

SCRABBLE®

BRAND

G2R1A1M3S1

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A1E1U1K3C3P3B3

RACK 1

A1E1S1O1S1P3P3

RACK 2

A1A1I1Y4D2L1W4

RACK 3

E1I1T1T1L1P3R1

RACK 4

PAR SCORE 150-160

BEST SCORE 223

FOUR RACK TOTAL

TIME LIMIT: 20 MIN

DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as no point value. All the words are in the Official SCRABBLE® Players Dictionary, 5th Edition.

Answer below

For more information on tournaments and clubs, email NASPA - North American SCRABBLE Players Association: info@scrabbleplayers.org. Visit our website - www.scrabbleplayers.org. For puzzle inquiries contact scragsms@gmail.com.

08-10

JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

REQUY

VIOME

SUNSEC

TEANYL

Answer here:

(Answers tomorrow)

Saturday's

Jumbles: MAUVE NAVAL BEMANO ATRIUM

Answer: The tightrope walker who stopped to check his e-mail was — ONLINE

NON SEQUITUR by Wiley

I'M AFRAID THE SITUATION IS DIRE, GENTLEMEN. WE'RE RUNNING OUT OF BOGEYMEN...

WILEY

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BLONDIE by Dean Young and John Marshall

I FINISHED MY BIG ARTICLE FOR J.J. BLINGMAN'S BUSINESS MAGAZINE!

WOW! IMPRESSIVE, BOSS!!

BUT I CAN'T FIGURE OUT A TITLE...

ARE YOU KIDDING? THAT'S EASY!

YOU ACTUALLY SAID "REFLECTIONS OF A TYRANT"?!!

ON THE UPSIDE, I HAVE A MANDATORY DAY OFF TO THINK ABOUT IT

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www.blondie.com

HI & LOIS by Chance Browne

HEY, DAD! SINCE YOU LIKE BOWLING AND GOLF, I INVENTED A NEW SPORT CALLED "BOLF"!

LET ME SEE.

I DON'T KNOW IF I'D WANT TO LUG A BOWLING BALL AROUND 18 HOLES.

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www.hiandlois.com

HAGAR THE HORRIBLE by Chris Browne

MEN, WE GO INTO BATTLE... .. WITH A 50% CHANCE!

CAN YOU BE SPECIFIC?

50% CHANCE OF WINNING OR A 50% CHANCE OF LOSING?

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www.hagarthehorrible.com

DENNIS THE MENACE by Hank Ketcham

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JOEY THINKS A RHINOCEROS IS JUST A FAT UNICORN."

8-10

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www.dennis.com

THE FAMILY CIRCUS by Bil Keane

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8-10

“Do you think someday we'll get to park a car in one of those spaces, Mommy?”

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High doses of NSAIDs carry more risk

Dear Dr. Roach: I am a 44-year-old man with chronic headaches and migraines. Should I worry about the long-term effects of taking an NSAID (such as diclofenac) at least once a week? — *G.W.*

Nonsteroidal anti-inflammatory drugs are among the most commonly taken classes of drugs in the world, with 17 million Americans alone taking them daily. Although these drugs are generally safe, any medication has the potential for side effects. Typically, the higher the dose and the more frequently it is taken, the increased risk of side effects. So, a once-a-week dose would be expected to have a low side effect risk.

Although they can affect multiple systems, let me briefly go over the side effects of NSAIDs on the GI tract, kidneys and heart.

NSAIDs might affect the stomach, and although we

DR. KEITH ROACH
TO YOUR GOOD HEALTH

think of ulcers, stomach pain without ulcers is more common. Ulcers happen most often in people who take higher doses for long periods of time. A history of ulcers, older age and use of other medications (steroids, warfarin, antiplatelet drugs like clopidogrel, or Plavix) increase the risk of ulcers and bleeding. NSAIDs also might affect the small bowel and colon, causing bleeding and diarrhea, among other symptoms. Again, these are most common in high doses for extended periods.

