

YESTERDAY ...

10 years ago - Nov. 26, 2005
(As reported in the Bangor Daily News)

BANGOR — At 4:45 a.m. on a 20-degree dark Black Friday, more than 100 shoppers were lined up to make a 5 a.m. entry into the Best Buy store off Bangor Mall Boulevard. They came for big-ticket items such as televisions, computers and cameras. DVD movies were on sale for \$3.99.

Once inside and purchases selected, shoppers wove through the store in hourlong lines to pay for their bargains. Nicole Wilson of Bangor arrived at 1:45 a.m. and waited near the front of the line to buy a desktop computer.

BANGOR — During one of the busiest shopping days of the year, traffic on Friday near the city's newest stores on Stillwater Avenue was not nearly as bad as anticipated, suggesting that recent steps to eliminate gridlock may have worked.

Bangor police reported only minor complaints, and most came early Friday morning before the lights along Stillwater Avenue changed from their overnight blinking settings.

25 years ago - Nov. 26, 1990

BANGOR — With his new monthly newsletter, Merle Goff hopes to serve up a feast of local issues with side dishes of historical context and pungent commentary.

One issue of Local has been circulated and the response has been good, Goff said. The masthead promises "a newsletter with a focus on local problems, business, government and institutions."

Goff is in a unique position to provide a differing perspective. He worked at the Training and Development Corp., a nonprofit education company, and from 1966 to 1976 he was Bangor city manager. Additionally, he said, he has

lived in Brewer and now lives in Hampden.

The complimentary issue and the first issue covered such topics as morale of public employees, Bass Park, property taxes, real estate speculation in Bangor and leadership.

Local is published by Local Issues Inc., a consulting company formed by Goff to work with small communities.

In future issues Goff said he plans to talk about comprehensive plans, solid waste, school board-council relations and police departments.

HERMON — In her 57 years, Marlene Lakeman of Hermon Corner hadn't had to make any 1980s style "career decisions." Those were being made by fast-track Yuppies in their 20s and 30s — not by a grandmother who had worked most of her life as a secretary.

But in January this year, Lakeman made a decision that would change her life dramatically and confounded her family and friends. The previous spring she had graduated with honors from Husson College with an associate degree in business administration with an emphasis on court and conference reporting.

And it was a court reporter she wanted to be. But where?

Working with the Husson job placement office, Lakeman uncharacteristically zeroed in on overseas job openings that dovetailed with her newly acquired skills.

She wrote a letter of inquiry and after some weeks was invited to Washington for an interview. Offered the job, she accepted in the spot. Twenty-four hours after returning to Bangor she was on a trans-Pacific flight to the island of Pohnpei, capital of the Federated States of Micronesia on the west central Pacific.

50 years ago - Nov. 26, 1965

ORONO — When a young

sion, overeating, under-eating and bulimia. 781-321-9118 or 942-1738.

- National Alliance on Mental Illness (NAMI) Support Groups for anyone affected by mental illness, Acadia Hospital. Information and meeting schedule, Jean-Ann, 949-5658, or Betsy, btsygrs@yahoo.com.

- Maine Kids-Kin Greater Bangor Support Group for grandparents, aunts, uncles, siblings and other family members who are raising a relative's child, 6 p.m. first and third Tuesdays, Families and Children Together, 304 Hancock St. 941-2347 or 866-298-0896.

- Nicotine anonymous, 6:30-7:30 p.m. Wednesdays, conference room, Maine Veterans Home. Provides help for those who have quit smoking and want to stay that way. Larry, 843-7563.

- Ostomy Support Group ostomy patients, their families and caregivers, 3-5 p.m. second Tuesdays, Felician Conference Room, second floor, St. Joseph Hospital. Free. Rose Cyr, 907-1550 or rosanne.cyr@sjhhealth.com.

- Overeaters Anonymous for those with eating disorders, 10 a.m. Saturdays, 5 p.m. Sundays, Strauss meeting room St. Joseph Hospital, Center Street; and 10 a.m. Mondays and noon Thursdays, Redeemer Lutheran Church, 540 Essex St. Barbara, 990-2025.

