

SCRABBLE®

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RACK 1

RACK 2

RACK 3

RACK 4

PAR SCORE 140-150

BEST SCORE 207

FOUR RACK TOTAL

TIME LIMIT: 20 MIN

DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE® Players Dictionary, 5th Edition.

Answer below

For more information on tournaments and clubs, email NASPA - North American SCRABBLE Players Association info@scrabbleplayers.org. Visit our website - www.scrabbleplayers.org. For puzzle inquiries contact scrags@gmail.com.

11-05

NON SEQUITUR by Wiley

60 WAAT'S THIS ALL ABOUT, LITTLE GIRL?

PROVIDING REPORTS TO SUPPORT WAAT YOU WANT TO HEAR, MA'AM

OH...YOU MEAN JUNK SCIENCE TO VALIDATE BOGUS CLAIMS FOR DELUSIONAL PEOPLE WHO WON'T ADMIT BEING WRONG?

UM...I CALL IT "TAILORED FACTS"

1 SEE...

GOT ANYTHING TO PROVE THE HEALTH BENEFITS OF EATING A BOX OF CHOCOLATES EVERY DAY?

ONE OF OUR BEST SELLERS!

BLONDIE by Dean Young and John Marshall

MR. BUMSTEAD, I WAS SENT OVER FROM A TEMP AGENCY FOR THE DAY. DO YOU NEED ANY HELP WITH ANYTHING?

ACTUALLY, I DO HAVE A COUPLE OF THINGS

OK, FINE, BUT FIRST, WHERE'S THE BREAK ROOM?

MARLENE, WHERE'S BUMSTEAD?

HE'S SHOWING THE NEW TEMP AROUND THE OFFICE

HI & LOIS by Chance Browne

REMEMBER OUR DATES WHEN WE WOULD JUST GRAB A BOTTLE OF WINE AND WALK ON THE BEACH?

TOO BAD WE'RE NOT NEAR A BEACH.

THAT'S A DEEP WOUND!

I'LL HAVE TO SEW IT UP!

NO! I'M PUTTING YOU TO SLEEP FIRST!

SO I'LL FEEL NO PAIN?

YOU MAY WAKE UP WITH A HEADACHE!

DENNIS THE MENACE by Hank Ketcham

"WELL, THAT WAS THE WORST MOVIE EVER! WHEN THEY WEREN'T SINGING, THEY WERE KISSING!"

THE FAMILY CIRCUS by Bil Keane

"I wish a bird would sing a song I actually know sometime."

JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

SUDOE

LOFDO

RIDFAT

QICATU

Check out the new, free JUST JUMBLE app

THE VIOLINIST WENT TO THE DOCTOR BECAUSE HE WASN'T

Yesterday's Jumbles: HAVOC GRIEF RATHER THIRST

Answer: The fancy new weather balloon was — HIGH-TECH

Strontium supplements are not tested

Dear Dr. Roach: I just started taking strontium for my bones. I have osteoporosis. Will strontium help improve my bone density? — L.S.

Yes, strontium will increase your bone density; a better question is whether strontium will reduce your likelihood of getting a fracture, and that answer probably is yes.

However, the best question is whether the risks outweigh the benefits, and that answer is a bit unclear.

Strontium is a heavy and dense element, but it is treated like calcium by your body, and is placed into your bones.

That makes the bone density appear greater by the standard DEXA test, and the rising bone density does not correlate with the degree of fracture reduction.

Longer studies in Europe did show that strontium reduced the risk of vertebral fractures; however, a

DR. KEITH ROACH TO YOUR GOOD HEALTH

European Medicines Agency (similar to the U.S. Food and Drug Administration) committee recommended against the use of strontium ranelate (which is not available in the United States) unless there are no other approved medicines that can be used, and that it should not be used in people with a history of heart attack, angina or stroke. This is because some data showed increased risk of heart disease and blood clots.

Strontium can be purchased in the U.S. as a supplement; however, it is not strontium ranelate; has not been tested for safety and efficacy; and its risks on the heart and on blood clotting are unknown.

Most supplements sold in the U.S. are not independently tested for purity. I recommend

against taking strontium supplements.

Dear Dr. Roach: My husband starts radiation treatment next week for stage one cancer on his vocal chord. Does radiation negatively affect the immune system the same way chemotherapy does?

Should I be looking out for people who don't vaccinate? — H.T.

Radiation can affect the immune system when it is given to large areas of the body, since the immune system cells are largely sensitive to radiation. Whole-body radiation rarely is used now, except in people planning for bone-marrow transplant.

By contrast, localized radiation does not adversely affect the immune system to anywhere near the degree that chemotherapy can, since the bone marrow, where the

immune system cells live, is diffuse throughout the large bones of the body.

As far as avoiding unvaccinated individuals, people who are unvaccinated and who are healthy do not pose a risk. It is in an outbreak of vaccine-preventable disease (there have been localized outbreaks of measles and mumps in the past year, and there are seasonal outbreaks of influenza) that unvaccinated people are much more likely to be infectious.

So anyone with immune system disease (such as chemotherapy or whole-body radiation) should avoid people with potentially infectious illness. Caregivers of people with severe immune disease certainly should be immunized according to current guidelines. Even elderly people whose caregivers are immunized for flu get flu less than those whose caregivers are not.

Bridge

by Frank Stewart

Forgive and remember

"Women say they can forgive and forget," Cy the Cynic grumbled to me. "The problem is that they don't forget what they forgive."

"Wendy is still on your case?" I asked.

Cy, a chauvinist, and Wendy, my club's feminist, are always at odds.

