points of each word, using scoring directions at right. Finally, 7-letter words get 50 point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE Players Dictionary, 5th Edition.

Answer below

For more information on tournaments and clubs, email NASPA - North American SCRABBLE Players Association info@scrabbleplayers.org. Visit our website - www.scrabbleplayers.org. For puzzle inquiries contact scrgrams@gmail.com.

one letter to each square, to form four ordinary word **CLEEX** 

**TAPRA** 

LICCIN

TONKYT

Print answer here:

Jumbles: DITCH

THAT SCRAMBLED WORD GAME

THE DOCTOR WOULD

EVENTUALLY FEEL AT IN THE NEW TOWN, IF HE HAD

GOUGE FOSSIL

man didn't have the - FOGGIFST IDFA

Answer: Asked if there'd be morning mist, the weather-

ENOUGH Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon

HI & LOIS by Chance Browne



**BLONDIE** by Dean Young and John Marshall



NON SEQUITUR by Wiley

HMM.

OPENED ALL MY
BOTTLES
OF WINE?



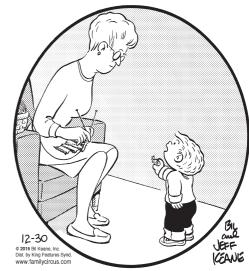


THE FAMILY CIRCUS by Bil Keane

LIKE A CATERPILLAR!

"I LIKE YOUR MOUSTACHE! IT LOOKS

**DENNIS THE MENACE** by Hank Ketcham



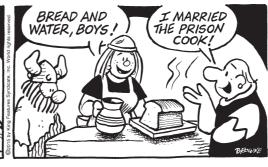
"I'd give you this but I don't know if grandmas are allowed to chew bubble gum.'





HAGAR THE HORRIBLE by Chris Browne





# Info on primary sclerosing cholangitis

Dear Dr. Roach: I am a 58year-old male. Two years ago, after a routine physical, my bloodwork came back abnormal for liver function, especially the alkaline phosphatase. Prior to this, my bloodwork numbers were normal. Since then, I have had liver ultrasounds, an MRI and even a liver biopsy. They showed some slight inflammation of the liver but nothing major; it just seems the bloodwork numbers are off. I'm 5 feet, 9 inches tall and weigh 175 pounds. I'm still very active and in good health except for this liver function number. I do have ulcerative colitis, and I'm taking Lialda. My doctor thinks I have primary sclerosing cholangitis, and I'm currently taking ursodiol (Actigall). She does not really know if PSC is what I have, but feels we need to try this. I have never been a be appropriate to get your MRI screening, although the best heavy drinker, and in the past

DR. KEITH ROACH TO YOUR GOOD HEALTH

GAGGLE

stopped drinking for a couple

of months, but it made no difference in my test results. I get a full metabolic blood panel every six to eight weeks, but the numbers don't change much. What can I do? — L.S.

Primary sclerosing cholangitis is a chronic, progressive, inflammatory disease of the liver. It is strongly associated with inflammatory bowel disease, especially ulcerative colitis, and it is more common in men. The diagnosis usually is made by cholangiogram, which is most often done now via MRI. Liver biopsy is sometimes also necessary. I am concerned that your doctor isn't sure of the diagnosis. It might and liver biopsy reviewed by two years I've cut back even an expert, since this is a very more on my beer drinking. I serious diagnosis and there tional resources and support

may be confused with.

PSC typically progresses over 10 to 12 years to severe liver disease, and when the liver disease becomes serious, liver transplantation becomes the best treatment option. Although some treatments, especially ursodeoxycholic acid (Actigall) are commonly tried and might reduce the abnormal blood levels, there is no clear evidence that they slow down the progression of the disease. Alcohol may speed up progression, so I would recommend complete

cessation. One additional point is that there are some complications that may occur with PSC, the most worrisome of which is cholangiocarcinoma (cancer of the bile duct). Many experts in PSC recommend periodic method for this is not clear.

There are many educa-

16

22

36

48

63

12/30

are other conditions that PSC groups for PSC. One is found at www.pscpartners.org.

READERS: The booklet on macular degeneration explains this common eye ailment. Readers can order a copy by writing: Dr. Roach Book No. 701, 628 Virginia Dr., Orlando, FL 32803. Enclose a check or money order (no cash) for \$4.75 U.S./\$6 Can. with the recipient's printed name and address. Please allow four weeks for delivery.

Dr. Roach regrets that he is unable to answer individual letters, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med. cornell.edu or request an order form of available health newsletters at 628 Virginia Dr., Orlando, FL 32803. Health newsletters may be ordered from www. rbmamall.com.

### **Bridge** by Frank Stewart

# Available tricks

I found Cy the Cynic in the club lounge, writing an alimony check. "Just out of curiosity," I asked,

'did you wed in church or did you elope?"
"I got married to no a-veil," Cy

When Cy was declarer at today's

four spades, his play availed nothing. West led a trump, and Cy won and gave up a club. He won East's trump return and led a second club, but West took the ace and led a third trump, removing dummy's last trump.

The Cynic couldn't ruff his last club in dummy, so he cashed the A-K of diamonds and ruffed a diamond, hoping for a 3-3 break. It wasn't to be, and Cy lost a heart and a club and went down.

## SECOND TRICK

Ten tricks were avail-able, but not as Cy operated. His best chance is to lead a diamond at Trick Two and play low from dummy, in effect getting an extra dummy entry.

