

SPORTS & RECREATION

Prevailing track stars headline Orono hall of fame

Two outstanding runners and a trio of multi-sport athletes will be honored when they are inducted into the Orono High School Athletic Hall of Fame Class of 2016.

Danny St. Louis, a 1973 graduate, along with Kevin Dyer (1976), Steve Dexter (1976), Suzanne Schmidt (1988) and Olivia Alford (2004) will be recognized for their efforts at halftime of the Orono football game against Washington Academy on Friday, Oct. 7.

St. Louis played football, basketball, baseball and golf at Orono. He was a third-team all-state selection as a senior in 1973 while helping the Red Riots basketball team go undefeated en route to a state championship.

He also captained the golf team and was a medalist at the district championships. He went on to play both basketball, reaching the national tournament in 1975, and golf at Husson College in Bangor.

St. Louis left Husson after two years to pursue golf in Florida, where he has lived for 40 years. He is the director of golf at The Breakers Rees Jones Course in West Palm Beach. He also has competed internationally and was named the PGA Golf Professional of the Year in 1999.

Dyer was a force in track and field and cross-country at Orono. At one point, he held five individual school records.

He was a five-time state champion in the high jump from 1974-76, taking three outdoor titles and two indoor crowns. He also won states in the long and triple jumps and the 300-yard run, and in 1976, he was second

at the New England in the high jump and the 300.

He swept the high, long and triple jumps and the 440 run to spark the Red Riots to the 1976 Class C outdoor championship after they had taken the cross-country and indoor titles.

Dyer, who still holds school records in the long and triple jumps, graduated from the University of Maine before serving in law enforcement.

Dexter distinguished himself as the state's premier distance runner of his era in cross-country and track. The four-time team captain was a three-time individual state champion in leading Orono to conference, regional and state titles in 1975 and 1976.

Indoors, Dexter set school records in the 1,000, 1,600 and 3,200 meters and held the 1,000 state record for two seasons. He still holds Orono's indoor mile and 2-mile standards.

He claimed 11 individual state championships and set nine school, conference, or state records during his last three years. Dexter also was on three state championship teams as a senior and went on to be named a high school All-American.

The UMaine graduate teaches social studies in Old Town and remains involved in running as the outdoor distance coach at Orono.

Alford was a 10-time letter-winner in soccer, basketball and outdoor track at Orono. On the soccer pitch, she helped the Red Riots make three straight playoff appearances from 2001-03 and scored 20 or more goals in her junior and senior seasons.

The two-time All-PVC and

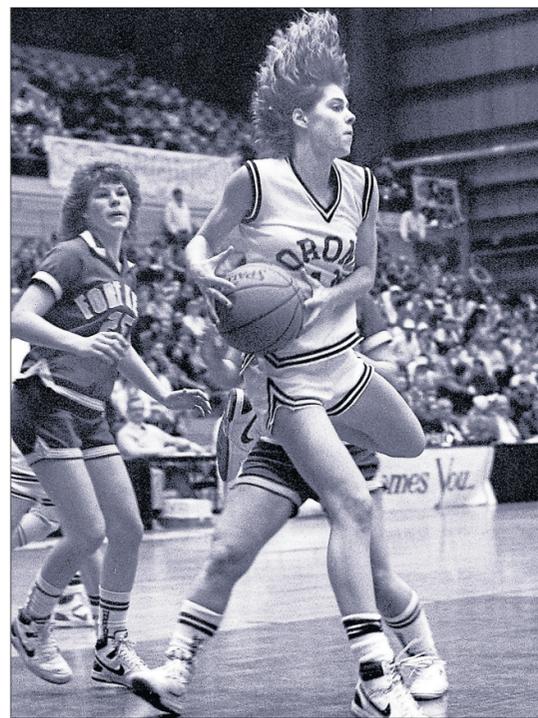


Orono's Olivia Alford is pictured heading away the ball during a soccer game in 2002. The three-sport star is among five people who will be inducted into the Orono High School Athletic Hall of Fame next month.

all-region first-teamer, who was selected to the all-state first team as a senior, departed as Orono's career scoring leader.

Alford, who was a defensive force and a two-year starter in basketball, excelled on the track. She won the 100, 200 and 400 meters in 2004 and still holds the 400 state record (58.74 seconds) to help Orono capture

BANGOR DAILY NEWS FILE PHOTO



Former Orono High School multi-sport standout Suzanne Schmidt is shown grabbing a rebound during an Eastern Maine basketball tournament game in 1988. Schmidt is among five people who will be inducted into the Orono High School Athletic Hall of Fame next month.