- Safe Place, for those who have lost someone to suicide, 6:30-8 p.m. first Wednesdays, St. Joseph's Healthcare Park, 900 Broadway. Peer led group with no fee. Associated with American Foundation for Suicide Prevention. afspp.org.

- Spruce Run-Womancare Alliance support groups for women affected by partner abuse. Day and evening groups; child care activities. Spruce Run-Womancare Alliance, 800-863-9909.

- St. Joseph Diabetes and Nutrition Center Diabetes Support Group, Willette Conference Center, Building 1, St. Joseph Healthcare Park, 900 Broadway. Meetings facilitated by certified diabetes educator. Group members share tips on diabetes management. Open to all. Free. 907-1187.

- Bangor TOPS 0311, (Take off Pounds Sensibly), 9-10:15 a.m. Fridays, Nason Manor community room, 140 Hancock St. Vicky, 852-9061.

PICTURE FROM THE PAST



BANGOR DAILY NEWS FILE PHOTO BY CARROLL HALL

These members of the Beth Abraham Sisterhood were working at the offices of the Bangor-Brewer Tuberculosis and Health Association Monday morning preparing the envelopes and seals for the 1955 Christmas seal sale. Left to right, are, Mrs. Harry S. Gopan, Mrs. Max Gass, Mrs. Doris Woodward, association secretary, Mrs. Elsie Brickel, and Mrs. Abe Grossman.

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woman finds herself in the multiple roles of wife, homemaker, mother, student and job holder, there's a masculine expression, "putting on a different hat," which might apply. But isn't it more complicated than that ... more like changing hairdos? Five different hairdos? Where's the miracle woman like that? in the Mrs. Maine Club, University of Maine campus ... that's where!

Some 40 to 50 of the 400 wives of students at the University of Maine are members of the Mrs. Maine Club. With membership requiring that each be married, this plunges her immediately into the one-two roles of wife and homemaker, and not quite so immediately, into the third role, mother. Then finding that her

competition for her husband's attention is a pile of textbooks, blonde, brunette and red, she gets set for role four and matriculates a course or two. Must it be spelled out where lie the charms of hairdo number five and a paycheck from a part-time job?

Day's end should have come for everyone when at 9 p.m. six members of the Mrs. Maine Club gathered at the home of Mr. and Mrs. David Wheeler, 188 Main St., Orono, in reply to a summons from Women's World of the NEWS. By that time, nine children had been tucked into bed and various husbands had had their evening meal.

Instead of the anticipated pooped look, it was amazing how fresh these young

women looked.

BANGOR — Next week the Bangor City Council will review a report compiled by its Dow Reuse Committee outlining the feasibility of turning the Strategic Air Command installation into a municipal airport after 1968.

Questions poised by the report concern the future of almost \$2 million worth of fire protection and snow removal equipment.

Will Bangor get much of this equipment? How many men will be needed to operate it? And who pays for fire and snow removal operations at Dow after 1968?

During a heavy snow storm almost 100 men are require to keep the SAC base open for operations.

Civilian needs at the airport undoubtedly would be much less demanding, but snow removal is expected to be a major expense in the operation of a Bangor municipal airport.

100 years ago - Nov. 26, 1915

BANGOR — As usual, Thanksgiving Day in Bangor was as uneventful as a holiday could be.

In the morning a good-sized congregation attended the union service in Grace Methodist church where they listened to some good music and an inspiring sermon by the Rev. C.W. Collier.

Leading hotels and restaurants were full at noon, and elaborate dinners were served. Probably half of the guests were Bangor residents. Scenes in many of the dining rooms, with orchestras, flowers and handsomely attired groups, would have done credit to the hotels of any metropolitan city.

Charitable institutions were generously remembered, and even in the jail there was a Thanksgiving dinner much better than some of the inmates would have had outside.

BANGOR — Twelve applicants who had passed the preliminary test were given a medical examination for the United States Navy at the Bangor sub-station, 208 Exchange St. by Assistant Surgeon J.H. Harris, medical officer stationed at Portland. Of these, four were accepted as coming up to the standard set by the government, the others being rejected for various physical defects.

The U.S. Navy Department is soon to send moving picture films through the theaters of the smaller cities of the country showing what the modern navy really is. These films will be shown free of charge.

