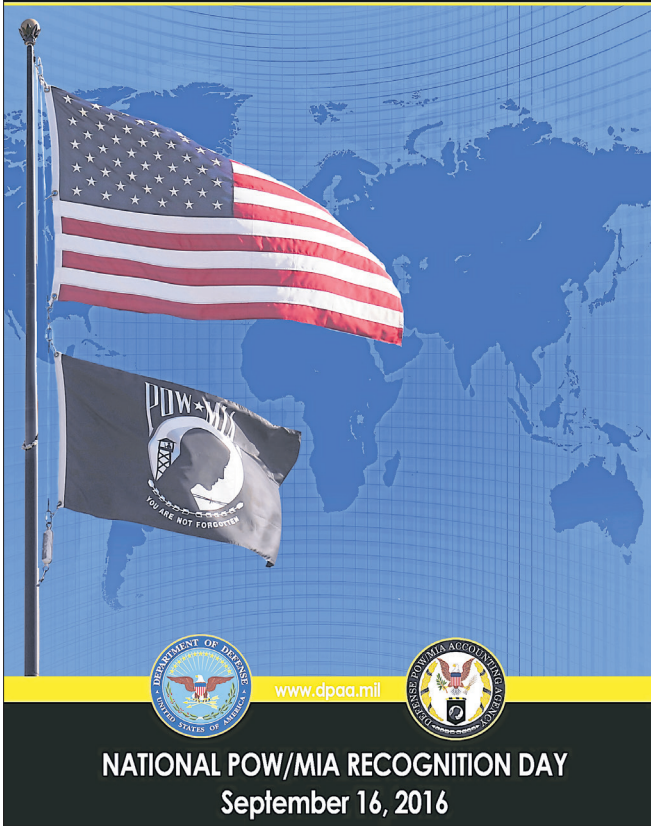


FULLFILLING OUR NATION'S PROMISE



COURTESY OF THE AMERICAN LEGION, HAMPDEN MEMORIAL POST 213
Poster for 2016 National POW/MIA Recognition Day

POW/MIA Recognition Day Sept. 16

THE AMERICAN LEGION HAMPDEN MEMORIAL POST 213

National POW/MIA Recognition Day will be observed on Friday, Sept. 16, 2016. Support for these missing Americans and their families is deeply felt. America's POW/MIAs should be honored and recognized, rather than memorialized, with the focus on continuing commitment to account as fully as possible for those still missing. Strong, united support by the American people is crucial to achieving concrete answers.

Those who have served, and those currently serving in the uniformed services of the United States, are ever mindful that the sweetness of enduring peace has always been tainted by the bitterness of personal sacrifice. We are compelled to never forget that while we enjoy our daily pleasures, there are others who have endured and may still be enduring the agonies of pain, deprivation and imprisonment.

The following is the recommended service for POW/MIA Remembrance Day:

We call your attention to this small table which occupies a place of dignity and honor. It is set for one, symbolizing the fact that members of our armed forces are missing from our ranks. They are referred to as POWs and MIAs.

We call them comrades. They are unable to be with their loved ones and families, so we join together to pay humble tribute to them, and to bear witness to their continued absence.

The table is small, sym-

bolizing the frailty of one prisoner, alone against his or her suppressors.

The tablecloth is white, symbolic of the purity of their intentions to respond to their Country's call to arms.

The single rose in the vase signifies the blood they may have shed in sacrifice to ensure the freedom of our beloved United States of America. This rose also reminds us of the family and friends of our missing comrades who keep faith, while awaiting their return.

The red ribbon on the vase represents an unyielding determination for a proper accounting of our comrades who are not among us.

A slice of lemon on the plate reminds us of their bitter fate.

The salt sprinkled on the plate reminds us of the countless fallen tears of families as they wait.

The glass is inverted, they cannot toast with us at this time.

The chair is empty. They are NOT here. The candle is reminiscent of the light of hope, which lives in our hearts to illuminate their way home, away from their captors, to the open arms of a grateful nation.

The American flag reminds us that many of them may never return - and have paid the supreme sacrifice to insure our freedom.

Let us pray to the Supreme Commander that all of our comrades will soon be back within our ranks.

Let us remember - and never forget their sacrifice.

May God forever watch over them and protect them and their families.

