

SCRABBLE®

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O

O

O

K

L

G

B

Triple Word Score

A

O

O

N

R

C

N

1st Letter Double

A

I

I

M

M

C

N

A

A

R

D

M

L

L

PAR SCORE 145-155

BEST SCORE 226

DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE® Players Dictionary, 5th Edition.

For more information on tournaments and clubs, email NASPA - North American SCRABBLE® Players Association info@scrabbleplayers.org. Visit our website - www.scrabbleplayers.org. For puzzle inquiries contact scrags@gmail.com.

FOUR RACK TOTAL

TIME LIMIT: 20 MIN

10-30

NON SEQUITUR by Wiley

SURE, IT'S A LITTLE PRICEY FOR WHAT IT IS, BUT WORTH EVERY PENNY

YOUTH REVIVAL THERAPY \$10 PER SESSION

WHADYA THINK OF THIS NO-GENDER LABELING?

I'M TOO FOCUSED ON FINISHING THE DILLMAN REPORT TO THINK ABOUT STUFF LIKE THAT

ATTA PERSON!!

10-30

BLONDIE by Dean Young and John Marshall

WHY DON'T YOU GO OVER AND INTRODUCE YOURSELF?

BECAUSE I'LL GET ALL WEAK IN THE KNEES.

HOW IS THAT GOING TO HELP YOU MEET GIRLS?

10-30

HAGAR THE HORRIBLE by Chris Browne

DIRT FLOORS ARE NO FUN!

REMEMBER WHEN THE HOUSE FLOODED AND WE ENDED UP MUD WRESTLING ON THE FLOOR?

YOU CAN'T SAY THAT WASN'T FUN!

10-30

DENNIS THE MENACE by Hank Ketcham

MY MOM IS GONNA MAKE PUMPKIN PIE OUT OF HIS BRAINS.

10-30

JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

PRUUS

POLEE

NYKODE

ATUPIO

Answer here: (Answers tomorrow)

Yesterday's

Jumbles: OOMPH DOILY SICKLY BESIDE

Answer: The library was having a series of authors speak and was — BOOKED SOLID

THE FAMILY CIRCUS by Bil Keane

HOW 'BOUT WE GO OUT TO A FEW HOUSES TONIGHT JUST TO GET SOME PRACTICE?

10-30

Consult is reasonable for gastric ulcers

Dear Dr. Roach: I am a 64-year-old female who has a longstanding history of gastric ulcers verified by eight endoscopies. The most recent gastroenterologist told me that he believes they are chronic and that I should have stomach surgery to cut out the part of the stomach where the ulcer is. I was thinking about having a surgical consult, but none of the surgeons I have contacted has expertise in this area. What do you think? — *S.L.*

Stomach ulcers once were thought to be caused by stress, but that thinking was upended when scientists in Australia discovered bacteria inside stomach ulcers and one physician inoculated himself with a bacterial culture, causing ulcers. These were then cured with antibiotics and bismuth salts. It is now thought that most ulcers are caused by infection from these bacteria,

DR. KEITH ROACH
TO YOUR GOOD HEALTH

called *Helicobacter pylori*. With eight endoscopies, you should have had a biopsy to look for this infection, but it also can be diagnosed with stool or breath tests. Another cause of ulcers is the use of nonsteroidal anti-inflammatory drugs, such as naproxen or ibuprofen. However, my concern is that if you never had *H. pylori* and you don't take regular NSAIDs, the ulcer could be caused by abnormal growth, either precancerous or cancerous. I suspect your most recent gastroenterologist is worried about this possibility as well. A persistent ulcer with no clear cause is highly worrisome, and surgical intervention is worth considering. I would start by looking at the website of a teaching hospital near you, and find a sur-

geon with expertise in stomach cancer. An expert in stomach cancer surgery would be a good choice to provide you with a surgical opinion.

Dear Dr. Roach: I saw that the U.S. Preventive Services Task Force recommends aspirin to prevent colon cancer. Should everyone be taking an aspirin a day? — *D.L.G.*

In September 2015, the Task Force issued a draft recommendation statement that adults ages 50-69 should consider low-dose aspirin (such as an 81-mg tablet daily or 325 mg every other day) in order to prevent both heart disease and colon cancer for those who have a 10 percent or greater risk for heart disease (a calculator is available at cvdrisk.nhlbi.nih.gov).

The studies on aspirin for the prevention of heart disease have had conflicting results, with several new

studies unable to confirm the benefit seen in older studies. Also, aspirin can cause bleeding, especially of the stomach, and this bleeding can rarely be serious, even life-threatening. For these reasons, some experts have disagreed with the Task Force. In fact, the draft recommendations specifically exclude people who have an increased risk of bleeding, since the risk of aspirin is too high in that group. On the other hand, studies have been consistent that men and women who take low-dose aspirin have lower risk of developing colon cancer, which would provide an additional benefit to taking aspirin. Since the balance of risks and benefits is so highly dependent on individual factors for heart disease, colon cancer and bleeding, only your own medical provider can work with you to make a decision about whether aspirin is right for you.

