

SPORTS & RECREATION

An evening with the Young Guns of the Boston Red Sox



MARK L. BAER-USA TODAY SPORTS
Boston Red Sox catcher Blake Swihart (23) chases a ball against the Kansas City Royals during the third inning at Fenway Park on Aug. 22, 2015.

BANGOR — An Evening with the Young Guns of the Red Sox at the Gracie Theatre at Husson University in Bangor, starting at 7 p.m. Thursday, Jan. 21.

Future stars of the Red Sox, catcher Blake Swihart and first baseman Travis Shaw are coming to Bangor to talk all things baseball. They will join Dale Duff and Clem LaBree on stage at the Gracie Theatre to talk about this past season and what to expect next year, what it's like to be a Young Gun for the Sox, dish about the other players and answer questions from the crowd.

General admission tickets are \$25. VIP tickets are \$75 and include reserved seating, appetizers, beverages and a meet & greet autograph session with the players.

Doors open at 5:30 p.m. for VIPs and 6 p.m. for general admission.

Tickets are non-refundable, but are transferable.

Registration open for second annual Thomas College Dirty Dog Mud Run

WATERVILLE — Registration is open for Thomas College's second annual Dirty Dog Mud Run, which will take place on April 17 on the College's campus. Community members are encouraged to join Thomas students, staff, faculty and alumni in the race.

With 5K of mud, tire flips, wall climbing, cargo net climbing, and more mud, this event should prove to be fun for all with finishing being the main focus. Challenge your friends, create a team, or just make it a personal challenge – however you want – just run it!

The run will start at 9 a.m. A kids' obstacle course will take place at 11 a.m. Registration is \$15 for alumni, \$5 for children and \$30 for community mem-

bers until Feb. 1, then it will be \$40. Proceeds will help support the Thomas College Recreation Department.

Registration is online at thomas.edu/mudrun. For info contact Jim Delorie at 859-1183 or deloriej@thomas.edu.

Ice fishing derbies, safety courses slated

DEXTER, HARTLAND, ST. ALBANS – Seabcook Valley Chamber of Commerce ice fishing derby, 7 a.m.-3 p.m. Saturday, Jan. 23, Lake Wassookeag in Dexter; Big Indian Pond in St. Albans and Great Moose Lake in Hartland. Cash prizes awarded for heaviest brook trout, lake trout and bass. Entry fee, \$2, includes entry in grand prize drawing for 100 gallons of home heating oil. ourchamber.org or 368-4698.

GREAT POND – Sixth annual House in the Woods fishing derby, 6 a.m.-3:30 p.m. Saturday, Jan. 23, Great Pond Outdoor Adventure Center, 9 Dow Pines Road, on Great Pond. Prizes for brown trout, small mouth bass and pickerel. Many raffle prizes and 50/50. Great Pond Rec Center will have breakfast sandwiches for sale at 5 a.m.; lunchtime will be chili, beef stew, hot dogs, and sweets for sale. Judy Manzo, 584-2000.

UNITY – All-terrain vehicle safety course, 6-9 p.m. Thursday, Jan. 21, and Wednesday, Jan. 27, RSU 3 Adult Education, College Performing Arts Center. rsu3.maineadulted.org or 568-3426.

UNITY – Snowmobile safety course, 6-9 p.m. Thursday, Jan. 21 and Tuesday, Jan. 26, RSU 3 Adult Education, College Performing Arts Center. rsu3.maineadulted.org or 568-3426.

Hampden Academy student performs in inaugural varsity spirit spectacular at Disney