If East wins and shifts to a heart, Scrabble Solution Cy takes the king, draws trumps, cashes the top diamonds and ruffs a diamond. He can go to the ace of hearts to take the good fifth diamond.

## DAILY QUESTION

You hold: ♠ 5 4 2 ♡ A 5 3 our partner spond two

diamonds and he bids two hearts. What do you say?

ANSWER: You must commit to game. In "Standard" methods, a bid of two spades would suggest a minimum two-over-one response, so you must jump to three spades, forcing. In a style where your two diamonds was forcing to game, you could bid two spades now. That style has disadvantages as well as advantages

South dealer Both sides vulnerable

> **NORTH ♠** 542 7 A 5 3 ♦ A K 5 4 3 ♣ J 10

WEST **EAST** ♥ J 1094 **9087** ♦ Q 10 9 8

> **SOUTH** AKQJ9 ♥ K 6 2 **♦ 62 4** 7 6 4

♣KQ532

South West North East Pass All Pass Pass

Opening lead — ♠ 8

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# The Daily Crossword Edited by Wayne Robert Williams

40

60 61 15

18

42

56

- 1 Adjusts to fit
- Average score 10 Fine powder
- 14 Flower that reeks
- Long span of time 15 16 Abu Dhabi ruler
- 17 Los \_\_\_, NM 18 Available for leasing
- 20 Start of a quote by
- Clint Eastwood 22 High RRs
- 23 You betcha!
- 24 Horse morsel
- 25 Wetlands wader 27 Part of NRC
- Wound aftereffect 30 32 Late starter?
- 33 Hitch
- 35 With hands on hips 39 Tree house?
- 41 Part 2 of quote
- Ancient temple 44 Landed property
- 46 Change for a five
- 48 King of France 49 "Orphans of the Storm" star
- 51 Old-time underwear 53 Center
- 56 Pindaric effort Apply bread to 58
- gravy Opposite of WSW 59
- 60 End of quote
- Coffin Mott 65
- Prayer book

S|P|A|D|E|S

S|E|N|E|C|A

E M A I L

68 Run out of steam

LANAI

CLERIC

|D|O|L|S | A|S|S|E|T|S

O S H E A

G|U|Y|D|E|M|A|U|P|A|S|S|A|N|T

ATBEST

DUDEWHERESMYCAR

ALOHA

- Yesterday's Puzzle Solved
- 69 Snakelike fish 70 Apprehensive

Visit: ADailyCrossword.com

- 71 Charon's river

- F | R | I | L | L CEASE REDID

SLOE

SHEET

O X

YEA

I R A

DAY

FELLOWTRAVELERS expense Beat with one's fists 5 Acting companies |T|||M|||N|G 6 Give lip |E|N|E|R|G|Y| | T|E|N|O|R

**DOWN** 

- Anorak 8 Go-betweens Las Vegas
- competition 10 Earl Grey or oolong 11 Traffic light color
- 12 French textile center 13 Aquafresh alternative

Doubtfire"

1 Sistine Chapel

3 Regardless of

ceiling figure

2 Carnegie or Murphy

Make minute adjustments The Pentateuch 26 Toothy smile 27 September's

number

73 Fight, in Dogpatch 29

62

70

Feeds the kitty Proofreading symbol Logical or physical

28 Wields

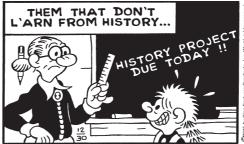
- starter? 36 Tuliplike lilies Benefit 37 38 Medical suffix
- Labels 40
- Map within a 42 map
- Epithet Provencal verse 50 More cozy
- Indigenous Canadian 55 Condemn
- Gauges 57 61 News fact 62 Siberian river 63 Sports grp.
- Roy Rogers at

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	519	JATOT	PAR SCORE 145-155						
	19	EACK 4 =	O B S C E N E						
	69	EACK 3 =	C3 A1 L1 L1 O1 U1 S1						
	91	BACK 2 =	B E 다 이 W ©						
	178	BACK 1 =	P3 L1 A1 Y2 B3 O1 Y4						
		NOULDING	CINIANU UNAND JAMAYEN						

1/8	SCHUDIOS ERRAND GRAMS SOLUTION				♦ A K 5 4 3 ♣ J 10. You opens one spade, you res				
BEE	ETLE	BAI	<b>LEY</b> by	Мо	rt W	alker			
T (	CAN'T PE YO TTER	OUR	عل			AOLŠ MHA		orld rights reserved.	



**SNUFFY SMITH** by Fred Lasswell





## Conceptis Sudoku

3 9 3 1 6 8 9 1 7 4 8 1 6 1 2 4 7 9 7 9 3 4 9 1 6 5

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

# Yesterday's Puzzle Solved

2	4	9	5	8	3	6	1	7
7	3	8	2	1	6	4	5	9
5	1	6	9	4	7	8	3	2
6	2	5	1	3	4	9	7	8
4	9	3	7	5	8	2	6	1
1	8	7	6	2	9	5	4	3
3	7	2	4	9	5	1	8	6
8	5	1	3	6	2	7	9	4
9	6	4	8	7	1	3	2	5
Difficulty Level ★★								

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States of balance Runs in the heat 66 Mystery writer Stout

Difficulty Level ★★★