BANGOR DAILY NEWS FILE PHOTO

two state runner-up plaques.

Alford ran at Brandeis University, where she earned her undergraduate degree, and gained a master's degree at the University of Michigan. She works in the Maine Department of Health and Human Services.

Schmidt earned varsity letters in soccer, cross-country, basketball and softball for the

Red Riots. She was a two-year basketball captain who helped the team make two tourney appearances.

Schmidt was an All-PVC selection at guard for three-straight seasons and in 1988 earned Bangor Daily News All-Maine second-team recognition. She became Orono's

first female career 1,000-point scorer and remains one of only three to achieve that feat.

Schmidt attended the University of Kansas, where she played basketball as a freshman. She graduated with a degree in civil engineering in 1993 and has worked in that field since 1998 in Colorado.

BASEBALL

ORONO — University of Maine Baseball will hold its annual Fall Class for high school-aged players on Sundays, Sept. 4-Sunday, Oct. 2. There will be six games played in five weeks. For details and to join, contact Nick Derba at 581-1097 or by email at Nicholas.Derba@maine.edu.

ORONO — The Eastern Maine Umpires Association will hold a free umpire clinic 9:30 a.m.-3 p.m. Jan. 15, 2017, at University of Maine's Mahaney Dome. The daylong clinic is for current high school umpires, people interested in umpiring high school baseball or umpires looking to get training in game situations. This clinic is co sponsored by the University of Maine baseball team. For information, go to embua.me

BASKETBALL

BANGOR — Individual shooting lessons and position-play lessons, through October, one-hour evening lessons, 5 to 8 p.m., for more info, contact Bob Cimbollek, 356-6787.

HAMPDEN — Eastern Maine Board 111 of the International Association of Approved Basketball Officials is offering a Prospective Officials Class for any individuals, 18 years of age or older, who are interested in becoming certified basketball officials. Individuals living in Hancock, Knox, Penobscot, Piscataquis and Waldo counties are eligible to take this class, which will be held 6-8:30 p.m. Sundays and Wednesdays, starting Sunday, Oct. 2, at Reed's Brook Middle School, Room 164. There will be seven classes culminating with a written test on Monday, Nov. 7. A fee covers all books, materials and testing. For information and applications, contact Dave Ames, Board 111 Interpreter, at 789-5118 or e-mail at damesref@tidewater.net

GENERAL

BREWER — The Brewer High School Athletic Hall of Fame banquet and ceremony is scheduled for 5 p.m. Thursday, Oct. 13, at Brewer High School. Social hour is at 5 p.m., with dinner and presentations beginning at 6 p.m. RSVP forms can be found on the Brewer athletic webpage www.gobrewerwitches.com under the "Hall of Fame" tab. Banquet forms are due no later than Sept. 30, which is an extended deadline. If you have further questions, contact David Uterback at Brewer High School at 989-8629 or dutterback@breweredu.org.

ICE HOCKEY

BREWER — Brewer Youth Hockey and The Penobscot Ice Arena are co-sponsoring a series of four sessions of Try Hockey For Free for Girls at 5 p.m. Thursday, Sept. 29, at Penobscot Ice Arena, 90 Acme Road. Sessions are for ages 3-17 who want to try ice hockey. Participants may take part in one session or in all of them. There is loaner gear available including for the goalie position. For information, contact Ellen White at 866-2593 or rewhite@gwi.net or George Bishop at 944-5965 or penobscoticearena@gmail.com. Pre Register online for this event at penobscoticearena.org.

ORONO — The Maine Junior Black Bears youth hockey organization is accepting Tier IV and Instructional registrations for the 2016-2017 season. Visit www.mainejrblackbears.com to sign up.

BREWER — Brewer Youth Hockey is accepting registrations for its Learn to Skate/Learn to Play Hockey sessions. There will be two 12-week sessions this season. Participants can sign up for one session or both. Sessions will be held at 12:40 p.m. on Sundays, beginning Oct. 23, at Penobscot Ice Arena, 90 Acme Road. The cost is \$75 per session. All 3-year-olds skate for \$33. The second ses-

sion starts mid-January. Registration is open for all other teams including Mites, Squirts, Pee Wee, Girls U10, U12 and U14 and Bantams. For information, contact Kevin Nilsson at vpinstrucional@brewerhockey.org, Kevin Audibert at pres@brewerhockey.org or George Bishop at girlscoordinator@brewerhockey.org. Register at brewerhockey.org

