

## UMaine student athletes, local police help raise awareness about bullying and substance abuse

ORONO — The Bangor and University of Maine police departments have launched a new Kids 'n' Kops trading card program intended to raise awareness about bullying and substance abuse prevention among elementary and middle school youngsters.

The series of 14 trading cards features male and female UMaine student-athletes who play Division I sports at the state's flagship university. Members of the Bangor and UMaine police departments will distribute the cards at community events, including university athletic games at the Cross Insurance Center in Bangor and on campus.

Youngsters can collect five cards and bring them to one of the two police departments for a free Kids 'n' Kops T-shirt and two tickets to a UMaine basketball game.

The goal, say the organizers, is to foster positive

interactions between police officers and youths, and reinforce important messages about health and well-being.

"We are pleased to be part of a program that promotes an active lifestyle for the youngsters in our community by using student-athletes as an example of hard work and healthy choices," says Bangor Police Chief Mark Hathaway. "We appreciate our partnership with UMaine and thank the UMaine student-athletes for their participation."

"We want to be proactive in promoting quality goals for healthy living to young people, many of whom we hope will be future UMaine Black Bears," says UMaine Police Chief Roland LaCroix. "It's important that youths know that police officers can be helpful resources and UMaine student-athletes are role models they can look up to."

In 1986-88, a similar program called Kids & Kops, spearheaded by then-UMaine men's basketball coach and UMaine alumnus Skip Chappelle, featured UMaine and other area law enforcement officials distributing trading cards as part of an anti-drug campaign. Those trading cards also featured UMaine student-athletes, several of whom went on to professional sports careers.

"We believe in the long-term value of a program that brings together the youth of our community and the police," says Chappelle, who is helping coordinate this campaign with another UMaine alumnus — Irv Marsters, owner of Bangor Letter Shop. "This program also communicates the messages of health and well-being through sports."

Maine Savings Federal Credit Union is a corporate sponsor of this year's Kids 'n' Kops campaign.

## Baseball pitching and hitting program at Old Town Rec Center

OLD TOWN — The Old Town Recreation Center, is pleased to announce that we have partnered with former collegiate baseball coach Dean Husted to offer a fantastic pitching clinic. Coach Husted has worked with over hundreds of players who have played collegiate baseball and many have gone on to play profession-

al. Coach Husted will bring a wide variety of knowledge, and mechanical skills to the clinic to help your child gain extra velocity, pitch control, and more. Coach Husted will help your child gain more confidence in their swing, while learning tips on their stance, and swing mechanics. This unique pitching and hitting clinic will take place Sundays 5:30pm - 7:00pm here at the Old Town Recreation Center from January 3rd to February

7th. Cost for the clinic with Coach Husted is \$55. In addition to having Coach Husted on hand, we will also have our Old Town Recreation Baseball coaching staff here to help assist. If you are looking to set your child up for success on the pitching mound or at the plate, don't miss this chance with Coach Husted. Space is limited to only 10 pitchers to optimize the instruction they will receive.

To register, visit [old-townrec.com](http://old-townrec.com).

## BATTLE OF THE UNBEATENS



BDN PHOTO BY ASHLEY L. CONTI

Hampden Academy's Nick Gilpin (left) floats up for two against four Brewer defenders during their basketball game at Hampden Saturday, Jan. 2. The Broncos outlasted Brewer 55-46 in a battle of the unbeaten in front of a crowd of more than 1,100 fans.

# Bangor High's best five ever in boys basketball



BDN FILE PHOTO BY CARROLL HALL

**BOSTON HERE WE COME!** A happy and excited Bangor High School basketball team left for the New England Interscholastic Basketball Tournament on March 16, 1955. Settling in for the long trip are (front, from left) Danny Drinon, Karl Daigle, Dave Carlisle; (second row) Warren Overlock, Stan Craig, Clint Van Aken; (standing) Charlie Taylor, Sheldon Hartstone, Bill Daley, Bob Morin, John Graham, Bob Cimbollek and Gary Smith.

BY BOB CIMBOLLEK  
SPECIAL TO THE WEEKLY

When I was 10, I saw my first Bangor High School boys basketball game in 1947 at the old Bangor Auditorium. I've been a Bangor fan since and was proud to play (1952-55) and coach at Bangor (1969-77).

During the summer, I met with seven former Bangor High players, fans and knowledgeable basketball folks to pick our all-time Bangor High School boys basketball team. We each had five votes for the all-time team as well as one vote each for the purest shooter and most valuable player in the same time period. Thirteen players received votes.