"We were partners in this deal," Cy said, "and I led a heart against 2NT. Wendy took the king and returned a heart, and I ran the hearts. Dummy pitched a diamond and a spade, and Wendy threw three diamonds; she couldn't afford a spade or a club."

opponents pass. What do you say?

ANSWER: In today's deal, South's 1NT was forcing. This treatment is part of a system in which a two-over-one response is forcing to game. North had to bid again and was obliged to try two clubs, pretending he had a four-card suit. In "Standard" methods, where 1NT is not forcing, North's correct action would be to pass.

North dealer
Both sides vulnerable

SPADE DISCARD

"When I led the king of diamonds next, Wendy grimaced and threw a spade. South won and ran the spades to make his contract, and Wendy savaged me. She said I'd done the same thing three years ago, she'd forgiven me, and now I'd done it to her again."

Cy arranged for Wendy to be squeezed. At Trick Three Cy should lead the king of diamonds. If South takes the ace, he can cash only six more tricks, and the defense has the rest. If instead South ducks, Cy runs the hearts for down one.

NORTH
♠ A K 7 6 5
♥ 7 3 2
♦ 8 3
♣ A K 7

WEST
♠ 10 3
♥ A J 8 6 4
♦ K Q 7 4
♣ J 4

EAST
♠ J 9 8 2
♥ K 5
♦ 10 9 2
♣ 10 9 5 2

SOUTH
♠ Q 4
♥ Q 10 9
♦ A J 6 5
♣ Q 8 6 3

North 1 ♠
East Pass
South 1 NT(!)
West Pass

Opening lead — ♥ 6
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The Daily Crossword Edited by Wayne Robert Williams

ACROSS

- Unit of capacitance
- Savings of the self-employed
- Some Wharton debs.
- Substitute for soap
- Capital of the Maldives
- Gulf of the Ionian Sea
- Famous final Passover
- Relate
- Acupressure massage
- La ___ Tar Pits
- Wind dir.
- Finery
- CIA's Soviet counterpart
- Mush ingredient
- To and
- Chewy candy
- Framed glass
- Ate starter?
- Leap on the ice
- Ringtails
- Publishing #
- Actress Peeples
- By way of, briefly
- Cosmetician
- Lauder
- Boxing stats
- Worker's tote
- Invoice abbr.
- Store of weapons
- RKO competitor
- "___ the Explorer"
- Curtain

1 2 3 4 5 6 7 8 9 10 11 12 13

14 15 16

17 18 19

20 21 22

23 24 25 26 27 28 29

30 31

32 33 34 35 36

37 38 39 40

41 42 43

44 45 46 47

48 49 50 51 52

53 54 55 56

57 58 59 60 61

62 63 64

65 66 67

Visit: ADailyCrossword.com

11/6

- McGregor of "Trainspotting"
- Mess in the U.K.

- Irish lad
- Perry's penner
- Steps element
- One of the Trumans
- Playlet
- Scythe handle
- Be inclined?
- Bird that eats feathers
- Wafted
- Org. of Argonauts
- Five-line Japanese poem
- Self-evident principle
- Saintly celebrations
- Pantomime game
- Assns.
- Sort of: suff.
- Lift up the ski slope
- Cream-filled pastries
- Nobel Prize winner of 1928
- Fragrant ointment
- Octans neighbor
- Hail
- Magi gift
- Yoko's family
- Nabokov novel
- Back flow
- Down time
- Scot. islands
- The: lt.

DOWN

- Not so
- Indian nursemaids
- Comic/actress
- O'Donnell
- Canadian prov.
- Ruin
- Challenge in argument
- Eminem's musical genre
- Pub choice
- Belgrade populace
- Perfect match
- Tiffany date?
- City in GA
- Mineo of movies
- Friendly lead-in
- Last breath
- Sealed sterile container

Yesterday's Puzzle Solved

G O D S P B S P A C E R S

H U A C A A A R O A D I E

I T S A L L G R E E K T O M E

C A T E N A S M U D

A F R A L L B Y M Y S E L F

C R O S S E Y E E E L I E R

H E M O S T E O L G A

E S P A N A T R A M P E R S

T H E K I N G A N D I E E E

G A L S A N I U M A

E G O C E N T R I C I T I E S

T R U A N T A R E E L L E

S A D D L E S A D S L O W

11-5

Scrabble Solution

PAR SCORE 140-150

BEST SCORE 207

RACK 4 = 9

RACK 3 = 60

RACK 2 = 80

RACK 1 = 58

BRAND GRAMS SOLUTION

BEETLE BAILEY by Mort Walker

YOU HAVE A DATE, ZERO?

IS SHE PRETTY?

SHE'S BEAUTIFUL!

SNUFFY SMITH by Fred Lasswell

HOW YA DOIN', GRAMPY?

GRANNY AIN'T SPEAKIN' TIME-- WHEN SHE'S MAD, SHE COOKS !!

Conceptis Sudoku

9 5 2 8

4 1 2 9

6 2

5 1

2 1 8 3

3 4 6 7

Difficulty Level ★★★★★

11/06

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

Yesterday's Puzzle Solved

9 1 8 5 7 2 4 6 3

6 5 7 3 4 8 9 1 2

4 3 2 6 9 1 5 7 8

7 6 5 2 8 4 1 3 9

1 8 9 7 3 6 2 5 4

2 4 3 1 5 9 6 8 7

3 7 1 9 2 5 8 4 6

8 2 6 4 1 3 7 9 5

5 9 4 8 6 7 3 2 1

Difficulty Level ★★★

11/05