SHOVELING THE SNOW, MORE OR LESS

points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE'Players Dictionary, 5th Edition.

Answer below

THAT SCRAMBLED WORD GAME

SKED IF THERE'D BE

MORNING MIST, THE WEATHERMAN DIDN'T

suggested by the above carroon

HAVE THE to form the surprise answer, as

WHILE QUACK JOCKEY AFLOAT The math teacher liked teaching addition and

subtraction - EQUALLY

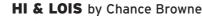
For more information on tournaments and clubs, email NASPA - North American SCRABBLE Players Association info@scrabbleplayers.org. Visit our website - www.scrabbleplayers.org. For puzzle inquiries contact scrgrams@gmail.com.

CITDH

GUEOG

SOLIFS

GALGEG



NON SEQUITUR by Wiley

AIG NAME 15 REGINALD

HAVE YOU FINISHED

OH, IT'S SUCH A PITEOUS WAIL HIS SOUL MUST BE SO TORMENTED...

HAVE YOU STARTED COOKING DINNER YET?

MORE

OR LESS

BLONDIE by Dean Young and John Marshall

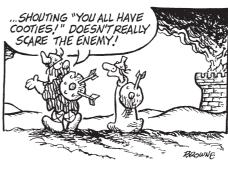




OOOHH, GOOD LARD! 15 IT TOO MUCH TO AS TO GET ONE PECENT BOTTLE OF SHIRAZ AROUND HERE?!

HAGAR THE HORRIBLE by Chris Browne





DENNIS THE MENACE by Hank Ketcham



'Now that Christmas is over, There's NOTHING LEFT EXCEPT FOR OUR BIRTHDAYS."

THE FAMILY CIRCUS by Bil Keane



"Daddy, will you make Billy's nose stop whistlin'? It's keeping me awake.'

vitamins in treatment of Alzheimer's

Dear Dr. Roach: My wife of 59 years has a number of health issues, of which the most devastating is Alzheimer's disease. This year she was selected to participate in the study of a new investigational drug. She has been receiving a monthly injection of B-12 for a number of years. During the screening process, it was determined that she has not been receiving the full benefits of the B-12 injections. It seems that she had some kind of blockage, preventing full acceptance. Her regular doctor put her on Deplin. She would be required to take this medication for the rest of her life, but because it's not covered under our medical plan and is costly, he gave her L-methylfolate Cap Forte 15. After a short amount of time, its price also became doctor then put her on SAMe,

200 mg daily. It is my under-

Jumbles: WHILE

DR. KEITH ROACH

TO YOUR GOOD HEALTH

changing other patients over to SAMe because of the cost issue. Is my wife receiving the benefits from this over-thecounter medicine, and will it provide the results intended? -A.N.

Some research suggests that dementia may be slowed by treatment with a mixture of B vitamins, especially B-12, folic acid and B-6. I am grateful to you and your wife for being part of a study so we can answer with some certainty if it really helps.

One issue that many investigators are actively researching is whether some individutions; study medications norals with different versions of a mally are provided free to pargene responsible for folic acid Deplin is the brand name of standing that he has begun L-methylfolate, an activated final point is that in people empty stomach, and it is.

form of folic acid that may with vitamin B-12 deficiency, be better for some people. Methylfolate is much more expensive than regular folic acid, which is purchasable anywhere. In most people, it probably doesn't make a large difference.

SAMe, on the other hand, has some good evidence as a supplement in people with depression, and those with osteoarthritis. Biochemically, SAMe and methylfolate are similar in that they are methyl donors. It's not unreasonable to think that it may have value in slowing dementia, but there is not enough evidence for me to recommend it.

I am confused, though, about why you and your wife are paying for these medicaticipants. I can't recommend

16

42

65

19

taking folic acid supplements (of any type) can make the B-12 deficiency critical.

