

## Bangor Housing Authority receives national award for community work

The Bangor Housing Authority has been chosen as a recipient of the National Association of Housing and Redevelopment Officials (NAHRO) Awards of Merit for their work with the Bangor Youth Community Garden, the Enhanced Family Self Sufficiency Program, the Smarter Summer Program in partnership with the Boys and Girls Club of Bangor, the Born Learning Trail and the My Money Works program. The official presentation of the award took place in Portland, Ore. on July 15 during NAHRO's Summer Conference.

"The NAHRO Awards of Merit Program was created to give national recognition to NAHRO Member organizations that have found innovative ways of making a difference in the communities and the lives of the people they serve" said, NAHRO President Steve Merritt.

The Bangor Youth Community Garden provides an opportunity for families to gain knowledge and skills in gardening, nutrition, and community building. Under the mentorship of Master Gardener volunteers, students are exposed to nutrition activities, hands on gardening, and the wonders of growing their own food. A program evaluation revealed strong trends towards improved attitudes and behaviors surrounding nutrition and gardening.

Recognizing the need to address the increasing vulnerability of families in Bangor's public-housing communities, Bangor Housing has developed an Enhanced Family Self-Sufficiency (FSS) Program. This program aims to generate resources for residents through strategic partnerships that create opportunities for residents to pursue educational and career goals, overcome barriers to work, increase financial capability, and build savings and assets.

Studies demonstrate a significant reading achievement gap between low-income students and their higher-income peers due to unequal access to summer learning opportunities. Bangor Housing, in partnership with the Boys & Girls Club of Bangor, implemented a full-day Smarter Summer program, which combined engaging educational activities and traditional summer day camp experiences for youth residing in public housing. By the end of the 10 week summer program, 50 youth benefited from positive interaction with peers, free summer meals, and daily programming aimed at improving literacy skills, overall health and wellness, promoting social interaction and development, and providing opportunities for self-expression through art.

Children are constantly learning right from birth, and what they learn depends on the experiences they have each and every day. Bangor Housing worked with community

partners to bring a Born Learning Trail to its public housing neighborhood. The trail is an interactive, playful outdoor learning tool that promotes early literacy and encourages physical activity for young children. The trail contains signs with instructions for simple games that will turn an excursion at the park into fun learning moments.

My Money Works is a financial literacy class that helps individuals gain the skills and confidence they need to stretch their money, pay off bills, reduce debt, find money for savings, and set personal goals. Through strategic community partnerships, Bangor Housing aims to help residents overcome barriers and gain the skills, knowledge, practices, and attitudes necessary to move toward long-term financial stability.

"We couldn't be more proud to accept these awards as it recognizes the benefit to our neighborhoods and its families. We couldn't do any of this work without our partner agencies and share these awards with them", said Michael Myatt, Executive Director of Bangor Housing.

## Brewer unveils new Dougherty Recreation Complex

Brewer City officials, leadership from EMHS, and members of the Dougherty family were on hand Monday evening, Aug. 8, for the ribbon cutting ceremony for the new Dougherty Recreation Complex in Brewer.

Approximately 100 people gathered to celebrate the occasion under sunny skies and hear comments from Deputy Mayor Kevin O'Connell and President and CEO of Eastern Maine Healthcare System Michelle Hood. Following their remarks, the ribbon was cut by Hope Dougherty, matriarch of the family.

More than 60 members of the family were on hand for the ceremony, and immediately after the ribbon cutting, toured the facility by way of the walking trail. The site of the former Washington Street School is now home to three baseball and softball fields, a 1/3-mile paved walking trail, playground, and other amenities.

Brewer Public Works Department spearheaded the construction on the site, along with work completed by the Brewer Water Department, and the Parks & Recreation Department.

A new drainage system was installed over the entire complex and new water lines will allow for efficient irrigation of the athletic fields. Minor landscaping upgrades remain to be completed over the next year.

A generous financial donation from EMHS, along with funding from the city of Brewer and a matching grant from the National Park Service (Land & Water Conservation Fund) allowed the project to come to fruition.

## EMHS' Michelle Hood named to American Hospital Association board

M. Michelle Hood, FACHE, president and CEO, EMHS, has been elected as one of eight new members of the American Hospital Association (AHA) Board of Trustees for a three year term beginning January 1, 2017.

The AHA stated in a national announcement earlier this week that the Board of Trustees is the highest policy-making body of the AHA and has ultimate authority for the governance and management of its direction and finances.

Maryjane Wurth, executive vice president for the AHA shares, "Michelle brings a wealth of knowledge and experience to the Board of Trustees. Not only does her health system provide care in both urban and rural areas, but it also provides leadership and services in behavioral health. Michelle is a recognized leader in the association with extensive experience in policy development discussions and will be a valued participant in board discussions."

Hood is past chair of the AHA Section for Health Care Systems governing council and a past Regional Policy Board 1 member. She currently serves on the University of Maine System Board as the immediate past chair and on the Vizient (VHA) New England Board as the immediate past chair. In addition, Hood served as the chair of the Maine Hospital Association (MHA) for the 2013-2014 term and remains an active MHA board member.

Hood commented, "I am honored to be selected as a Trustee for the American Hospital Association Board. This will be an exciting opportunity to represent EMHS in the board room with some of the most progressive and innovative leaders in healthcare today. I look forward to collaborating with these extraordinary individuals to address a broad array of local and national issues affecting healthcare delivery across the nation, and here in Maine."

## Parents can help area schools buy supplies for coming school year

Parents from local schools have a new tool in their back-to-school bag of tricks this year, as all of their schools supply lists are now posted on TeacherLists.com.

