points of each word, using scoring directions at right. Finally, 7-letter words get 50 point bonus. "Blanks" used as any letter have no point value. All the words

For more information on tournaments and clubs, email NASPA - North American SCRABBLE Players Association info@scrabbleplayers.org. Visit our website - www.scrabbleplayers.org. For puzzle inquiries contact scrgrams@gmail.com.

THAT SCRAMBLED WORD GAME

HER STUDENTS WERE SEGINNING TO UNDERSTAND ADDITION AND

suggested by the above cartoon

DROOP SYMBOL HONCHO

The popular choir was paid to perform around

are in the Official SCRABBLE Players Dictionary, 5th Edition

**LIPOS** 

**PURTE** 

**VONPER** 

YETMSS

#### NON SEQUITUR by Wiley





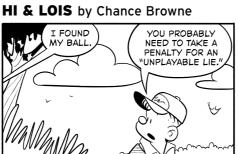
**BLONDIE** by Dean Young and John Marshall





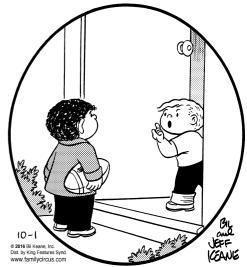
**DENNIS THE MENACE** by Hank Ketcham

"It's a ladder for TALL People?"





THE FAMILY CIRCUS by Bil Keane



"Mommy says I can't come out, but wait a minute - I want to see how my daddy votes.



HAGAR THE HORRIBLE by Chris Browne



# breakthrough; debt, mental health

Q: I just read that they've reversed Alzheimer's disease symptoms with some kind of standard pain reliever. Can it cure my mom? — Sandv D.. Lebanon, New Hampshire

AGILE

The breakthrough you're referring to happened in mice, not people. University of Manchester, U.K., researchers found that a monthlong IV dose of mefenamic acid, a common nonsteroidal antiinflammatory drug, given to mice with Alzheimer's disease symptoms completely reversed their memory loss and brain inflammation. It seems the medication reduces an inflammatory process that contributes to the formation of amyloid tangles and AD. But we're still a long way from having something that can reverse AD in people.

Fortunately, there's a lot of ongoing research about preventing and managing symptoms of dementia and AD.

—A study published in the brain.



serum DHA levels were 23 percent lower in participants with cerebral amyloidosis (amyloid tangles) than in people without those indicators. You want 900 mg of DHA omega-3 daily. So enjoy at least two to three servings of salmon and sea trout a week, and enjoy anchovies, herring, mackerel, tuna and halibut, too.

found that workplace com- That's because it looks like plexity and social interaction help people retain greater cognitive powers.

Regular exercise protects

–Brain speed ACTIVE study used "double decision" game to assess if such intervention could protect cognition. Turns out people who did 18 hours of the game over three years had a dramatically lower risk of developing dementia

go through that training.

**Q:** My daughter is going to graduate college with over \$100,000 in debt. It's changing how she sees her future. What can we do to help her cope? JoAnne D., Charlotte, North

can pay off your mountain of debt that you incurred to get your degree to get a good job.

A recent study out of the debt load could predict fascinating. depression, anxiety, drug and hailed as a chess genius. His points out that mental-health lific IQ of 180. problems of students could be attributed to their stress tor, it can be simplistic. response to debt, not the debt for his success in chess, or did itself. In other words, learning his immersion in chess cause a how to properly handle her jump in his IQ score? stress response might be one learn while she's in college.

counselors are trained to help they wanted. students with issues of selfworth, drug and alcohol abuse enough. and debt.

Everyone's talking about stress-reduction techniques can only safely say what a gene can do in the environment(s) she enjoys.

a catch-22: You need to get a sure she gets seven to eight Journal April 13-14) degree to get a good job so you hours of sleep nightly. Sleep

### Chess

by Shelby Lyman

The question of nature vs 6 training works: The U.K. found that a student's nurture is both perplexing and 5

Bobby Fischer has been 4 alcohol abuse and eating disbiographer Frank Brady calls 3 orders. But the U.K. study also attention to his supposedly pro-

But if we take IQ as a predic- 1

Fischer was a precocious of the more valuable lessons child in many respects, not a you could help your daughter surprise given the accomplish-learn while she's in college, ments of his father, a gifted 1. Suggest that she con- physicist, and a multi-talented sult a school counselor. The they could achieve anything

But genes per se are not

'You can't say what a gene 2. Also help her adopt generically does. ... Instead you in which it has been studied." 3. Talk to her about making (Robert Sapolsky, Wall St.

The Fischer household was deprivation can make stress- a cauldron of activity and comful situations doubly damag-petitiveness—no small factor in his development.

