

SCRABBLE™
 G R A M S
 O Y R K N T P
 E O P D W R
 A O U P L L D
 A O N L F T R

PAR SCORE 145-155
 BEST SCORE 228

FOUR RACK TOTAL
 TIME LIMIT: 20 MIN

DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE Players Dictionary 5th Edition.

NON SEQUITUR by Wiley

HOMELAND SECURITY, SIR...WE'VE HAD REPORTS OF UNAUTHORIZED DRONE ATTACKS ON WHISTLERS FROM THIS LOCATION

...AND I CAN ASSURE YOU IT WON'T HAPPEN AGAIN

DO...DO I NEED TO CALL AN LANNER?

NO, SIR. UNFORTUNATELY...

...WHISTLING IN PUBLIC IS LEGAL, SO WE NEED TO KEEP THE ATTACKS UNAUTHORIZED BY US

OH... OK

WE JUST WANTED TO SAY THANKS

YOU'RE WELCOME!

OH, THAT'S NOT GOOD ENOUGH, SIR

SIGH...OK...I TAKE FULL RESPONSIBILITY

DENNIS THE MENACE by Hank Ketcham

"CAN WE GET A REFUND IF THE SERMON ISN'T THAT GOOD?"

BLONDIE by Dean Young and John Marshall

HEY, MR. B, I THOUGHT YOU WERE GOING TO HIRE US!

NO OFFENSE, ELMO...I JUST WANTED TO GET IT OUT OF THE WAY

I'M SURPRISED YOU'RE EVEN OUT HERE WHILE THE CHOPPED MEGA-CELEB COOK-OFF IS GOING ON

THAT WAS GENIUS!

THE TRICK IS KNOWING HOW TO PUSH HIS BUTTONS!

UGH! YOUR PEPPERONI PÂTE IS PATHETIC! GO HOME!

HI & LOIS by Chance Browne

WANNA COME OVER AND WATCH THE GAME, HI?

SURE.

COULD YOU BRING A SIX-PACK, CHIPS AND DIP, CHEESE AND CRACKERS AND NUTS?

DO I GET A TIP FOR THIS?

THE FAMILY CIRCUS by Bill Keane

"Do mosquitoes fly south for the winter, too?"

JUMBLE THAT SCRAMBLED WORD GAME

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

BADIE

THYEF

BEMMEL

MASLID

Wanna keep out all rain and drafts. It's proven to reduce heating bills by 60%. And, it's half off. Sold!

WHEN IT CAME TO BUYING WEATHER STRIPPING, THE FACT THAT IT WAS ON SALE

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

(Answers Monday)

Yesterday's Jumbles: EVOKE APPLY SEASON REVOLT
 Answer: Her cat and dog were high maintenance because they had so many — PET PEEVES

HAGAR THE HORRIBLE by Chris Browne

HAGAR! YOU MUST BE TIRED OF HEARING ME SAY WHAT'S WRONG WITH YOU!

THAT'S TRUE!

THEN DO SOMETHING ABOUT IT!!

Finding balance; keeping kids off drugs

Q: I yelled at my sister yesterday and can't even remember why. My husband started treatment for a fib; my daughter wants to drop out of college; one car is in the shop; and a week after the warranty expired, the water heater died.

I'm really off my game. Any suggestions? — *Joan E., Gaithersburg, Maryland*



DOCTORS OZ AND ROIZEN

We're sorry things are piling up right now, but you can't ever completely eliminate times of stress, disappointment and family concerns. What you can do is build up the resources INSIDE yourself to handle those challenges.

Fortunately, by eating good food, spending time with friends, doing what's important to you and helping others, you'll find yourself growing stronger, calmer and more able to handle whatever life dishes up.

Here are three simple ways to get started.

FUEL UP TO CALM DOWN:

To stimulate your calming neurotransmitters, such as serotonin and GABA, try adding kefir, kimchi, oolong tea, pumpkin seeds, edamame and nori (seaweed) to your diet.

DISPEL STRESS: Take time for yourself by walking 10,000 steps a day. The walks will help you sleep better, lower your blood pressure, improve your mental focus and build resilience.

THINK ABOUT OTHERS: Studies show that altruism reduces stress. Volunteer at a local community center; reach out to those in need.

New York

It's clear that you're a mom who cares about her kids. So take heart — you probably are already helping them resist peer pressure and feel good about themselves so they avoid self-destructive choices.

This brings to mind studies from the 1960s and '70s that showed that when rats were given two choices — water with and without cocaine — they opted for the cocaine. In the '70s, Canadian psychologist and professor Dr. Bruce Alexander noticed that these

rats were isolated and caged. He decided to build Rat Park, an environment in which rats had space to run around, social interaction with other rats and playthings to keep them happy. He also installed two choices of water, one with and one without drugs.

The result? In Rat Park, the happy, socialized rats consumed far less of the drugs than isolated rats did. The study suggests that for many rats — and humans, too — a supportive society, teaming up with a buddy for example, may make drugs easier to resist.

You see that at work in 12-step, peer-to-peer programs.

So listen to your kids, let them know you value their input and talk to them about how dangerous drugs are. Plan family dinners and adventures. Get to know your kids' friends.

Studies have shown that in the short term, that's an effective way to reduce teens' risk for drug use.

Chess by Shelby Lyman

Bobby Fischer had an insatiable drive for chess mastery, his search for knowledge and perfection making him a superb teacher of others when he assumed that role.

His collaboration on "Bobby Fischer Teaches Chess" with Stuart Margulies and Don Mosenfelder at the age of 19 was marked by a characteristic insistence on clarity and accuracy.

Although he had not, himself, written the basic text — a pioneering effort by his co-authors in programmed learning — Fischer was relentless in perfecting it.