From BPD: Above and beyond

Duck of Justice
From the Bangor Police Department Facebook page



Officer Ryan Jones is a Marine Corps veteran and a current member of the Maine Air National Guard. He is a valued member of our department.

He worked tirelessly to be able to present Chief Mark Hathaway and Deputy Chief Brad Johnston with the Above and Beyond Award.

The award is presented by the Employer Support of the Guard and Reserve. What is ESGR? Let me tell you.

ESGR, a Department of Defense program, was established in 1972 to promote cooperation and understanding between Reserve Component Service members and their civilian employers and to assist in the resolution of conflicts arising from an employee's military commitment.

The Above and Beyond Award is presented by ESGR State Committees to recognize employers at the local level who have gone above and beyond the legal requirements of the Uniformed Services Employment and Reemployment Rights Act by providing their Guard and Reserve employees additional, non-mandated benefits such as differential or full pay to offset lost wages, extended health benefits, and other similar benefits.

We have 17 members on the Bangor Police Department who are current members of Guard or Reserve units and we are proud of all of them. This does not include the many members who have served and have separated from the military in an honorable manner.

Ryan orchestrated this in a ceremony that was quietly held in the third floor hallway. It was cap-

tured through the magic of Administrative Assistant Erin Dumont's cellular device.

We are all about the pomp and a little bit of the circumstance.

Thank a veteran.

I slept outside last night. Well, almost outside. I had blankets and a pillow and a fairly soft bed. I built it on a covered porch. It hangs from ropes and probably is the most sought after sleep system at the lake. When my head got cold, I covered it up with a quilt. It was about 45 degrees. Perfect sleeping weather and there is no better way to be beckoned to the new day than streams of sunlight in your face.

The sunrise would be a great alarm clock if you needed to be at work at different times during the year. We can depend on it in the summer. In the northern climates, we would probably be running late in the winter. Many people slept outside last night and many were cold. 45 is not cold if you are on a bed covered in quilts. Tonight I won't sleep outside but many people will. Some choose the venue but a large majority of them do not.

TC, what's your point?

Our Hats for the Homeless campaign kicked off in September and while Louise Cunningham has been collecting yarn, hats, mittens and socks for the area homeless, we can always use a boost this time of year.

Our program is simple. We collect warm things then we give them out to people that need them. At the end of the month, Louise is stopping by and we are going to go through all we have collected. We will take them to shelters, churches and locations where we know there are people in need. We drop them off. It works quite well. Bangor police officers also keep plenty of warm things in their

cruisers and we pass them out liberally when we see someone in need on the streets Queen City.

More details are available here hatsforthehomelessbangor.blogspot.com/

She is always looking for kind-hearted helpers.

I slept outside last night but it was a choice. Give us a hand for those who do not have that choice.

As promised, our first recipe presentation of 2016. Actually, our first ever.

The Town of Dexter, Maine has a red hot dog festival www.redhotdog.org. Check out their website and head to Dexter for next year's festival. Not today though. Come on, did I really need to say that?

Yes.

The festival officials also held a cooking contest. I happen to know the winner. Susan Law, an extraordinary chef. Susan follows the page and came by with her trophy and her recipe for the Caramelized Maine Red Snapper Hot Dog Quiche. Adapted from Cook's Illustrated.

Sean Smith of W.A. Bean & Son was pretty proud of Susan's accomplishment and since it was made with his delicious Maine Red Snapper hot dogs, he got his photo with the Bangor Police Department Duck of Justice as well. www.beansmeats.com

If you are from away or have been here and focused too much on the lobster, you might have missed out. You have read our mentions about red hot dogs numerous times. The dogs are unique and delicious and Bean's products can be ordered online if you cannot find them at your local grocer.

Now, I know you are going to share the name of your favorite wiener with me. I expect that. Just keep politics out of it. There is no better hotdog (for Ol' TC) than these and I am cooking up Susan's recipe this weekend. Have fun with it.

Caramelized Maine Red Snapper Hot Dog Quiche

*Adapted from Cook's Illustrated

Preheat oven to 375 degrees

Crust:
9-inch deep-dish piecrust
Prick crust with a fork and bake until slightly golden, approximately 10 to 15 minutes. Take crust out of oven and set aside to cool.