'You think I'm tough, you should meet my mother," Bobby

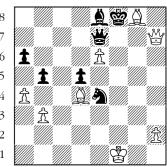
But the sine qua non of his chess greatness was the unique inner environment created by his passion, immersion and

incessant work at the game. He developed an ability far above his contemporaries by turning quantity of effort into a quality of understanding that

ALL WE DID WAS

DISAGREE AND

ARGUE



b c d e f g WHITE TO PLAY

match. Below is a win by Daniil Dubov against Ante Brkic from the European Individual Championship in Gjakova,

**Brkic** 

**Dubov** 

	1. Q4	MID
	2. c4	e6
;	3. Nf3	d5
	4. Bg5	Bb4ch
	5. Nc3	h6
	6. Bh4	g5
	7. Bg3	Ne4
	8. Qc2	h5
	9. h3	Bxc3ch
	10. bxc3	Nxg3
	11. fxg3	Nc6
	12. e4	dxe4
	13. Qxe4	Qd6
	14. Kf2	Bd7
	15. c5	Qe7
	16. Rb1	0-0-0
	17. Ne5	f5
	18. <b>Q</b> f3	g4
	19. Ba6	gxf3
	20. Bxb7ch	Kb8
	21. Bxc6ch	Kc8
	22. Bb7ch	Kb8
	23. Bxf3ch	Kc8
	24. Bb7ch	Kb8
	25. Bc6ch	Kc8
	26. Rb2	Black resign
	SOLUTION	Т

**CORNER:** 

#### The Daily Crossword Edited by Wayne Robert Williams

- 1 Is overly theatrical
- 7 Slope wear 15 Attack verbally
- 16 Pigment in plants 17 Bygone PLO leader
- Licorice liqueur 18 19 Me-generation
- characteristic Piths
- 22 Friend of Winnie the
- Pooh Laura of "Wild at 27
- Heart" Waldorf-28
- \_ Hotel
- 29 Bonehead
- 32 Offers to buyers Benny Goodman's
- music Lawman Dillon 35
- 37 Houdini's last name 39 Seating section
- First sign of the Zodiac "The Winding Stair" 42
- poet Neither's partner?
- 45 Deep bows 47 Leaves
- 49 Tenzing Norgay
- 50 Most lacking in social polish
- 54 Of a culture without writing

PRINK

G|L|A|R|E

N A K E D A

BE

OAT

56 City in the Texas panhandle

NCODE

- 58 Visit: ADailyCrossword.com 60 Newspaper boss 63 Recipients of
- 61 Erotic quality

- 62 Elde
- Yesterday's Puzzle Solved
  - LAP CEDED
    - - 6 Spring tension device Reads the bar code
      - character Parts of eyes 10 Hot milk drinks
      - curdled with ale Lunched
      - 12 Trawling device
      - 13 Nobel's explosive
      - 20 Collarless pullovers 59 Dispose (of)

than folks who didn't

—Recently, researchers the pressures of college debt.

## Scrabble Solution once said. Rut the

bna ealaiß ba	of Hesbro in the Unit	exhematent one anglesch old ratiol autoniteib onft bene "Drack] enneg O annahrf yd benuditeird, Jornasea estign BA, ondeseH (BTCC © absense.)
231 VBBIE brand	JATOT 306 evitinistite editio	PAR SCORE 145-155 Heating and if a logo, SCRABBLE, the associated logo, the design
19	BACK 4 =	H' E' V D 2' E' L'
19	BACK 3 =	Mi Ol Ol Ri Ai Gi Ei
86	KACK 2 =	B³ O¹ F¹ E¹ Y¹ X³ E¹
11	EACK 1 =	W, EA P3 O N1
NOIT	гого 🖫	<b>SCKABBLE GRAN</b>

WE DIDN'T GET MUCH

ACCOMPLISHED AT

THE MEETING

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231	JATOT	PAR SCORE 145-155					
19	BYCK 4 =	H'E' Y D'S'E' L'					
19	EACK 3 =	M O P P F E					
86	KACK 2 =	₽ O Li Ei Ai Xi Ei					
11	EACK 1 =	W E A P O N					
<b>ECKABBLE GRAMS</b> SOLUTION							

**BEETLE BAILEY** by Mort Walker







#### Conceptis Sudoku

_			_	_			•
	3			1		5	
	7			5		5	. Inc.
4		7			3		vndicate
	2			8		6	eatures S
	4					6 3	King Fe
3		1			2		Dist. by
	9			2		1	Puzzles
	9			2 6		9	onceptis
1		5			8		©2016 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

### Yesterday's Puzzle Solved

rooterday or allie corroa								
4	1	6	ფ	7	8	5	2	9
3	7	2	4	9	5	8	1	6
8	5	9	2	6	1	3	7	4
9	3	5	6	4	7	2	8	1
1	6	7	9	8	2	4	3	5
2	8	4	1	5	3	6	9	7
7	4	3	5	2	9	1	6	8
5	2	8	7	1	6	9	4	3
6	9	1	8	3	4	7	5	2

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|U|R|G|E|S

A G A OVATE PUTTINGONTHEDOG UCONN W O T A N | | N | T | O D|R| | | N | K | S | L | | | K | E | A | F | ENYA EDP T B A R S E|S|T| OLLLA |S|A|J|A|Y|B|I|R|D V E R S T LE H|O|L CHRODINGERSCAT

> |E|E|N 23 Alley cat's cry 24 Hunter of the stars

BALTO

S | T

binding promises 64 All the rage

18

38

62

DOWN Clear the board

Paris moms 3 Cricket pitches 4 Quarreled in a petty manner

5 Stritch and May

8 Classic Welles

14 Bishopric

25 Starr of the Beatles Full of enthusiasm 28 Bantu spear 29 Accumulate

10/1

The Divine 30 Bernhardt Steps over a fence

33 Abandon the truth 36 Rend 38 Superlatively

resolute Draining 43 Union renouncer 46 Actress Matlin

48 Sacred space

50 Luster Phone for Chinese food, perhaps 52 Rose from a chair

53 Gilliam or Bradshaw

55 On the other hand

Small Egyptian snake 57 Actor Gibson 58 Tin Man's tool

Difficulty Level ★★★★