ROAD RACING

OLD TOWN — The Old Town-Orono YMCA is assembling a team to participate in the Insane Inflatable 5K on Saturday, Oct. 1, at the University of Maine. YMCA Warrior Fitness instructors Josh and Ali O'Keefe are team leaders. Get "pumped up" for a course filled with the world's largest and most extreme inflatable obstacles ever produced. To register, visit http://insaneinflatable5k.com/bangor-me. Click register and scroll down to find the team name Old Town-Orono YMCA. Sign up for the 8:30 a.m. wave (if full, sign up for 9 a.m.). At the end, use promo code 10INSANE2016 to save 10 percent. Registration fee increases as the race date draws closer. You do not have to be a member of the Y to participate.

OLD TOWN — Penobscot/Piscataquis/Hancock Area Special Olympics will hold a benefit 5K road race at 10 a.m. Sunday, Oct. 2, at the Old Town-Orono YMCA in Old Town. The race is a fundraiser for the events that the area program puts on throughout the year. The race is being called Mickey's 5K, commemorating Mickey Boutilier, the founder of Maine Special Olympics. Registration is \$20, but will increase to \$25 on Oct. 2. T-shirts are available for the first 75 registrants. Trophies will be awarded to the first-place male and female finishers, medals for the top two male and female runners in various age groups. Registration can be completed online at www.runinarace.com. The course for this race is flat and fast, utilizing roads and bike paths. http://www.

specialolympicsmaine.org/

BREWER — Brewer Federal Credit Union is sponsoring a 5K road race, 10 a.m. Sunday, Oct. 2, at Brewer Federal Credit Union, 229 Dirigo Drive. All proceeds from the event will go directly to Make A Wish Maine. This event is open to runners of all abilities as well as walkers. Registration will be held 8-9:45 a.m. and costs \$20. Participants who raise \$50 or more in pledges will have the registration fee waived. To download a race application form and pledge sheet, visit www.brewerfcu.org or sub5.com. For information, contact David Stanhope at 989-7240 ext. 209 or davidsthanhope@brewerfcu.org.

SKIING

BANGOR — The Penobscot Valley Ski Club will hold its annual ski and snowboard equipment sale 9 a.m.-4 p.m., Saturday, Oct. 17, at Bangor Parks and Recreation, 647 Main St. New and used equipment including cross country and downhill skis, boots, poles, apparel, helmets and snowboards will be available at discounted prices. Bring used equipment to sell 5-7 p.m. Friday, Oct. 16. The cost to participate is \$1 per item. Name your price and the club will sell it for you, less a 15 percent commission. The Penobscot Valley Ski Club is a nonprofit organization that supports local ski activities. For information about the club and the ski sale, visit pvskiclub.org or find it on Facebook.

Vaccine information session at the library

BREWER — Husson University's School of Pharmacy will offer a drop-in information session on vaccines 10 a.m.-noon Friday, Oct. 7, at Brewer Public Library, 100 Main St.

Informational materials and a question and answer session will be available.

For information, call the library at 989-7943.

Walking tours of campus sights

ORONO — Four self-guided walking tours focusing on gardens, outdoor sculptures, the historic district and other distinctive sights of the University of Maine landscape are now available. The self-guided walking tours are illustrated at a website — https://umaine.edu/sights/ — that is designed to be compatible with mobile devices that can take advantage of interactive map and direction links.

The self-guided tours, an initiative of the UMaine Division of Marketing and Communications, were created to be of interest to community members and campus visitors. Two of the princi-

pal researchers for the project are Marisue and John Pickering, who have multiple connections to the University of Maine. Marisue is a professor emerita and John an alumnus. Their decades-long experience as educators, and their shared interest in exploring Maine's historical and cultural heritage, led to their interest in collaborating on the UMaine self-guided walking tours.

In the coming year, other self-guided walking tours will be added, including one on distinctive trees on campus. The tours offer a sampling of the breadth and depth of the beauty and legacy of Maine's flagship university, and suggestions for other sights to include are welcome. For information, contact the UMaine Division of Marketing and Communications at 581-3743.

Spaghetti dinner and silent auction benefit

BANGOR — Westgate Center's Walk to End Alzheimer's Team will hold its annual spaghetti dinner and silent auction 4:30-6:30 p.m. Thursday, Sept. 29, at Bangor Elks Club, 108 Odlin Road.

Cost is \$8, \$6 children ages 12-18 and senior citizens, \$4 children under 12.

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