DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE Players Dictionary, 5th Edition

For more information on tournaments and clubs, email NASPA - North American SCRABBLE Players Association info@scrabbleplayers.org. Visit our website - www.scrabbleplayers.org For puzzle inquiries contact scrgrams@gmail.c

Unscramble these four Jumbles one letter to each square, to form four ordinary words **SIDYA**

SOREA

CDENHR

RACDOC

Answer

THAT SCRAMBLED WORD GAME

WHEN HIS GIRLFRIEND

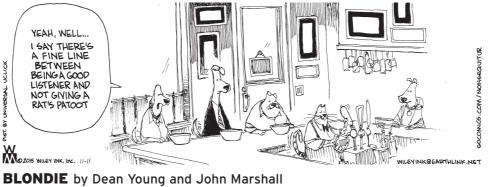
BROKE UP WITH HIM ON FRIDAY, THE WEEKEND STARTED ON A ---

Now arrange the circled letters suggested by the above cartoon

LOTION

LOGIC

HI & LOIS by Chance Browne



SO WHY DID YOU TELL ME IT WAS I HAD A BAD DREAM LAST NIGHT WELL, THE TRUTH T SOMEHOW I BROKE YOUR CORDLESS BOY THAT'S IS, I ACTUALLY DID BREAK IT SOMEHOW BOY, THAT'S SCREWDRIVER ONLY A OREAM. RIGHT

OBVIOUSLY, I WAS TESTING THE WATER BEFORE I DOVE



DENNIS THE MENACE by Hank Ketcham

"OL" MARGARET IS GOOD EVEN WHEN CHRISTMAS IS A LONG WAY OFF."

THE FAMILY CIRCUS by Bil Keane



"I've never been so quiet in school. Both the kids that sit next to me were absent.'

NON SEQUITUR by Wiley



HAGAR THE HORRIBLE by Chris Browne





Uncertainty about too-low cholesterol

Dear Dr. Roach: Can your DR. KEITH ROACH cholesterol count be too low?

I am 72, and my normal LDL level is 100 to 102. My doctor thinks that is high because he classes me as "prediabetic," and he put me on pravastatin. My LDL level is now 68. Is that good or bad? I am always concerned about the benefits versus the sideeffects risk. — D.S.

It's not clear if cholesterol levels can be too low, but recent studies have suggested that even very low levels of cholesterol are safe. Older drugs seemed to have side effects when used at high doses, causing low cholesterol levels. However, in one well-done study comparing two different statins, the group treated to a level below 70 had a lower risk of heart attack than the group treated to a level closer to 100. The newest cholesterol

ASTRAY

TO YOUR GOOD HEALTH

even lower, and preliminary data suggests that these also are beneficial at preventing heart disease, but, like statins, these can cause some people to have some memory issues. Whether this is an effect of the drug or of the low cholesterol isn't clear.

My own practice is to push the LDL levels lower than 70 only in those with highest risk for heart attack, especially in those who already have had one. Diabetes imparts a high risk, though not as high as existing heart disease, so most experts would agree with your doctor. As long as you aren't noticing side effects, I would continue the pravastatin.

Dear Dr. Roach: I am a female, 16 years old. My white drugs, the PCSK-9 inhibitors, blood cell count is 16.6. I am ly. Now he says new research can get LDL levels to 40 or suffering from so much weak- shows that any cholesterol-

and shoulder area. I also have a cough and cold. Is it dangerous? What should I do for it?

I don't have enough information to help much. A white blood cell count that high suggests an infection. At your age, those symptoms are most likely a viral infection, but acute mononucleosis and even pneumonia are possible, so

Dear Dr. Roach: Seven years ago, I had a stroke. I was immediately put on Lipitor and Plavix. The statin drugs made my arms and shoulders ache, and the doctor tested me and found no reason for then put me on fenofibrate. The pain stopped immediate-

16

19

43

31

37

39

40

47

57

61

62

65

61 62 39

55

73

The Divine

Bernhardt

Past prime

Fruit cooler

Wolf Man"

41 Sheep-ette

43 Employs

Drunk

50 UHF word

51 Ruin

Units of force

Eugene of "SCTV"

Sigma preceder

Chanev of "The

Metal fasteners

Final authority

54 Mining product

56 Key of "Eroica"

60 Ninnvhammer

Corn units

Towel off once

Angler's doodad

McKinley's first lady

55 Mob melees

again

67 Deli loaf

33 Future fish

11/11

 $ness\,and\,pain\,in\,my\,legs, arms \quad lowering\,drug\,makes\,the\,blood$ tests show lowered cholesterol levels but it does not prevent heart attack or stroke. So he took me off it. I wonder if you know anything about this study that said there was no benefit to taking statins. I did not really understand what he said. — G.C.

> It sounds like the message got a bit confused. The evidence that statin drugs reduce risk of heart attack and stroke in people at high risk, such as those who have had a previous ruffed in his hand. He took the A-K event, is very strong. However, the evidence for fibrate drugs, such as fenofibrate, is much weaker.

often Statin drugs cause some muscle aches. it. He said anecdotally that he Pravastatin and fluvastatin had many patients who com- are least likely to cause this switching, in my opinion. Some people get relief from muscle aches with a CoQ10 supplement.

Bridge by Frank Stewart

The dreaded ruff-sluff

ACBL Summer Αt the Championships, David Grainger and Adam Kaplan, today's East-West, induced declarer to go down at a makable game by giving him a ruffsluff.