NSAIDs can affect the kidneys, causing both acute and chronic kidney failure, but only in a few percent of people. Periodic blood and urine examination is appropriate for people who are on long-term NSAIDs. The risk of heart disease among people

who use NSAIDs regularly is increased, but in people without known heart disease, the risk is small — about one bad event, such as heart attack, stroke or episode of heart failure, per thousand people taking the medication for a year.

I would advise you that the risk of any of these side effects is unlikely in someone taking the drug only once a week, but people who take these drugs every day should know about the potential harms.

Dear Dr. Roach: I'm a healthy 50-year-old woman, and I recently had my gallbladder removed. What are the effects of not having this organ? — *I.T.*

The function of the gallbladder is to store bile and release it when necessary after a meal. Bile is made by the liver and is needed for proper digestion, especially of fats. After gallbladder removal,

usually because of gallstones, the liver takes over the job by storing bile in bile ducts, and releasing it at the right time, under the influence of hormones, such as cholecystokinin. After gallbladder surgery, most people have no problems with digestion, as their body gets used to the new status quo after a few weeks.

Cholecystectomy is the procedure to remove a gallbladder, and rarely, people who have had it can develop postcholecystectomy syndrome, which manifests as upper abdominal pain. There are several possible causes of this syndrome. Discovering it requires expert evaluation, most commonly by the surgeon, and it often involves CT scans and a special kind of MRI (MRCP) to evaluate the biliary tract. Retained stones in the bile ducts, leakage of bile and strictures (narrowings) in the bile ducts are the most common causes of PCS.

Bridge

by Frank Stewart

Are you satisfied?

You're declarer at four spades, and West leads the king of hearts. East signals with the queen. You hope for a heart continuation, but West shifts to a trump.

Say you win in your hand and lead a low club. West takes the king and leads another trump, depriving you of a ruff in dummy. You draw trumps, cash the queen of clubs, take the ace of diamonds and ruff a diamond. Then you run your trumps, but when West saves his J-8 of clubs, you lose a second club and a second heart. Down one.

West defended well. Are you satisfied with your play?

DIAMOND RUFF

I wouldn't be. You had an extra chance. After you win West's trump shift, take the ace of diamonds, ruff a diamond and lead a low club. If West wins and leads another trump, win in dummy and ruff a diamond.

When diamonds break 3-3, you can draw trumps and return to the queen of clubs for the good diamonds. If the diamonds broke 4-2, you would still be safe if the clubs produced three tricks.

This week: extra chances.

DAILY QUESTION

You hold: ♠ 6 5 ♥ A K 10 4
♦ K 7 2 ♣ K J 8 3. Your partner opens one diamond, you respond one

heart and he bids one spade. The opponents pass. What do you say?

ANSWER: When you can place the contract or suggest a contract, don't shirk your responsibility. Bid 3NT. You have no reason to show the clubs. (You would be showing them only to the opponents.) You aren't interested in playing at clubs or in having partner show delayed heart support.

South dealer
Both sides vulnerable

NORTH
♠ K 3
♥ 9 7 6
♦ A 9 8 6 5 3
♣ Q 7

WEST
♠ 6 5
♥ A K 10 4
♦ K 7 2
♣ K J 8 3

EAST
♠ 8 7 2
♥ Q J 8 2
♦ Q J 10
♣ 9 5 2

SOUTH
♠ A Q J 10 9 4
♥ 5 3
♦ 4
♣ A 10 6 4

South 1 ♠
West Dbl 2 ♠
North Pass 4 ♠
East 2 ♥ All Pass

Opening lead — ♥ K

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The Daily Crossword Edited by Wayne Robert Williams