The booklet on Alzheimer's disease gives a detailed preillness. Readers can obtain a copy by writing: Dr. Roach Book No. 903, 628 Virginia Dr., Orlando, FL 32803. Enclose a check or money order (no cash) for \$4.75 U.S./\$6 Can. with the recipient's printed name and address. Please

allow four weeks for delivery. DR. ROACH WRITES: I recently wrote a column on the small amount of decreased absorption of thyroid replacement hormones following food and even coffee. I had recommended waiting an hour after eating, especially if the dose of thyroid hormone were small or needed to be preciseeconomically difficult. Her metabolism, MTHFR, have these supplements outside of ly regulated. Several readers increased risk for dementia. a clinical trial, despite the fact asked whether it is safe to then led the seven of clubs. Declarer that they are very safe. One take thyroid hormone on an might have guessed what was going

Bridge by Frank Stewart

Weird bidding

Today's deal comes from an event sentation of this common in France years ago. The bidding strikes me as weird. I can accept North's 1NT as an attempt to describe his hand in a competitive auction. His two spades, after South showed a minimum with long diamonds, was inexplicable.

Against three diamonds, West led the K-A of hearts. Declarer ruffed, led a spade to dummy and returned a

trump to his jack and West's queen. West was Gerard Desrousseaux, a French expert. He could count nine winners for South: four trumps, four spades and a club. The defense needed two club tricks to prevail, so

West shifted to the jack of clubs. **BIDDING**

South played low from dummy, took his king and led the king of trumps to West's ace. Desrousseaux on from the bidding, but he played low from dummy. East took the ten and returned a club to West's ace for down one.

Maybe North was left wondering why he hadn't passed South's two diamonds.

DAILY QUESTION

You hold: ♠ A J 7 ♥ 6 ♦ K J 10 9 4 3 ♣ K 9 6. You open one diamond, your partner bids one heart, you rebid two diamonds and he

tries two spades. You bid 2NT, and partner bids three hearts. What do vou sav?

ANSWER: Partner's three hearts is forcing; his "reverse" to two spades as responder created a gameforce. You shouldn't be eager to bid 3NT with a tenuous club holding after having bid 2NT. Bid three spades to show playability in that

South dealer Both sides vulnerable

> NORTH **♦** K Q 8 2 ♥ J853

EAST ♦ 10 6 3 ♦ A Q 8 ♦ 7.5 **4** 10 8 3 2

> SOUTH ♠AJ7 ♥ 6 ♦ KJ10943

North 1 NT South West East Dbl Pass Pass Pass 3 ◊ All Pass

Opening lead — ♥ K

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The Daily Crossword Edited by Wayne Robert Williams

15

23

- 1 Dinger or drum
- starter Unnecessary extra Bring to an end
- 14 NASA's ISS partner Veranda
- Started again from scratch
- 17 Non-member sympathizers
- 20 Private teacher
- 21 Rowed
- 22 Top suit 24 Art of pace 29 Power
- 33 Barbershop quartet member
- Expression of disgust
- 37 White-collar worker? 39 Plumlike fruit
- French author of 40 'The Necklace"
- 43 Kudrow or Alther If vou're lucky 44
- 45 Word from a pro? 46 False gods
- Selling points 48 One of the Finger 50
- Lakes Bed linen
- 56 Milo of "The Verdict"
- 60 Eurasian primrose
- 2000 Ashton 61 Kutcher movie
- Hi, Don Ho
- Computer post

OTARU

C A B M E N

KAI

EBECS

RAG

M M L I

P A L S

RO

N|Y|C

- Lyricist Gershwin Yesterday's Puzzle Solved
- Visit: ADailyCrossword.com 69 "__ of Iwo Jima" 70 Coty and Auberjonois

