

# From the Bangor Police: In search of the elusive pork bun

**Duck of Justice**  
From the Bangor Police Department Facebook page



School vacation week in Maine. A time to travel with your family and seek out warmer climates, visit friends and family, go to the Cross Center for basketball tournaments.

Nowhere on that short list is “tormenting co-workers.”

The backstory to this engaging little photo is as follows. I have a very close friend that is a recently retired, major case squad detective in New York City. He introduced me to the magic and glory that is the Pork Bun. Since my introduction to this manna from a Chinese bakery, I have discussed the “unavailable in Maine” holy grail with our Detective Joel “the donkey” Nadeau.

The donkey and I spoke of

the life changing experience that I had in the Big Apple. He explained that he would be traveling to New York this week and asked for directions to the best pork bun in the city. I had no idea on how to explain my last known, pork bun experience but advised him to go to Chinatown and let his prominent nose do the rest. I can say that as my nose is far more prominent than Detective Nadeau’s beak.

Then, perusing my email a short time ago, I found this photo sent from his lovely bride’s Verizon cellular phone. Apparently, the donkey has located the elusive and delicious New York City pork bun. He also seems to have purchased a European style man-purse.

He is gloating. Gloating does not become him. Hopefully, there is another half dozen hidden in the donkey’s saddlebags.

The men and women of the Bangor Police Department will be here. Most of us will not be having pork buns today.



PHOTO COURTESY BANGOR POLICE  
Detective Joel Nadeau, posing with his pork buns.

## New Brewer apartments a model of efficiency

The Village Centre apartments are being built to such strict standards of energy efficiency that the builders expect some tenants will not have to turn on their heat next winter.

“There is no heating system – no boiler – in the building. The super insulation, air-sealed units, triple-pane windows, have made it so tight and energy efficient the units are heated up to a point,” said Kyra Walker, Community Housing of Maine CEO.

Each apartment has supplemental baseboard electric heating. The heating unit in the one-bedroom apartment is just 2 feet long, Walker said, adding that “the thought is residents might not have to use that at all.”

By adding extra-thick, well-insulated walls and roof, recessed triple-pane windows, an energy recovery ventilation system, and LED bulbs and solar power, the Village Centre complex qualifies as one of the largest passive-certified housing projects in the United States.

“Our hope is that this model is replicated,” Ben Walter, architect for CWS Architects of Portland, said Wednesday while giving a tour of the 48-unit affordable housing complex under construction at the former location of the State Street School. It is expected to open in April.

Passive-certified buildings must meet strict standards developed in Germany that minimize heat loss in the winter and the amount of heat gained during warmer months.

“We have it designed for the coldest day, but we expect it won’t get used that much because of the passive engineering,” Erin Cooperrider, Community Housing of Maine development director.

The \$9.5 million project is a partnership between Community Housing of Maine, MaineHousing, the Northern New England Housing Investment Fund, TD Bank and the City of Brewer.

The first passive housing project in the U.S. is in Oregon, but it is smaller than the 54,400-square-foot development in Brewer, the only one in a really cold climate.

The three-story building at

266 Center St. has 21 one-bedroom apartments, 17 two-bedroom apartments and 10 three-bedroom apartments, as well as a community gathering area with kitchen, an outdoor playground, barbecue area and garden.

Each floor also has a laundry room, and there is office space for tenants on the first floor, an play area for children on the second floor and a library/media room with computers on the third floor.

Cooperrider said Community Housing of Maine recently completed several LEED-certified “green buildings,” including Elm Terrace in Portland and Maine Hall in Bangor.

“When we started this, we considered LEED certification, then thought, ‘Is there a way to do it better?’” she said.

“This is a different standard,” Walter said. “It will be very, very green.”

The cost to add the extra efficient features to meet the passive housing standards was “about three percent,” Cooperrider said.

“It wasn’t much compared to the overall cost, but it was an increase,” she said. “Part of the reason we did this project is so we can have real op-

erating data.”

The new parking lot, which will have a walkway connecting to Highland Ave., is big enough to be used for events at neighboring Doyle Field.

“I think the people in the area will be happy to get cars off the sides of the streets [during events],” said D’arcy Main-Boyington, economic development director.

Village Centre residents will have to meet income eligibility requirements to qualify for the affordable housing, Cooperrider said.

“We call it workforce housing for low to moderate incomes,” she said.

The income maximums range from \$25,980 for one person to \$37,080 for a four-person household and \$43,020 for a family of six.

Rent for a one bedroom apartment is up to \$690 a month, two bedrooms are up to \$830 and three bedroom apartments are up to \$959. Heat and hot water are included, but residents are responsible for their own electric bills.

Around 50 people have already submitted applications through Preservation Management, who is handling the apartment rental requests.

## Orono kindergarten registration set

The Asa Adams School in Orono will hold pre-kindergarten and kindergarten registration 3:15-6:15 p.m. Wednesday, March 23, at the school, by appointment only. Appointments may be made by calling the Asa Adams School at 866-2151 between 8:30 a.m. and 3 p.m.

Children eligible for pre-kindergarten must be 4 years old on or before Oct. 15. Enrollment will be limited and students will be accepted on a first-come, first-served basis. There will be a morning and afternoon session lasting approximately 2.5 hours each.

Children eligible for kindergarten must be 5 years old on or before Oct. 15. Kindergarten is a full-day program.

A legal birth certificate, immunization record and two forms of residency verification are necessary in completing the registration forms. It is not necessary for parents to bring their children to the registration. Screening and parent orientation will be held in May.

HOW TO REACH US 207-990-8000 or 1-800-432-7964

TheWeekly

Published Thursdays by Bangor Publishing Company 1 Merchants Plaza, Bangor, Maine 04401

## EDITORIAL

weekly@bangordailynews.com

Aimee Thibodeau, Editor ..... 990-8130  
Emily Burnham, Staff Writer ..... 990-8270  
Fax ..... 1-207-941-0885

Editorial deadline is one week before publication date

## ADVERTISING

advertising@bangordailynews.com

Todd McLeod, Client Advocate Manager ..... 990-8105  
Fax ..... 1-207-941-0885

Advertising notice: The Weekly reserves the right to edit or reject any and all advertising. The Weekly assumes no liability for any printing error in advertising, other than to publish a correction of that portion which was in error.

FOR PATIENTS LIKE

TIM HAYDEN



HOPE STARTS WITH YOU

SIGN UP. SAVE LIVES.

REGISTER AS A BONE MARROW DONOR.

DATE: MARCH 12, 2016  
TIME: 10 AM TO 2 PM

LOCATION: HAMPDEN ACADEMY  
89 WESTERN AVENUE  
HAMPDEN, ME

Tim Hayden is a quick-witted, hard-working local mason whose love for work is rivaled only by his greater love for his wife Holly and their two children. Tim enjoys the simple things: Riding his Harley with friends, watching a blazing camp fire, laughing and telling stories. Now, life has become anything but simple. On New Year’s Day, Tim got devastating news from his doctors. He suffers from Acute Myeloid Leukemia and

needs a bone marrow transplant to save his life. But first, he needs a matching donor.

Six out of 10 patients in need will not receive a bone marrow transplant. That’s why Tim’s family and community are hosting a drive to sign up new potential donors for Tim and for children and adults like him. Signing up as easy: Swab the inside of your cheek and complete a form. Please join us!

DELETE BLOOD CANCER  DKMS

DELETEBLOODCANCER.ORG