

WLBZ 2 will honor five individual volunteers and two agencies for exceptional service to our community with a 2 Those Who Care Award in October. In the 16 years of the volunteer recognition program, the station has celebrated the work of 103 individuals and agencies by making more than \$35,000 in donations to nonprofits.

The 2016 award recipients:

BANGOR:

- Al-Anon meetings for relatives and friends affected by the excessive drinking of someone else, Bangor area and throughout Maine. Meeting times and locations, maineafg.org or 800-498-1944.
- Alzheimer's Association Caregiver Support Groups, 7-9 p.m. second and last Thursdays, Westgate Center for Rehabilitation and Alzheimer's Care, 750 Union St. 942-7336 or kminner@nahealthcare.com.
- Bangor Area Narcotics Anonymous meeting for families and loved ones of addicts. 6-7 p.m. Thursdays, St. Francis Center (old firehouse) across from St. Joseph emergency entrance, 368 Center St. Janice, 299-8802.
- Bangor Area Parkinson's Group, 2-3:30 p.m. third Sundays, Acadia Hospital. Room reserved. Open to patients and caregivers.

Linda Bradford, Orono, has been volunteering for 12 years with Literacy Volunteers of Bangor offering more than 2000 hours of her time tutoring adults who lack basic reading skills as well as adults who are learning English as another language.

Richard Fournier, Bangor, has spent countless hours serving many organizations in the community, including being the Chair of the Board for the American Folk Festival since 2007 along with leading positions on boards of the Ban-

- Bereavement support for parents who have lost a child. 6-7:30 p.m. third Wednesdays, Brookings Smith Family Center, 163 Center St. Judy, 889-9025.
- Celiac Sprue Support Group, 7 p.m. third Tuesdays except in August and December, St. Francis Center. 294 Center St.
- Children and Adults with Attention Deficit Disorder, or CHADD, 6-7 p.m. third Tuesday, office of Barry Rubin, Bangor Family Counseling, Suite 335, 96 Harlow St. Free. 990-1555.
- Eastern Maine Crohn's and Colitis Support Group for IBD patients, caregivers and family members, 6-7:30 p.m. second Thursdays, Dr. Frank Chapman Conference Room, 2nd floor, St. Joseph Hospital. 691-3132 or emccsgroup@yahoo.com.
- Eastern Maine Medical Center Bereavement Support Group, 7-8:30 p.m. second and fourth Thursdays of

Jennifer Morin, Bangor. Among her many volunteer activities, Jennifer has served tirelessly as the treasurer for the Bangor Area Recovery Network (BARN), an agency dedicated to helping support those afflicted by addiction. She also has been active with the EMMC Auxiliary, Bangor SCORE and other organizations.

Brian Woodworth, Guilford, is the "go-to" guy when it comes to community ac-

each month, Cascade Room, Riverside Inn, 495 State St. Sandra Levesque, 973-6604.

- Food Addicts in Recovery Anonymous, 6:30 p.m. Mondays, First United Methodist Church, 703 Essex St. Free. Twelve Step recovery program for those suffering from food obsession, overeating, under-eating and bulimia. 781-321-9118 or 942-1738.

National Alliance on Mental Illness (NAMI) Support Groups for anyone affected by mental illness, Acadia Hospital. Information and meeting schedule, Jean-Ann, 949-5658, or Betsy, btsygrs@yahoo.com.

- Maine Kids-Kin Greater Bangor Support Group for grandparents, aunts, uncles, siblings and other family members who are raising a relative's child, 6 p.m. first and third Tuesdays, Families and Children Together, 304 Hancock St. 941-2347 or 866-298-0896.
- Nicotine anonymous,

activities in the Guilford and Dover-Foxcroft area. He has served as President of the Kiwanis and remains active in that program, the Guilford and Dover-Foxcroft Historical Societies, Sebec Lake Association, and Guilford Riverfest.

Tim Waitowicz, Stockton Springs, (John W. Coombs Award Winner) is being recognized for his unselfish work with youth in crisis through a program he founded called Making Change. He's also been very active with Hospice

6:30-7:30 p.m. Wednesdays, conference room, Maine Veterans Home. Provides help for those who have quit smoking and want to stay that way. Larry, 843-7563.