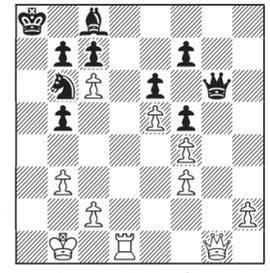
Margulies, who developed a profound respect and affection for Bobby during the project, was amply rewarded for giving the prodigy free rein. The additional time and effort were repaid beyond expectation.

Even before Fischer's '72 match with Boris Spassky, the book had sold over a million copies — a stratospheric chess bestseller, unsurpassed 43 years later.

The same dedication was also evident in a series of columns he authored from 1966 to 1969 in the Boy Scout monthly "Boys' Life." Bobby's writings were notable for his ingenuity and warmth in addressing the magazine's young readers.

A bit of advice offered in his column:

"You should have confidence in yourself, and this confidence should be based on fact. But if



WHITE HAS A CRUSHER you don't win, it's no great tragedy — the worst that happens is that you lose a game.

Below is a win by Jan Timman against Deimante Daulyte from the PokerStars Master International tournament in Douglas, England.

Timman Daulyte

- c4 Nf6
- Nc3 e6
- d4 Bb4
- e3 b6
- N(g)e2 Ba6
- Ng3 h5
- h4 Bb7
- Bd2 Bd6
- Rh3 c5
10. d5 Be7
- e4 q d6
- Bg5 N(b)d7
- Be2 e5
- Nf5 Bf8
- f4 g6
- fxe5 Nxe5
- Qa4ch N(e)d7
- Re3 Be7
- e5 Black resigns

SOLUTION TO BEGINNER'S CORNER:
 1. Qxb6! etc. If 1... cxb6, 2. c7! (threatens Kb2 followed by Ra1 mate).

The Daily Crossword Edited by Wayne Robert Williams

- ACROSS**
- Gave it a try
 - Playwright Shepard
 - Congenital abnormality
 - Play about Capote
 - Capable of being made flawless
 - AARP part
 - "Ben-"
 - Give lip to
 - At the scene
 - Leaning
 - Red fish
 - Fork's prong
 - Jagged
 - Labels
 - Fit for cultivation
 - Gentle caress
 - Extremes
 - "Gianni Schicchi" soprano role
 - "Mephisto Waltz" star
 - Brit. quartermaster
 - Inscribed stone markers
 - Cows' chews
 - Shrink
 - R. Ebert, e.g.
 - Adherents of Islam
 - Declare definitely
 - Sandinista leader
 - Early sch.
 - Drawn Abner
 - Chinese way
 - Causing attraction

1 2 3 4 5 6 7 8 9 10 11 12 13 14

15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59

Visit: ADailyCrossword.com 10/24

- DOWN**
- "Lover Please" singer Clyde
 - Alaskan chain
 - Brave and heroic feats
 - Studio apt.
 - Alamogordo, NM event
 - Dog watchdog org.
 - Makes lace
 - Muhammad and others
 - Persian title of respect
 - After all is said and done
 - "I Was a Werewolf"
 - Long narrow region
 - Long, narrow ridge
 - Sound dampener
 - Mata Hari or James Bond
 - Not so much
 - Paintbrush display
 - Nina and Pinta's sister ship
 - Angler's baskets
 - Acquire fresh vigor
 - Multiply, in a way
 - Strengthening agents
 - Crass
 - \$ in the bank
 - Fish for eels
 - Pub preference
 - Tiny specks
 - Arctic to Kazakhstan range
 - Poke with a poker
 - Deep-blue pigment
 - On the same level
 - Old Cassino cash
 - Hellenic H's
 - Shortened bk.
 - Kind of cup or can

Yesterday's Puzzle Solved

ALS INCUBI T BAR
 REQ TEHRAN EERO
 GNUSAGENTS MAGE
 OTIC SBA PROS
 TOBACCO ONION
 LIONEYES ASP
 TADPOLES ROCKNE
 OGEESA EEE
 PAELLA ENGENDER
 ORRAGON YANT
 DEGAS ADVISES
 MEIR TBA MOPE
 CHAR HORSVOICE
 DURO ARCANALOM
 IDYLSNARER STS

Scrabble Solution

PAR SCORE 145-155
 BEST SCORE 228

RAK 4 = 61
 RAK 3 = 9
 RAK 2 = 92
 RAK 1 = 66

BEETLE BAILEY by Mort Walker

CHAPLAIN, I'D LIKE TO TALK TO GOD LIKE YOU DO

BUT WHEN I TRY TO TALK TO HIM, HE DOESN'T ANSWER

MAYBE YOU'VE BEEN CALLING THE WRONG NUMBER!

GREGG MORT WALKER

SNUFFY SMITH by Fred Lasswell

I HEAR OL' LUTHER BARLOW'S BACK IS PURTY BAD THESE DAYS !!

NOT SURPRISED !!

CONSIDERIN' ALL TH' GRUDGES HE'S BEEN CARRYIN' 'ROUND FER YEARS !!

SOHAI ROSE

Conceptis Sudoku

8			4					
5					1	8	3	
9			8					
7		3		9				
	6				3			
		4		1			2	
			3			9		
8	4	5					3	
			5					6

Difficulty Level ★★★★★

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

Yesterday's Puzzle Solved

8	2	6	1	5	4	3	7	9
1	4	3	9	7	6	5	2	8
9	7	5	3	2	8	1	6	4
6	9	2	8	3	5	4	1	7
3	8	4	6	1	7	9	5	2
5	1	7	2	4	9	8	3	6
4	5	8	7	6	1	2	9	3
7	3	9	5	8	2	6	4	1
2	6	1	4	9	3	7	8	5

Difficulty Level ★★★★★