Filling:
6 slices of crispy bacon
1 small sweet onion
5 "Red Snapper" hot dogs (from W. A. Bean & Sons)
1 tbsp butter
1 tbsp honey
A pinch of salt and pepper
6 ounces sharp cheddar cheese

Crumble bacon and set aside. Thinly slice onion, caramelize in a pan, and set aside to cool. Melt butter and honey in a pan and add the hot dogs (sliced into ¼ inch rounds), and salt and pepper. Saute the hot dogs until caramelized and set aside to cool.

(Set aside approximately one hot dog for garnish). Place hot dogs evenly in the pie crust, making sure to line the sides of the crust too. Layer the onion, cheddar cheese, and bacon on top of the hot dogs.

¼ cup Parmesan cheese
1 scallion diced
½ tsp salt
½ tsp pepper
2 large eggs
2 large egg yolks
¾ cup heavy cream
¾ cup whole milk
Mix remaining ingredients together in a bowl and then pour evenly into pie crust. Place quiche on a baking sheet and bake approximately 30 minutes or until the top is lightly browned and the center is set but still soft. Garnish with hot dog slices and scallions and enjoy warm or at room temperature.

Keep your hands to yourself, leave other people's things alone and be kind to one another.

We will be here!

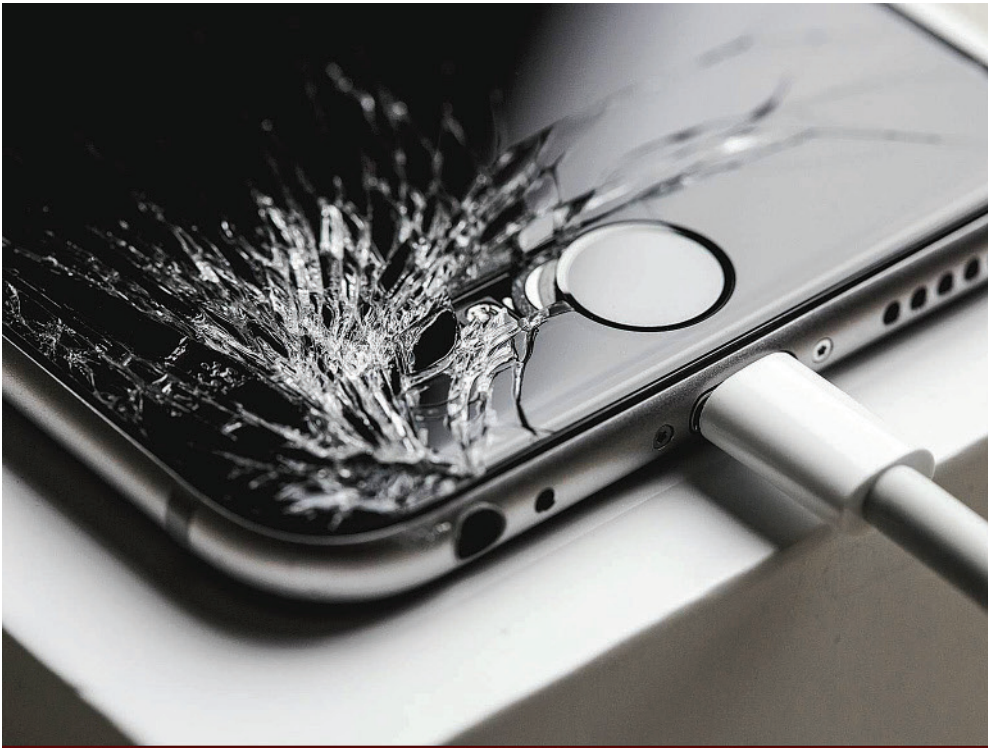
New Dollar General opening

HAMPDEN — Dollar General announced Thursday that construction is underway on a new store on Main Road North, next to Pat's Pizza.

Located at 674 Main Road North, the new store is slated to open in the winter of 2017, a company official said in a news release.

Dan Nieser, Dollar General's senior vice president of real estate and store development, said the company's priority when choosing store locations is convenience, as its stores generally serve customers within a 3- to 5-mile radius, or 10-minute drive.

"This new location is a great fit for Dollar General," he said, adding that the company also takes demographics, competitive analyses and traffic patterns into consideration when determining new store locations.



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8:30am - Danforth's to Dysarts 5k Road Race.

12:00-4:00pm - Hermon Rec Carnival
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6:00pm Evening Street Dance
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For more information and a full schedule of events visit www.hermon.net

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