Bridge

by Frank Stewart

Louie's debt service

The first of another month was nigh, so I wasn't surprised — only chagrined — when Unlucky Louie came to me with his usual plea. "I need a loan," he said. "You don't have enough money to get you through the end of the month?" "The problem," Louie shrugged, "is too much month left at the end of my money." If Louie cut his losses in his penny game, he wouldn't need a loan. When he was declarer at today's slam, West led a diamond, and Louie won, drew trumps and tried a spade finesse with the queen. West won and exited with a spade. Louie then led a diamond to dummy and finessed in clubs. Down one.

LOSING

"Two losing finesses," Louie grumbled.

How would you play the slam? Louie should finesse in clubs first. West wins and leads another diamond to dummy. Louie then takes the ace of clubs, leads a trump to dummy and ruffs a club. When West's jack appears, dummy's ten is high for the 12th trick. If the jack didn't fall, Louie could finesse in spades.

South dealer

Both sides vulnerable

NORTH

♠ 9 7

♥ K 10 8 2

♦ A K 4

♣ 10 7 6 2

WEST

♠ K 8 6 5 2

♥ 5

♦ J 9 6 2

♣ K J 4

EAST

♠ J 10 4 3

♥ 3

♦ Q 10 7 3

♣ 9 8 5 3

SOUTH

♠ A Q

♥ A Q J 9 7 6 4

♦ 8 5

♣ A Q

South

1 ♥

6 ♥

West

Pass

All Pass

North

3 ♥

East

Pass

Opening lead — ♦ 2

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The Daily Crossword

Edited by Wayne Robert Williams

ACROSS

- Large amorphous quantities
- For one
- Band of hoods
- One Baldwin brother
- No-good-nik
- "Starpeace" artist Yoko
- Italian dinosaurs of Argentina?
- Old horse
- Beseches
- Sardonic style
- In existence
- Pinkish purple
- Pennant on a trumpet
- To a certain degree
- Rickman and Arkin
- Equine footfalls
- DH's stat
- Charlie Parker's nickname
- Narrow cuts
- Castle's defense
- Hawaiian handout
- Pelts
- Deadly African snake
- Making into law
- Seoul man
- Lift a glass
- Fetch
- B in chemistry
- Even more spooky
- ___ Baba

Visit: ADailyCrossword.com

10/30

D	A	W	N	E	R	N	O	E	B	E	R	T		
E	R	I	E	A	R	A	B	T	R	A	S	H		
B	E	L	L	S	H	A	P	E	D	C	U	R	V	E
T	A	Y	L	O	R	E	S	A	I	S	P	Y		
				R	A	N	E	R	G	S				
E	M	P	A	T	H	I	C	R	U	E	F	U	L	
M	O	O	R	C	A	R	O	L	A	R	E			
B	O	O	K	O	F	K	N	O	W	L	E	D	G	E
E	S	P		R	I	S	E	S		N	E	E	R	
R	E	S	T	E	D	R	I	B	A	L	D	R	Y	
				R	O	D	S	E	E	L				
A	R	I	A	L	A	S		N	O	S	H	E	D	
C	A	N	D	L	E	I	N	T	H	E	W	I	N	D
E	M	C	E	E	L	I	E	U		A	L	D	A	
S	P	A	R	E		S	P	A	R		N	O	S	Y

DOWN

- Yawn
- Lena of "Chocolat"
- Better than better
- Aftereffect
- On a plane
- Adhesive mixture
- Cantor and Lupino
- Ostrich cousin
- Coupe or sedan
- Stores in a silo
- Italian black-and-white image?
- Son of Judah
- Hobgoblin
- Closes in
- Unrefined
- Plunders
- Rascals
- Hold for later action
- Earth visitor

- At the peak of
- Distress signal
- Get back into business
- Soft throw
- Italian obesity treatment?
- Common conjunction
- Hurl
- Addis ___, Ethiopia
- Colossus
- Actor Eastwood
- Alpine transport
- Deface
- Actor Lionel
- Sacred song sung a capella
- Talk baby talk
- Wynn of "Dr. Strangelove"
- Shred
- Flying mammals
- Miscellany
- English gent
- Fuel from a bog
- Grooving on
- Baseball's Slaughter
- Sounds at seances
- Temper
- B'way theater sign

Scrabble Solution

PAR SCORE 145-155
TOTAL 22
RACK 4 = 60
RACK 3 = 63
RACK 2 = 11
RACK 1 = 92

BEETLE BAILEY by Mort Walker

SNUFFY SMITH by Fred Lasswell

Conceptis Sudoku

7				9			4
	4			5		2	
		2	6		8		
2					6		
	5			6		8	
		4			6	3	
	9			1		6	
5			4				7

Difficulty Level ★★★★★

Yesterday's Puzzle Solved

3	1	6	9	4	5	7	2	8
2	4	7	8	1	6	5	3	9
5	6	5	3	7	2	4	1	6
9	8	9	7	2	4	3	8	1
7	2	1	5	3	8	6	9	4
8	3	4	6	9	1	2	5	7
1	5	3	4	6	9	8	7	2
6	7	2	1	8	3	9	4	5
4	9	8	2	5	7	1	6	3

Difficulty Level ★★★

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