

SCRAMBLEGRAMS

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A1E1O1U1Y4M3N1

E1E1E1D2G2L1P3

A1I1C3T1N1S1R1

E1O1U1H4L1M3D2

RACK 1

RACK 2

RACK 3

RACK 4

2nd Letter Triple

Double Word Score

PAR SCORE 145-155

BEST SCORE 209

FOUR RACK TOTAL

TIME LIMIT: 20 MIN

DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE® Players Dictionary, 5th Edition.

Answer below

For more information on tournaments and clubs, email NASPA - North American SCRABBLE Players Association info@scrabbleplayers.org. Visit our website - www.scrabbleplayers.org. For puzzle inquiries contact scrgrams@gmail.com.

09-24

NON SEQUITUR by Wiley

NURTURE VS. NATURE

VEGELICIOUS

GOOD NUTRITION CAFE

OUT OF BUSINESS

FRIED CRAPOLA

ALL FAT, ALL DAY

9-24

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HAS DADDY REALLY SET RECORDS FOR BEING ON HOLD?

YES! ONE TIME HE WAITED FOR 2 HOURS, 38 MINUTES, AND 23 SECONDS!

BUT IT'S SO ANNOYING! WHY DOES HE DO IT?

BECAUSE YOUR DAD IS SO DARN COMPETITIVE!

DOES "HOLD TIME" COUNT WHEN HE'S NAPPING?

I GUESS...

SKNXX

PLEEZ, STAY ON THE LINE-YOUR CALL IS VERY IMPORTANT TO US...

9-24

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BLONDIE by Dean Young and John Marshall

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HI & LOIS by Chance Browne

THEY LOST.

DID YOUR TEAM WIN?

NAH, IT'S JUST A GAME.

ARE YOU SAD?

WHY IS MR. THURSTON CRYING?

A BET MAKES IT MORE THAN A GAME.

9-24

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HAGAR THE HORRIBLE by Chris Browne

THERE WILL SOON BE A CHILL IN THE AIR!

YES! I LOVE AUTUMN!

I WAS TALKING ABOUT YOUR MOTHER'S UPCOMING VISIT!

9-24

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DENNIS THE MENACE by Hank Ketcham

9-24

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THE FAMILY CIRCUS by Bil Keane

9-24

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JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

ARRLU

YONAN

LERYME

MMOOCN

Check out the new, free JUST JUMBLE app

9-24

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THAT SCRAMBLED WORD GAME by David L. Hoyt and Jeff Knurek

BEST BUILT IN TOWN!

People just can't get enough of these.

I'll keep them coming!

Two on sesame buns, please.

AFTER PUTTING SESAME SEEDS ON HAMBURGER BUNS, HIS BUSINESS WAS —

9-24

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Thumb-sucking; new LDL reducer info

Q: My 3-year-old won't stop sucking his thumb. I'm concerned about all the germs he puts in his mouth and that he'll get buck teeth. How can I get him to stop? — *Kendra K., Miami*

DOCTORS OZ AND ROIZEN

the hygiene hypothesis: the theory that our oversanitized world deprives our immune system of exposure to a wide range of infectious agents, resulting in an increase in the incidence of autoimmune and allergic diseases.

So don't worry too much about your toddler's thumb-sucking. And don't think you have to douse the house — and him — with antibacterial products. That's not good for the environment or your child. Soap and water will do.

Q: I don't like taking the statin I am on, and I hear

there's a new medicine that's been approved to lower cholesterol. How does it work? — *Tom B., Albuquerque, New Mexico*

You're right, there is a new class of cholesterol-modifying drugs. They're called anti-PCSK9 antibodies, and just recently have been approved for lowering lousy LDL cholesterol (they're administered as an injection). The generic names for these monoclonal antibodies are alirocumab and evolocumab. In clinical trials, they seemed to be well-tolerated. However, they are currently approved only for folks who must lower their lousy LDL cholesterol because they have familial hypercholesterolemia or clinical atherosclerotic cardiovascular disease, and who cannot tolerate a statin. They cost \$10,000 or more per year.

At Dr. Mike's Cleveland

Clinic, Dr. Steve Nissen, chairman of cardiovascular medicine, and his colleagues put the medication through a clinical trial focusing on folks who could not tolerate statins because of severe muscle pain: In one part of the study, people taking the PCSK9 inhibitor for 24 weeks saw their LDL levels drop by more than 50 percent, compared with a 17 percent drop among those on another cholesterol-lowering medication.

If this new med is not for you, ask your doctor about switching to another brand of statin or a non-statin cholesterol reducer. You also can lower your lousy LDL cholesterol and raise your good HDL by managing stress (meditation), exercising (start walking, with a goal of 10,000 steps a day), and identifying and avoiding the Five Food Felons, which are: trans fats, saturated fats, added sugars or syrups, and any grain that isn't 100 percent whole.

Chess

by Shelby Lyman

In his effort to create a world center for chess, philanthropist Rex Sinquefeld has succeeded remarkably in luring top talent — much of it world class — to his hometown St. Louis.

But his interest, efforts and financial support also extend to the other end of the chess spectrum. The Sinquefeld Chess Club and Scholastic Center of St. Louis has spurred after school classes in 100 local schools including the embattled Ferguson-Florissant School district.

Scholastic chess took off in the U.S. after the 1972 Fischer-Spassky match.

It notably reaches students in all academic circles.

For many, it offers for the first time a multitude of reasons to come to school. Most of all, it is fun and empowering.