- Ostomy Support Group
ostomy patients, their families and caregivers, 3-5 p.m. second Tuesdays, Felician Conference Room, second floor, St. Joseph Hospital. Free. Rose Cyr, 907-1550 or rosanne.cyr@sjhhealth.com.
- Overeaters Anonymous
for those with eating disorders, 10 a.m. Saturdays, 5 p.m. Sundays, Strauss meeting room St. Joseph Hospital, Center Street; and 10 a.m. Mondays and noon Thursdays, Redeemer Lutheran Church, 540 Essex St. Barbara, 990-2025.
- Safe Place, for those who have lost someone to suicide, 6:30-8 p.m. first Wednesdays, St. Joseph's Healthcare Park, 900 Broadway. Peer led group with no fee. Association with American Foundation for

The Weekly, Thursday, September 1, 2016 **W5**

Volunteers of Waldo County and BCOPE, an alternative high school where Tim set up a music program.

For the first time ever, WLBS 2 will make recognize two Agencies of Distinction:

The Maine Troop Greeters, Bangor, have spent more than 13 years shaking the hands and offering an expression of gratitude to more than the 1.5 million military servicemen and women who have come through Bangor International Airport either heading out or returning from an overseas deployment.

The Game Loft, Belfast, provides safe, secure and fun programs for youth after school using non-electronic games and community involvement designed to decrease social, rural and technological isolation.

The awards will be presented in a one-hour show to air in November on WLBS 2. 2 Those Who Care is a partnership with the United Way of Eastern Maine and sponsored by Nickerson & O'Day and Dead River.

Suicide Prevention. afsp.org.

- Spruce Run-Womancare Alliance support groups for women affected by partner abuse. Day and evening groups; child care activities

Spruce Run-Womancare Alliance, 800-863-9909.

- St. Joseph Diabetes and Nutrition Center Diabetes Support Group, 2 p.m. first Wednesday of the month, Willette Conference Center, Building 1, St. Joseph Healthcare Park, 900 Broadway. Meetings facilitated by certified diabetes educator. Group members share tips on diabetes management. Open to all. Free. 907-1187.
- Bangor TOPS 0311, (Take off Pounds Sensibly), 9-10:15 a.m. Fridays, Nason Manor community room, 140 Hancock St. Vicky, 852-9061.

BREWER:

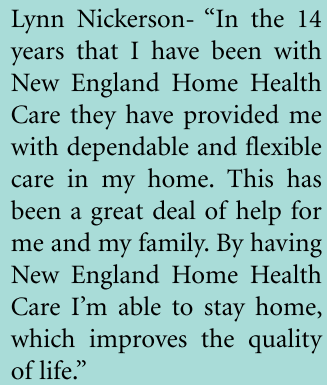
- Bangor Area Recovery Network recovery education and support, 6-7 p.m. Wednesdays, BARN Community Recovery Center, 142 Center St.

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SEPTEMBER 12TH-16TH



"Hi, my name is Suzanne Beale, and I am proud to say that I have worked for New England Home Health Care as a CNA for a little more than 26 years now. They have been a real good company to work for. They are very flexible when it comes to the hours you can or want to work. I have been very fortunate to be able to work with some clients for long periods of time. I have been blessed to have worked with a variety of people of all ages. I think one of the most important reasons I have kept working for this company is knowing that when I go home everyday from working with a client, I have made a difference in someone's life."

- Daily living assistance such as meal preparation, bathing, dressing, transferring, feeding and toileting
- Housekeeping duties including dusting, vacuuming, cleaning of bathrooms, kitchens and bedrooms.
- Transportation to medical appointments and errands such as the grocery store (we can even do your grocery shopping for you!)
- Companionship is vital for a healthy lifestyle. We are happy to take you to the mall, read to you, or play games with you.
- Licensed nurses can fill your pill box weekly, assure medication compliance, help you to understand and teach you how to manage your disease process.

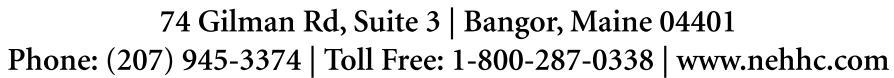
Call us for a free consultation. We will help you find the care you need.

... is knowing you have the highest quality care in the best place on earth: home. New England Home Health Care's staff of RNs, LPNs, CNAs, and certified PCAs are dedicated to providing you with a high quality of care that is specific to your needs. All client care is guided and supervised by a Registered Nurse. "Peace of Mind" is only a phone call away.

Call us for a free consultation.
We are available 24/7 to assist you with your needs.

**Fee for certification is \$40 per person. 10 slots available, first come first served*

Stay awhile and enjoy a scheduled In-Service.
(view the above schedule)



Serving Penobscot, Piscataquis & Hancock Counties since 1986