After North scraped up a negative double at his first turn, South backed into four hearts. Kaplan took two spades and led a third. South was reluctant to ruff in dummy; he discarded a club from dummy and of trumps and then the A-K of diamonds.

When West's queen fell, declarer could have won the rest: ace of clubs, club ruff, draw trumps with the queen. But that line would fail if a defender had both missing trumps.

GOOD DIAMOND

Perhaps not giving East-West due credit, South led a good diamond to force someone to ruff — giving the defense a ruff-sluff! But Kaplan ruffed, and Grainger pitched his last spade. Then the lead of a fourth spade promoted East's jack of trumps.

Giving up a ruff-sluff is often a defensive error, but if declarer has shaky trumps, a ruff-sluff may compromise his trump holding.

DAILY QUESTION

You hold: ♠ A K J 9 3 ♥ 9 7 2 ♦ Q 8 ♣ J 3 2. Your partner opens one diamond, you respond one spade

and he bids two clubs. What do you

ANSWER: This is one of those times when I would long to borrow a term from chess: "Resign." Any call is unsatisfactory. I believe some experts might choose to rebid two spades. That is a big underbid, but a bid of 2NT, two diamonds, a "fourthsuit" two hearts and a raise to three clubs all have imperfections.

South dealer E-W vulnerable

NORTH **♦** 5 4 ♥ Q 10 8 6 J 10 7 6 2 ♣ Q 8

EAST WEST **♠**Q872 ♠AKJ93 \Diamond 43 **♣** K 9 6 5

> **SOUTH ♠** 10 6 ♥ AK5 ♦ AK95 ♣ A 10 7 4

West South 1 🌲 Dbl Pass Pass 4 🗘 All Pass

Opening lead — ♠ K

(C) 2015 Tribune Content Agency, LLC

The Daily Crossword Edited by Wayne Robert Williams

18

15

ACROSS

- 1 Hiatus
- 4 Smithy, at times 9 Formal agreements
- 14 "Surfin" 15 Lariat

26

- Country singer K.T.
- Start of a quote by Jules Renard
- French wine valley 19
- Dieter's word 20
- Naturally bright
- 21
- 23 Ripen Sketched 24 Self-satisfied smiler
- Plays a role 32 Contemptuous
- interiection Hope/Crosby film 33
- 38 Stanley Gardner
- 42 Part 2 of quote 44 James Dean film,
- "East of _
- 45 Cemetery marker Continental NASA 46 equivalent
- 48 Park of London 49 Hungarian
- horsemen Even more tender
- 58 Yodeler's location 59 In acceptable
- working order 63 Plentiful
- 64 Unemotional
- End of quote 66 Lion clan __ 'bout that

|A|L|D|O

|L|E|C|K|

UNISEX

A D E N

Visit: ADailyCrossword.com 70 Black goo

A T O Z

H|A|N|D|S|O|N S|T|R|I|A|T|E

D E W F A L L

PSALMIC ENCODER

Y | E | A | R | S | T | I | K |

EGER

ASSN

SPA

A I D A N

N E A T S

R O I A Y E S H A

50

- 71 Caesar or Waldorf,
- e.g.

- **DOWN** Yesterday's Puzzle Solved 1 Trade association 2 Up and about K U D U SECS

DETER

EERIE

REALM

3 Ziti or orzo, e.g. WRIT Sign of a full house AUDITORIA 5 Chart toppers 6 Waikiki's island IATROEDSIN

73 Pig's abode

66

69

72

72 More than chunky

- College on the **Thames** "Love Is a Hurtin' Thing" singer Lou
- "The Merchant of Venice" character 10 Volcanic dust
- and dagger Touch of color 13 Smile scornfully
- 18 Just released 22 Drank 25 Def. grp. since 1
- 949 27 Butler of fiction 29 Mountain lions

30 Slope lift

you need to see your doctor.

plained of the same thing. He problem, so it's worth a try

Scrabble Solution

SCRABBLE's a trademark of Hastro in the US and Canada. (R2015 Hastro. Distributed by Tribune Content Agency, LLC All rights reserved.										
6	55	JATOT	PAR SCORE 150-160							
6	8	FACK 4 =	B Ri 이 U G H4 Ti							
7	9	EACK 3 =	다 사 된 용 박 다							
9	9	KACK 2 =	C3 O4 P3 V7 I4 S4 T4							
3	ı	EACK 1 =	M II LI D2 L1 Y4							
	OCEAN BRAND GRAMS SOLUTION									

BEETLE BAILEY by Mort Walker





SNUFFY SMITH by Fred Lasswell





Conceptis Sudoku

Difficulty Level ★★★

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

Yesterday's Puzzle Solved

resterday s r dzzie sorved												
3	7	8	6	4	5	2	1	9				
2	4	1	9	7	3	6	8	5				
9	6	5	1	2	8	7	3	4				
8	5	9	3	1	2	4	6	7				
7	1	2	8	6	4	5	9	3				
4	3	6	5	9	7	1	2	8				
5	8	7	2	3	1	9	4	6				
1	9	4	7	8	6	3	5	2				
6	2	3	4	5	9	8	7	1				
Difficulty Level ★★												

© 2015 Crosswords WRW All rights reserved

REES

E W E S

RGENTINA