With just one or two clicks, parents can find all of their 2016 lists and get a head start on this annual back-to-school chore. Parents can print their lists or - for the first time - look up their lists right on their smartphones in store aisles. They can even shop easily online as TeacherLists automatically shares the lists with national retailers like Target and Staples.

The site already includes lists for Bangor Christian School in Ban-

gor and Glenburn Elementary School, Glenburn.

"For decades, the supply list process has been a frustration for parents," points out TeacherLists President, John Driscoll. "Where to find the lists? When are they available? Forgetting the list on the counter at home? All of those issues are solved with TeacherLists"

More than 50,000 schools now have lists posted on TeacherLists. Lists for more than 1 million classrooms are live on the site and include required and requested items as well as specific notes and clarifications from teachers and school staff. Parents can even print coupons for back-to-school savings from popular back-to-school brands.

Complete details and all the lists are available at [www.teacherlists.com](http://www.teacherlists.com).

## Friends of Sears Island to hold benefit art auction

Friends of Sears Island is turning 10 years old, and is planning an event to celebrate. A benefit art auction and reception will be held from 5 to 7 p.m. on Friday, Aug. 19 at the Captain A.V. Nickels Inn in Searsport. Enjoy a lovely summer evening celebrating the accomplishments of this hardworking, volunteer-run organization.

Tickets can be purchased at the door for \$25 per person. The entry fee includes a complimentary glass of wine or beer and appetizers. Over 25 works by Maine artists in media including watercolors, oils, pastels, ceramics, and fiber will be on display, and auctioned off by Mark Bradstreet, of Downeast Auctions (CAI Maine license #1212). Credit cards, cash, or check will all be accepted. The Captain A.V. Nickels Inn is located at 127 East Main Street in Searsport. For more information, please email [outreach@friendsofsearsisland.org](mailto:outreach@friendsofsearsisland.org) or call Ashley at 975-3878. All proceeds from this event will support conservation and educa-

tion programs on Sears Island.

Sears Island is the largest undeveloped island on the Eastern Seaboard connected to the mainland, making it accessible to all. Friends of Sears Island (FOSI) was granted nonprofit status in 2006 and became the designated steward of the 601 acres of the island placed under a permanent conservation easement in 2009. FOSI is committed to preserving and protecting this unique resource, while encouraging low-impact recreational uses and developing educational programs on the island. In the last decade, FOSI has developed a series of trails, built a stairway to the beach, added bridges over wet areas, constructed benches, designed and built an informational kiosk, and worked with Maine Department of Transportation and the Town of Searsport to install a more welcoming entry gate. FOSI also offers guided nature walks which are free and open to all.

## New Little Free Library opens in Hermon

Little Free Libraries are a global phenomenon. The small, front yard book exchanges number 36,000 around the world in 70 countries - from Iceland to Tasmania to Pakistan. Now, a new Little Free Library at 21 Hermon Heights in Hermon will join the movement to share books, bring people together and create communities of readers.

Jess and Anthony Francis held a grand opening celebration for their Little Free Library on Sunday, Aug. 7, and the library is open to the public.

"We want people to know that our Little Free Library belongs to the whole community," said Jess Francis. "It's our hope that by having the first Little Free Library in Hermon, we can bring some more joy, a little more connection and a whole lot more books to our community."

Some of the best features of the Hermon Heights Little Free Library include:

- No library card required.
- No due date: you can keep the book forever or gift to a friend.
- You can replace the book you take with a different book, perhaps one your children have outgrown or you have already read.
- It is a smaller version of a regular library, allowing you to choose a book quickly without getting overwhelmed with hundreds of book titles.
- You can visit as often as you like.

Both adult and children's books are housed in the Hermon Heights Little Free Library.

The "librarians" didn't want to forget about their four legged visitors either - those patrons that are walking their dogs can hook them on the library's dog hook, and they keep the dog treats freshly stocked.

Visitors to the library are encouraged to sign the guest book - with their name, a note, where they are traveling from, etc.

You may visit the official Facebook page to stay current on theme weeks and contests. If you wish to donate to the LFL, contact the library through their Facebook page or simply drop off your donation at the Francis residence.

The Little Free Library nonprofit organization has been honored by the Library of Congress, the National Book Foundation, and the American Library Association, and Reader's Digest named them one of the "50 Surprising Things We Love about America."

## Sales Pitch

Place an ad in the Classifieds, and make money on those unwanted items

## The Weekly

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## Thomaston Place AUCTION Galleries

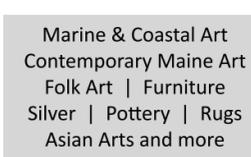
1,500  
ITEMS!

### 2016 SUMMER FEATURE AUCTION

Saturday, August 27, 2016 | Sunday, August 28, 2016  
Monday, August 29, 2016 | Starts at 11 am each day



James E Buttersworth



Marine & Coastal Art  
Contemporary Maine Art  
Folk Art | Furniture  
Silver | Pottery | Rugs  
Asian Arts and more



19th c. Cupboard



Bogdanov - Monhegan Fish Houses



18th c. Tavern Sign



W. B. Hoyt - Penobscot Bay

Preview: Sunday, August 21 by appointment, 9 am to 5 pm.  
Monday, August 22 from 9 am to 8 pm  
Tuesday, August 22 through Friday, August 26, 9 am to 5 pm

View our complete catalog online at [www.thomastonauction.com](http://www.thomastonauction.com)  
Held at our gallery in Thomaston, ME | 207-354-8141 | [info@thomastonauction.com](mailto:info@thomastonauction.com)