ACROSS

- Ultimate degree
- Loony
- "Pygmalion" dramatist
- Lyricist Gershwin
- Depressing experience
- Island dance
- Artist born Jacobo Comin
- Semi-eternity?
- Artist Duffy
- Scatter
- Lena of "Chocolat"
- Put in stitches
- Latin X
- Comes forth
- Moines
- Feudal tenant
- Skelton or Buttons
- Sgt. Preston's crew
- Moral
- Monrovia's land
- Teheran's land
- Brooks or Torme
- Woodland deities
- Glasgow boy
- Ribbed pasta
- Yale student
- Enclosure
- Progresso competitor
- Boat with two hulls
- Made a meal of
- Makes a wrong turn
- Pueblo populace
- Instruction from an editor

Visit: ADailyCrossword.com

8/10

Saturday's Puzzle Solved

S	T	R	A	F	E	C	A	P	S	U	L	E	S
W	O	O	L	E	N	A	N	A	T	H	E	M	A
E	L	U	D	E	M	A	R	A	U	D	E	D	
A	U	N	A	T	U	R	E	L	C	H	U	R	N
R	E	D	P	A	R	O	D	Y	P	I	E		
E	N	E	M	Y	C	A	G	E	U	T	E	S	
R	E	L	E	A	S	E	S	A	C	R	O	S	
			A	L	A	S	S	N	U	G			
F	A	S	T	E	N	M	I	S	R	E	A	D	S
A	V	E	S	E	R	I	N	T	R	A	I	T	
R	E	X	G	R	E	T	E	L	M	O	E		
E	N	T	E	R	C	O	W	A	R	D	I	C	E
A	G	I	T	A	T	E	S	B	O	I	L	E	R
S	E	L	E	N	I	D	E	O	D	E	N	S	E
T	R	E	S	T	L	E	S	R	E	S	E	E	D

8-9

DOWN

- Explosive word
- Courtroom event
- Asian capital
- Big screen superstar
- Neither's partner?
- Nation on the Baltic Sea
- Dovish
- Trawlers' needs
- Cupid
- Contour
- Public clamor
- Thanks _!
- Decrease in strength
- Adjusts a receiver
- Monster's possessive
- Highly spiced sausage
- PGA pegs
- Obliterates
- Sample
- PC alternative
- Rolodex info
- Prolific inventor
- Abu Dhabi leader
- Mineral springs
- Netting of the bride
- Blade brand
- Lawn centerpiece
- Drawing on one's pension
- Relay segment
- Forbid
- Canary island
- Crater edge
- Pavarotti, Domingo and Carreras
- Continues on
- Fit to suit
- One who's done for
- Retract words
- "la vie"
- Uffizi Palace display
- Plot division
- Laugh heartily
- Mood rings, pet rocks et al.
- Beluga product

Scrabble Solution

PAR SCORE 150-160

TOTAL 223

RACK 4: 60

RACK 3: 64

RACK 2: 83

RACK 1: 16

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www.scrabble.com

BEETLE BAILEY by Mort Walker

QUICK! CALL "1-BOO-OUCH"

WHAT'S THAT?

GREG+MORT WALKER

IT'S THE "BEETLE ABUSE HOTLINE"

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www.beetle.com

SNUFFY SMITH by Fred Lasswell

LAUGHTER IS TH' BEST MEDICINE, SNUFFY !!

SO WHAR ARE YA TH' MOST TICK'LISH ?

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www.snuffy.com

Conceptis Sudoku

		3	2		9	8		1	
8						6		4	5
4							3		
				6				5	9
9				8					1
7	8				4				
			3						4
1	9		2						7
	5		8	7		9	3		

Difficulty Level ★

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Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

Yesterday's Puzzle Solved

8	1	4	5	9	3	7	2	6
5	6	2	7	4	8	1	9	3
7	3	9	2	1	6	8	5	4
3	5	6	9	2	7	4	1	8
9	2	8	4	3	1	5	6	7
4	7	1	6	8	5	2	3	9
2	9	5	3	7	4	6	8	1
1	4	3	8	6	2	9	7	5
6	8	7	1	5	9	3	4	2

Difficulty Level ★★ ★★

8-9

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