Students who fail academically often find they they can beat others who far exceed them otherwise in traditional school subjects. Even better, they learn they can beat many of their teachers.

Chess seems to make kids smarter; although the fact is, the smarts are already there waiting to be tapped.

Department and attendance, in many instances also dramatically improve.

According to teachers, the success and cognitive skills which are learned carry over to academic subjects.

But the game is not a panacea. It is insufficient if not a meager compensation for a lack of decent physical structures, well-trained and motivated teachers as well as quality opportunities in sports, music and art.

BLACK TO PLAY

Below is a win by Evgeny Romanov against Erik Blomqvist from the European Individual Championship in Gjakova, Kosovo.

Blomqvist	Romanov
1. e4	e5
2. Nf3	Nc6
3. d4	exd4
4. Nxd4	Bc5
5. Nb3	Bb6
6. Nc3	d6
7. Qe2	a5
8. Nd5	Ba7
9. a4	N(g)e7
10. Bg5	O-O
11. Qd2	f6
12. Be3	f5
13. Bxa7	Rxa7
14. Bc4	Kxh8
15. exf5	Nxd5
16. Bxd5	Re8ch
17. Kf1	Bxf5
18. Bxc6	bxc6
19. f3	c5
20. Nxa5	Qh4
21. b3	d5
22. g3	Qf6
23. Kg2	Rxa5
24. Qxa5	Re2ch
25. Kf1	Bd3

White resigns
SOLUTION
TO BEGINNER'S CORNER: 1. ... Kf4! (threatens the unstoppable Rh1 mate!).

The Daily Crossword Edited by Wayne Robert Williams

ACROSS

- Somewhat sharp to the taste
- "Up, Doc?"
- Mournful cry
- Writer on film
- Vowels
- Deliver ending?
- Writing from one language to another
- Greeted with respect
- Homecoming guests
- Obliterating
- Japanese golfer Aoki
- Balance sheet item
- Bookkeeping abbreviation
- Restless craving
- Part of AARP
- Blocker
- "Xanadu" rock group
- Hand-woven tapestry
- Volcanic crater
- "Kapital"
- Perform on stage
- Not as large
- Midwest hrs.
- "The Purple People Eater" singer
- Wooley
- Swallowed
- Islamic scholars
- Legendary lawman Wyatt
- Flexibility device

1 2 3 4 5 6 7 8 9 10 11 12 13

14 15 16

17 18 19

20 21

22 23 24 25

26 27 28 29 30 31

32 33 34 35 36 37

38 39 40

41 42 43

44 45 46 47 48

49 50 51 52 53

54 55 56 57 58

59 60 61

62 63 64

65 66 67

Visit: [ADailyCrossword.com](#)

9/24

Yesterday's Puzzle Solved

CARTYSCRAZZLEDAM

ASIA SAUCE ARIA

RIFT VALLEY VINE

ADLAI LETO EFTS

TEE ELS ATEST

SWIFT LET WEB

OBSESSOR CHOSE

ROHE PRAIA AONE

CAIRO ISLANDER

ARF LIFT OFFS

THEME LST OSS

YOKO ALIA RIA TA

OVER GIFT BASKET

KAYS ENNEA EEEE

ELSE DEISM ENDS

9-23

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62 Kingsley and Affleck

63 Haute, IN

64 "The ___ Not Taken"

65 Italian noble name

66 Travel on Rollerblades

67 Francis or Frank

1 Makes lace

2 Indian tourist stop

3 Property peddler

4 Faculty status

5 United Kingdom part

6 Spyri novel

7 Small island

8 Shoe tip

9 Chapter of the Koran

10 Dance of 1961

11 Voice-over work

12 Heterodoxy

13 Filmmaker Riefenstahl

18 Engineering course

19 Rope-a-dope poet

23 Teased

24 Hofstadter's "___, Escher, Bach"

26 Birthplace of Robespierre

27 Indian Ocean island country

29 Nothing more than Party-throwers

31 Baby's first word, often

35 Rio de la ___

36 New Jersey river

45 Skim through

48 Godzilla rival

50 Niner or Buc, for example

52 Terminate

53 Tyrant flycatcher

54 French clergyman

55 Tolkien's talking trees

57 Turkey neighbor

58 "The Neverending Story" author Michael

60 Comic strip cry

61 Mexicali Mrs.

BEETLE BAILEY by Mort Walker

I HEARD THAT THE HAZARDS ON THIS COURSE ARE REALLY HAZARDOUS

GREG+MORT WALKER

I'M SINKING!

IT'S A QUICKSANDTRAP!!

9-24

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SNUFFY SMITH by Fred Lasswell

THIS IS ME AN' ELVINEY'S ANNIVERSARY !!

YA BE HOME WIF YORE WIFE, LUKEY ?

NOPE--AFTER FORTY YEARS WE GAVE EACH OTHER A DAY OFF !!

9-24

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Conceptis Sudoku

2

6 4

1 3

3

7

4 5

6

2

7 9 4

8

1

1

6 4

4 6

3 8

9

Difficulty Level ★★★★★

9/24

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

Yesterday's Puzzle Solved

3 1 7 4 9 8 6 5 2

8 4 2 1 6 5 3 7 9

5 6 9 7 3 2 4 1 8

1 5 8 9 2 3 7 4 6

9 3 6 5 7 4 2 8 1

2 7 4 6 8 1 5 9 3

4 2 1 3 5 9 8 6 7

6 9 3 8 4 7 1 2 5

7 8 5 2 1 6 9 3 4

Difficulty Level ★★★★★

9/23