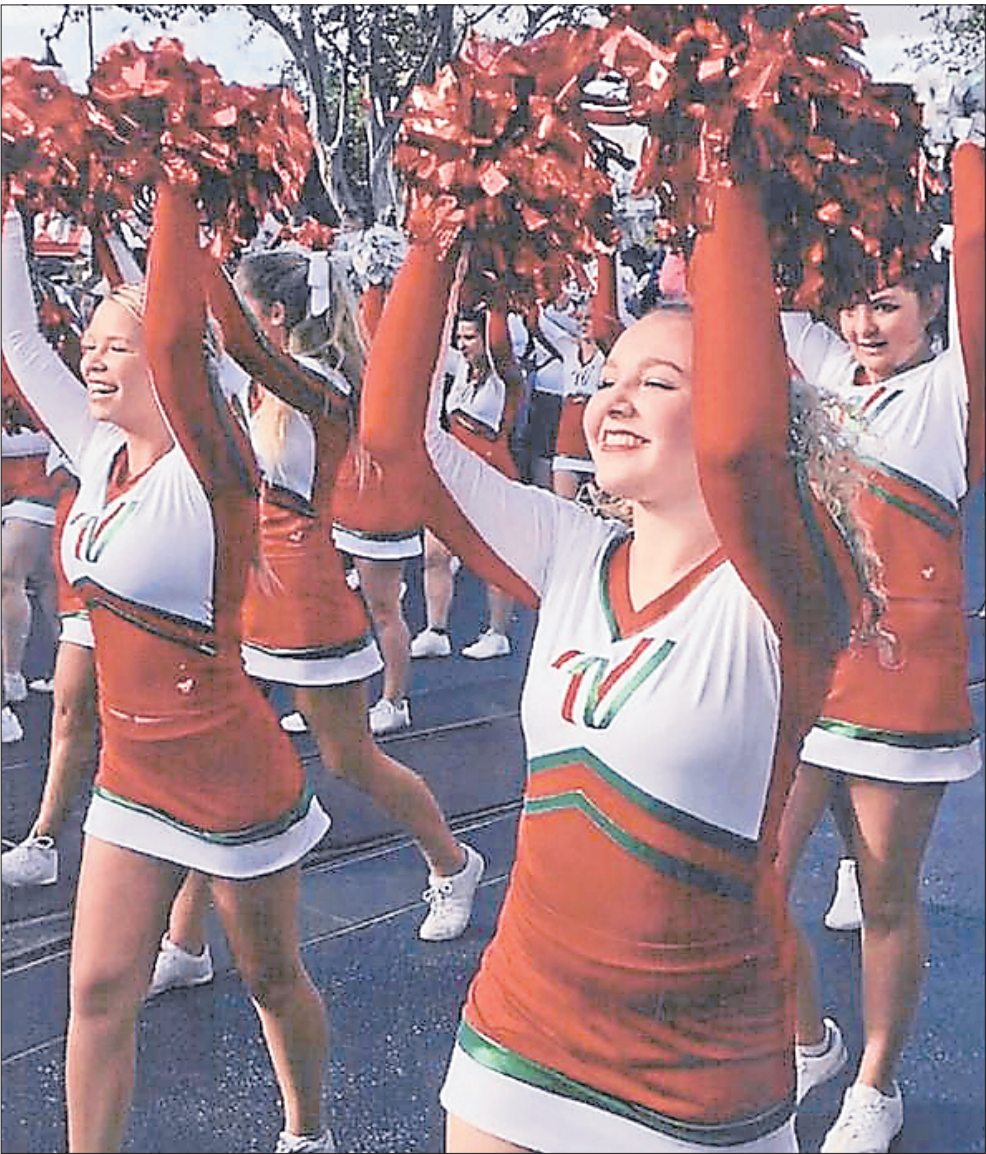


PHOTO COURTESY MELANIE BERRY/VARSITY SPIRIT
Grace Plaisted, a student at Hampden Academy, was one of more than 800 high school cheerleaders and dancers from across the country who represented the camp brands of Varsity Spirit in the first ever Varsity Spirit Spectacular at the Walt Disney World Resort

Grace Plaisted, a student at Hampden Academy, was one of more than 800 high school cheerleaders and dancers from across the country who represented the camp brands of Varsity Spirit in the first ever Varsity Spirit Spectacular at the Walt Disney World Resort in Orlando from Dec. 3-17, 2015.

The individuals invited to perform in the parade were part of a select group

of students in grades 10-12, who are captains, co-captains and officers who attended a Varsity Spirit summer camp this summer hosted by Universal Cheerleaders Association, Universal Dance Association, National Cheerleaders Association, National Dance Alliance and United Spirit Association.

Plaisted, the daughter of Andrew and Wendy Plaisted,

ed, performed in a once-in-a-lifetime parade performance through Disney's Magic Kingdom.

"It hit me half way down Main Street that I was actually in a Disney parade," Grace Plaisted said.

Besides enjoying a sunny trip to Orlando, performers had the opportunity to enjoy a magical holiday season at Walt Disney World Resort.

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