Here is our all-time Bangor High boys basketball team and votes:

Dan Drinon (5-10 guard): He was the best-skilled guard to play at Bangor High and one of my teammates. The late Drinon led the Rams to 1955 state Class L championship and third-place finish in 1955 New England Schoolboy Tournament held at the old Boston Garden. He was named to the All-New England tourney team and was a member of the BDN's first All-Maine team in 1956. He played two seasons at the University of San Francisco. 8 votes.

John Norris (6-7 center): He was the starting center on 1947 State Class L champions and 1948 state Class L runner-up as a senior. He was one of the first Mainers ever to go big time in Division I basketball as he

played at Georgetown two years before finishing his college career at UMaine as a junior and senior. 7 votes.

Joe Campbell (6-foot-5 forward): He helped Bangor win the 2001 Class A state championship by upsetting heavily favored Deering of Portland. He hit a reverse layup after grabbing a rebound off a missed 3-pointer at the buzzer for the big upset. Campbell went on to walk on and then earned a scholarship at the University of Maine where he was a starter his last two years. 6 votes.

Leroy Patterson (6-2 forward): He guided Bangor to the 1962 Eastern Maine championship and state runner-up to Morse of Bath. The late Patterson is one of the best all-around athletes ever to attend Bangor High where he starred as a running back in football and center fielder in baseball. 5 votes.

Mark Reed (6-3 guard): He helped lead Bangor to its first Eastern Maine championship in 1992 after a 30-year drought and state runner-up to South Portland in a famous five-over-time game. The next year he led the Rams to their first state Class A title since 1959 as they avenged the loss to South Portland. He was a BDN All-Maine first-team selection and went on to play four years at Division I Liberty University. He is now the varsity boys basketball coach at Hermon where his dad and high school coach, Roger Reed, is a volunteer assistant. 4 votes.

MVP: Drinon.

Purest shooter: A three-way tie: Dickie Russell (1954), Scott Davis (1975) and Bruce Withington (1977).

Those casting their votes with me for the above selections were an esteemed group:

- Paul Graffam, a Bangor High basketball historian from the Class of 1947. His son, Ben, was a star point guard for Bangor in the mid-1970s.

- Bob Kelley, Bangor Class of 1954, who coached the Bangor High baseball team to eight state titles, and a veteran basketball official.

- Wayne Lawton, also a veteran basketball official and Bangor High basketball player from the Class of 1958.

- Clint Van Aken, another great all-around Bangor player in football, basketball and baseball who went on to coach basketball and baseball at Hampden Academy.

- Bob Beatham, a fellow BDN blogger who graduated from Bangor in 1990 and coached freshman basketball at John Bapst.

- Dick Stacey, a 1955 Bangor High grad who played baseball and managed the basketball team. He went on to become a successful area businessman and sponsored the locally famous TV show, Stacey's Country Jamboree.

- Keith Mahaney, a former Fort Fairfield High School and UMaine basketball standout who is a long-time Bangor High fan.

Bob Cimbollek is a retired high school basketball coach and former high school and college basketball official.

## support groups

Support group listings run as space permits. Items are due at least seven to 10 days before the Thursday of publication. Email: [weekly@bangordailynews.com](mailto:weekly@bangordailynews.com). Mail: The Weekly, P.O. Box 1329, Bangor ME 04402.

### BANGOR:

- Al-Anon meetings for relatives and friends affected by the excessive drinking of someone else, Bangor area and throughout Maine. Meeting times and locations, [maineafg.org](http://maineafg.org) or 800-498-1944.

- Bangor Area Narcotics Anonymous meeting for families and loved ones of addicts. 6-7 p.m. Thursdays, St. Francis Center (old firehouse) across from St. Joseph emergency entrance, 368 Center St. Janice, 299-8802.

- Bangor Area Parkinson's Group, 1-3 p.m. third Sundays, Acadia Hospital. Room reserved. Open to patients and caregivers.

- Bereavement support for parents who have lost a child. 6-7:30 p.m. third Wednesdays, Brookings Smith Family Center, 163 Center St. Judy, 889-9025.

- Children and Adults with Attention Deficit Dis-

order, or CHADD, 6-7 p.m. third Tuesday, office of Barry Rubin, Bangor Family Counseling, Suite 335, 96 Harlow St. Free. 990-1555.

- Eastern Maine Crohn's and Colitis Support Group for IBD patients, caregivers and family members, 6-7:30 p.m. second Thursdays, Dr. Frank Chapman Conference Room, 2nd floor, St. Joseph Hospital. 974-9724.