ETTE

TOON

E T C H

SONDE

S A S S Y

| | | C | H | O | R | S

L P G A

A L I T

S|U|E|Y H|E|P

0 L I 0

BIEN

M R B A S E B A L L

ORTSEAGLET

B|E|S|T|B|A|L|L

BURG

OMEN

GADS

|A|D|D|L|E|B|A|L|L

B L O C

H|A|I|R|B|A|L|L

62 63

- - **DOWN**
 - Judges weight by lifting

71 Period of light

- 2 Deplete Mediterranean island nation
- South Carolina city 5 Cold and wet Sondheim's "
- Woods" Tomb raider Croft Tall tale teller
- Believe in 10 Sushi delicacy Last of a lemon?
- Paul McCartney's title Company founded by H.Ross Perot
- Prospector's strike Doggie doc Actress Diamond Untidy state
- Dental filling Opposite of everybody

28 Garbo of films 30 Gaucho's rope 12/29

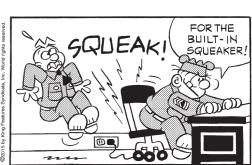
68

- 31 Digs for food 32 Holy cow! Citrus fruits
- 35 Show the way to 36 Green tea 38 Private Eye
- projects Roy Rogers' wife
- One of the U.S. 42
- Virgin Islands 47 Nasty looks 49 Lolita-ish Silver-gray color 51
- 53 Spanish national hero Crownlet 55 Spindrift
- Listen to Perry's penner Long period of time Some French?
- Ms. Thurman Dapper fellow End of Ramadan That woman

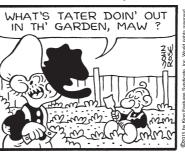
Scrabble Solution

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|---|-------------------------------|----------|---------------------|--|--|--|--|--|--|
| | 222 | JATOT | PAR SCORE 155-165 | | | | | | |
| | £7 | BACK 4 = | A1 F4 F4 B3 L1 E | | | | | | |
| | 92 | EACK 3 = | B3 A1 Y S1 I1 D2 E1 | | | | | | |
| | 11 | BACK 2 = | B³ O¹ N° I¹ N¹ E¹ | | | | | | |
| | 79 | BACK 1 = | LA A B B A D A | | | | | | |
| | WOLTUDOR SPAND GRAMS SOLUTION | | | | | | | | |





SNUFFY SMITH by Fred Lasswell





Conceptis Sudoku

| | 4 | | | | 3 | | 1 | |
|---|---|-------------|---|---|---|-------|---|---|
| 7 | | | | | | | | 9 |
| | | | 9 | 4 | 7 | | | |
| 6 | | 5 | 1 | | 4 | 9 | | |
| | | 5 3 7 | | | | 9 2 5 | | |
| | | 7 | 6 | | 9 | 5 | | 3 |
| | | | 4 | 9 | 5 | | | |
| 8 | | | | | | | | 4 |
| | 6 | | 8 | | | | 2 | |

Difficulty Level ★★

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

Yesterday's Puzzle Solved

| rootorday or desired | | | | | | | | | |
|-------------------------|---|---|---|---|---|---|---|---|--|
| 4 | 7 | 8 | 1 | 5 | 2 | 6 | 3 | 9 | |
| 2 | 6 | 5 | 3 | 9 | 4 | 1 | 7 | 8 | |
| 3 | 1 | 9 | 6 | 8 | 7 | 2 | 4 | 5 | |
| 1 | 9 | 2 | 5 | 7 | 6 | 3 | 8 | 4 | |
| 8 | 5 | 4 | 2 | 3 | 1 | 7 | 9 | 6 | |
| 7 | 3 | 6 | 9 | 4 | 8 | 5 | 1 | 2 | |
| 5 | 4 | 1 | 8 | 6 | 3 | 9 | 2 | 7 | |
| 9 | 8 | 3 | 7 | 2 | 5 | 4 | 6 | 1 | |
| 6 | 2 | 7 | 4 | 1 | 9 | 8 | 5 | 3 | |
| Difficulty Level ★ 12/2 | | | | | | | | | |

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