Compiled by Ardeana Hamlin

support groups

Support group listings run as space permits. Items are due at least seven to 10 days before the Thursday of publication. Email: weekly@bangordailynews.com. Mail: The Weekly, P.O. Box 1329, Bangor ME 04402.

BANGOR:

- Al-Anon meetings for relatives and friends affected by the excessive drinking of someone else, Bangor area and throughout Maine. Meeting times and locations, maineafg.org or 800-498-1944.

- Alzheimer's Association Caregiver Support Groups, 7-9 p.m. second and last Thursdays, Westgate Center for Rehabilitation and Alzheimer's Care, 750 Union St. 942-7336 or kminer@nathealthcare.com.

- Bangor Area Narcotics Anonymous meeting for families and loved ones of addicts. 6-7 p.m. Thursdays, St. Francis Center (old firehouse) across from St. Joseph emergency entrance, 368 Center St. Janice, 299-8802.

- Bangor Area Parkinson's Group, 2-3:30 p.m. third Sundays, Acadia Hospital. Room reserved. Open to patients and caregivers.

- Bereavement support for parents who have lost a child. 6-7:30 p.m. third Wednesdays, Brookings Smith Family Center, 163 Center St. Judy, 889-9025.

- Celiac Sprue Support Group, 7 p.m. third Tuesdays except in December, St. Francis Center. 294 Center St.

- Children and Adults with Attention Deficit Disorder, or CHADD, 6-7 p.m. third Tuesday, office of Barry Rubin, Bangor Family Counseling, Suite 335, 96 Harlow St. Free. 990-1555.

- Eastern Maine Crohn's and Colitis Support Group for IBD patients, caregivers and family members, 6-7:30 p.m. second Thursdays, Dr. Frank Chapman Conference Room, 2nd floor, St. Joseph Hospital. 974-9724.

- Eastern Maine Medical Center Bereavement Support Group, 7-8:30 p.m. second and fourth Thursdays of each month, Cascade Room, Riverside Inn, 495 State St. Sandra Levesque, 973-6604.

- Food Addicts in Recovery Anonymous, 6:30 p.m. Mondays, First United Methodist Church, 703 Essex St. Free. Twelve Step recovery program for those suffering from food obses-

BREWER:

- Bangor Area Recovery Network recovery education and support, 6-7 p.m. Wednesdays, BARN Community Recovery Center, 142 Center St. Free. 561-9444 or bangor-recovery@gmail.com.

- Central Maine Brain Injury and Stroke Support Group, 4-5 p.m. third Mondays, conference room, Brewer Center for Health and Rehabilitation. Open to survivors and caregivers. Patty, 989-7300, ext. 134.

BUCKSPORT:

- Cancer Support Center of Maine support group for cancer patients, 12:30 p.m. first Wednesdays, Bucksport Regional Health Center, 110 Broadway. Bring bag lunch or snack. 469-6383.

HOLDEN:

- Vestibular Support Group for those experiencing dizziness, imbalance, vertigo or ringing in the ears, Brewer Physical Therapy and Spine Clinic, 51 Main Road. 989-4122.

ORRINGTON:

- Al-Anon, 6-7 p.m. Fridays, East Orrington Congregational Church, 38 Johnson Mill Road. 284-1844 or questions@maineafg.org.

Tumbling Clinic set for Old Town-Orono YMCA

The Old Town-Orono YMCA will host a two hour tumbling clinic, 1:30-3:30 p.m. Sunday, Dec. 6, at the YMCA, 427 Stillwater Ave. in Old Town. Trained gymnastics coaches will teach proper tumbling techniques to help improve current skills and assist with accomplishing new ones. Pre-registration is \$15; register the day of the clinic for \$20. For information, call 827-9622.

Member appreciation day at Bangor Y

To show their appreciation to Y members, the Bangor Y will offer a free Member Appreciation Pool Party with its Dead River Pool Inflatable obstacle course, 12:30-3:30 p.m. Sunday, Nov. 29, at the Y, 17 2nd St. in Bangor. The cost for non-members is \$10 per person or \$15 for non-member families. For information, find the Bangor Y on Facebook or call 941-2808.

Senior Beat



Carol Higgins Taylor of Eastern Agency on Aging offers news for seniors



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