- Eastern Maine Medical Center Bereavement Support Group, 7-8:30 p.m. second and fourth Thursdays of each month, Cascade Room, Riverside Inn, 495 State St. Sandra Levesque, 973-6604.

- Food Addicts in Recovery Anonymous, 6:30 p.m. Mondays, First United Methodist Church, 703 Essex St. Free. Twelve Step recovery program for those suffering from food obsession, overeating, under-eating and bulimia. 781-321-9118 or 942-1738.

- National Alliance on Mental Illness (NAMI) Support Groups for anyone affected by mental illness, Acadia Hospital. Information and meeting schedule, Jean-Ann, 949-5658, or [Betsy, btsygrs@yahoo.com](mailto:Betsy, btsygrs@yahoo.com).

- Maine Kids-Kin Greater Bangor Support Group for grandparents, aunts, uncles, siblings and other family members who are

raising a relative's child, 6 p.m. first and third Tuesdays, Families and Children Together, 304 Hancock St. 941-2347 or 866-298-0896.

- Nicotine anonymous, 6:30-7:30 p.m. Wednesdays, conference room, Maine Veterans Home. Provides help for those who have quit smoking and want to stay that way. Larry, 843-7563.

- Ostomy Support Group ostomy patients, their families and caregivers, 3-5 p.m. second Tuesdays, Felician Conference Room, second floor, St. Joseph Hospital. Free. Rose Cyr, 907-1550 or [rosanne.cyr@sjhhealth.com](mailto:rosanne.cyr@sjhhealth.com).

- Overeaters Anonymous for those with eating disorders, 10 a.m. Saturdays, 5 p.m. Sundays, Strauss meeting room St. Joseph Hospital, Center Street; and 10 a.m. Mondays and noon Thursdays, Redeemer Lutheran Church, 540 Essex St. Barbara, 990-2025.

- Safe Place, for those who have lost someone to suicide, 6:30-8 p.m. first Wednesdays, St. Joseph's Healthcare Park, 900 Broadway. Peer led group with no fee. Associated with American Foundation for Suicide Prevention. [afsp.org](http://afsp.org).

- Spruce Run-Woman-care Alliance support

groups for women affected by partner abuse. Day and evening groups; child care activities. Spruce Run-Woman-care Alliance, 800-863-9909.

- St. Joseph Diabetes and Nutrition Center Diabetes Support Group, Willette Conference Center, Building 1, St. Joseph Healthcare Park, 900 Broadway. Meetings facilitated by certified diabetes educator. Group members share tips on diabetes management. Open to all. Free. 907-1187.

- Bangor TOPS 0311, (Take off Pounds Sensibly), 9-10:15 a.m. Fridays, Nason Manor community room, 140 Hancock St. Matthew, 605-0167

BREWER:

- Bangor Area Recovery Network recovery ed-

ucation and support, 6-7 p.m. Wednesdays, BARN Community Recovery Center, 142 Center St. Free. 561-9444 or [bangor-recovery@gmail.com](mailto:bangor-recovery@gmail.com).

- Central Maine Brain Injury and Stroke Support Group, 4-5 p.m. third Mondays, conference room, Brewer Center for Health and Rehabilitation. Open to survivors and caregivers. Patty, 989-7300, ext. 134.

### BUCKSPORT:

- Cancer Support Center of Maine support group for cancer patients, 12:30 p.m. first Wednesdays, Bucksport Regional Health Center, 110 Broadway. Bring bag lunch or snack. 469-6383.

### HOLDEN:

- Vestibular Support

Group for those experiencing dizziness, imbalance, vertigo or ringing in the ears, Brewer Physical Therapy and Spine Clinic, 51 Main Road. 989-4122.

### ORRINGTON:

- Al-Anon, 6-7 p.m. Fridays, East Orrington Congregational Church, 38 Johnson Mill Road. 284-1844 or [questions@maineafg.org](mailto:questions@maineafg.org).

## The Weekly

Picture from the Past



# GET ON THE ICE FOR A COOL LOW PRICE!

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Come Learn-to-Skate or Learn-to-Play Hockey!  
Brewer Youth Hockey and Dunkin' Donuts have teamed up to provide the best instructional program in the area.

Our 12-week session starts Sunday, January 17th.

Sessions are held at 12:40pm at the Penobscot Ice Arena in Brewer. Rental gear is available. For more info e-mail [vpinstructional@brewerhockey.org](mailto:vpinstructional@brewerhockey.org) or [president@brewerhockey.org](mailto:president@brewerhockey.org).

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