

# BHS students visit Body Worlds exhibit

By Aimee Thibodeau, BDN Special Sections

BREWER – Sixty-six students from three classes – honors biology, art, and human anatomy – attended the Body Worlds exhibit in Portland in September.

The exhibit's purpose is to provide insights into the structure and function of healthy and unhealthy bodies in a way that is not possible elsewhere on such a comprehensive scale. The classes received a group rate and paid a small admission fee to the Portland Science Center for the day trip.

"It's a really incredible way to see the human body up close and personal," said human anatomy teacher Arthur Libby. "There are lots of ways to see the human body that you can't normally capture."

The exhibit consists of real human bodies, which show the details of disease, physiology and anatomy that cannot be shown with models. For art students who were studying figure drawing, they were able to sketch some of the exhibit. For science students, it was more than they could ever learn from a book or online.

"The exhibits are people doing different things, types of movement, and you can actually see how the muscles are arranged," Libby said. "Most students thought it was really cool and it was really neat to see that they could actually apply what they were doing in class."



GUNTHER VON HAGENS' BODY WORLDS,  
INSTITUTE FOR PLASTINATION, HEIDELBERG,  
GERMANY, WWW.BODYWORLDS.COM

## The Soccer Player

This plastinate shows all the muscles just below the skin. The skeletal muscles all overlap intricately.

## BHS football coach, players receive awards

There's lots of good news for Brewer High School football. Head Coach Nick Arthers has been named Coach of the Year for the 2015 season by the Class B Northern Football Conference coaches.

Arthers is a 2004 graduate of Belfast Area High School where he was a three sport standout in football, basketball and baseball. Arthers led his football team to the State Class B Football championship in 2003 and was also named a Fitzpatrick Trophy finalist while playing under his father, Butch Arthers.

After working at Old Town High School where he led the Coyotes for two seasons on the gridiron, with a playoff appearance in



the fall of 2013, Arthers was hired in 2014 at Brewer High School to teach Physical Education on a full-time basis and was also offered the position of Head Football Coach.

In addition to Arthers' recognition, the following Brewer Witches were named to the 1st Team All Conference: Dylan Severance, running back; Cameron Green, defensive tackle; Trey Wood, linebacker; Danny Davis, defensive back. And Dylan Severance, running back and Logan Rogerson, punter, were named to the 2nd Team All Conference.

Danny Davis was presented an All-Academic award.

## BCS School Nurse Receives Wellness Award

By Aimee Thibodeau, BDN Special Sections



PHOTO COURTESY WELLNESS COUNCIL OF MAINE  
Representatives of the four organizations who recently were recognized by the Wellness Council of Maine. Front row (L to R) Carol Warmuth (Brewer School System) Gina Tapp and Janice Kimball,(City of Portland) Jonathan Kelley,(Competitor ME) Cynthia Talbot,(Hussey Seating Company), Back row Gail Solomita (Emera Maine), and Jason Parent (The Aroostook Medical Center).

The Brewer School Wellness Team, led by Carol Warmuth, R.N., recently was recognized by the Wellness Council of Maine at the Maine Wellness Leadership Summit.

Four organizations received statewide recognition at the conference for their efforts to improve employee well-being in Maine in 2015. Warmuth received the individual award for her leadership in supporting employee wellness in a school environment.

Through policy and goal setting, the team met and exceeded the guidelines for school nutrition, healthy food and beverages, and physical activity. The program was shaped with input from the entire school staff as Warmuth and her team are helping the teachers and staff to utilize their preventative health benefits.