headache at age 20. Now, at age 65, I have endured these excruciating headaches for some 45 years.

In my particular situation, I can have once- or twice-daily headaches for anywhere from two to four months.

My symptoms include a throbbing in my left temple, with the pain then traveling to my left eye. My left eye tears, my left nostril stuffs up and my mouth becomes dry.

On occasion, I also experience nausea. There are some days during these times when I might not have any.

The cluster of headaches then disappears for anywhere from three to eight years, only to return. I have found verapamil to be somewhat helpful.

I read that these headaches tend to occur less frequently and with less severity as one gets older.

DR. KEITH ROACH
TO YOUR GOOD HEALTH

That does not seem to be the case for me. — K.B.

Yours is an excellent description of cluster headaches, which commonly affects young men (at least, they are young when they first get the condition).

Tearing of one eye is classic, as is the description of several headaches over weeks to months followed by prolonged freedom from the very painful headaches.

People who experience so classic a presentation as yours usually have no trouble getting the correct diagnosis; however, this headache syndrome often is misdiagnosed, especially before the clustering becomes clear.

There are two types of headache treatment: The first stops a headache once it

occurs (abortive) and the second keeps it from coming on in the first place (preventive).

Cluster headaches often respond quickly and completely to oxygen, but the response is incomplete for some. Most other headaches do not respond to oxygen, so oxygen treatment sometimes is used to help make the diagnosis.

Some medicines used for migraine, such as sumatriptan, can be used to stop a cluster headache. Octreotide can be given as an injection to abort a headache.

As soon as a cluster starts, beginning a preventive medicine is important. Verapamil, usually used as a blood pressure medicine, is probably the best-studied and may be the most effective. Steroids, lithium and methysergide are drugs with significant toxicities, and are less commonly used.

Many headache questions

reach me on a regular basis. For a general explanation of headaches and their treatment, consider the booklet on that topic. It presents a comprehensive view. To order a copy, write: Dr. Roach Book No. 901, 628 Virginia Dr., Orlando, FL 32803. Enclose a check or money order (no cash) for \$4.75 U.S./\$6 Can. with the recipient's printed name and address. Please allow four weeks for delivery.

Dr. Roach regrets that he is unable to answer individual letters, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu or request an order form of available health newsletters at 628 Virginia Dr., Orlando, FL 32803. Health newsletters may be ordered from www.rbmamail.com.

Bridge by Frank Stewart

Eye of the beholder

Cy the Cynic says that a mistake is only as good as you make it. I'll have to admit that today's declarer perpetrated a beauty.

Against four spades, West led a heart, and East took the ace and shifted to a trump. South won and saw nothing better than to try some finesses. He led a diamond to dummy's queen at the third trick, and East took the king and returned a diamond to the ace. South then ruffed a diamond and led a club to the king. He lost two clubs and went down one.

Could you do better as declarer?

you say?

ANSWER: Slam is possible. If partner has a suitable minimum hand such as A 7 6 4, K 7, A Q 9 8 3, 6 4, he may take 12 or even 13 tricks at diamonds. But he could also hold K Q 6 4, 7 6, A J 5 3, Q 4 3. Bid two clubs, a forcing bid in a new suit. You will support the diamonds next to let partner judge whether he has useful cards.

East dealer
E-W vulnerable

NORTH	
♠ J 10 6 5 2	
♥ K	
♦ A Q 6 2	
♣ K 10 6	
WEST	
♠ 4	
♥ 9 6 5 2	
♦ J 9 8	
♣ Q 8 7 5 2	
EAST	
♠ 9	
♥ A J 10 8 3	
♦ K 10 7 4	
♣ A J 9	
SOUTH	
♠ A K Q 8 7 3	
♥ Q 7 4	
♦ 5 3	
♣ 4 3	

East 1 ♥
All Pass

South 1 ♠
West Pass
North 4 ♠

Opening lead — ♥ 6

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The Daily Crossword Edited by Wayne Robert Williams

ACROSS

1 Recurrent theme

6 —do-well

10 City near Santa Barbara

14 Of acreage

15 Olympian

16 Parking garage access

17 Irish slugfest

19 Recorded proceedings

20 "Wheel of Fortune" purchase

21 Bo Derek movie

22 Nasal membranes

24 Single-track line

27 Heart line

30 Saloon disturbance

33 Temporary currency

36 Newman movie

37 Educational org.

38 Golfer Jay or Bill

39 Perry of fashion

41 City in Yemen

42 Coll. sports grp.

43 Big rig

44 Respect the flag

45 Scuffle while riding on shoulders

49 City in Alaska

50 Stated clearly

54 Bottle denizen

57 Plane ride: abbr.

58 NY school

59 Fictional sleuths

61 Noisy disturbance

64 Honor student's grades

65 Drug bust cop

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7/26

66 Last

67 Jefferson's VP

68 Ain't right?

69 Periods of self-denial

70 Poetic contraction

71 Gulf of Bothnia island

72 Versailles affirmative

73 Ed.'s work pile

74 Hovel

75 Secret storage place

76 Andreotti's ride

77 Large shoe width

78 K-O connection

79 Memo abbr.

80 Coating

81 Discontinued

82 Rubicon crosser

83 Contaminate

84 Links activity

85 Highland groups

86 Israeli port

87 Grows less sharp

88 Former Spanish toehold in Africa

89 Significant years

90 Restaurant check

91 Seine water

92 East ender?

93 Narrow inlet

Scrabble Solution

PAR SCORE 145-155

TOTAL 203

FRACK 4 = 70

FRACK 3 = 11

FRACK 2 = 63

FRACK 1 = 59

SOLUTION

BEETLE BAILEY by Mort Walker

DON'T START SQUEAKING

I GOT A NEW CHAIR THAT DOESN'T SQUEAK

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TAKE THAT CHAIR BACK!

CRUNCH CRACK CREAK GROAN

THAT IS MY BACK

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SNUFFY SMITH by Fred Lasswell

THEY SAY TH' ECONOMY'S MAKIN' A COMEBACK !!

UH-OH !! JOBS'LL BE HARDER TO AVOID !! THEY'LL BE EV'RYWHAR !!

7-26

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AW, DON'T FRET, LUKEY--I'M SHORE TH' POLITICIANS WON'T LET THAT LAST LONG !!

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Conceptis Sudoku

2

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8

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Difficulty Level ★★

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

Yesterday's Puzzle Solved

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1

5

Difficulty Level ★

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